

The Board meets monthly on the second
Thursday
at Noon in The Catholic Center,
Lexington, Kentucky

**Financial Statement
Year Ending June 30, 2010**

Non Profit
Organization
U.S. Postage
PAID
Permit # 1
Lexington, KY

Be doers of the word and not hearers only.
- James 1:22

**BOARD OF DIRECTORS
And Term Expiration Year
July, 2009 - June, 2010**

**Sal Nalli, President - 2011
Rich Fifield, Vice President - 2012
Mike Ward, Corresponding Secretary
- 2012**

**John Maher, Treasurer - 2010
Sara DeMuth - 2011
Dwayne Edwards - 2011
Judith Fifield - 2012
Ann Gish - 2010
Katherine Goetz - 2012
Mary Mitchell - 2012
Phillip Moloney - 2012
Sandra Muenks - 2010
Catherine Nalli - 2011
Eileen Walsh-Miot - 2012**

STAFF

Ruslyn Case-Compton, M.A.
Diocesan Director
Becky Crawford, L.P.C.C.
Counselor
Debbie Flynn, M.S.W., C.S.W.
Counselor
Laurie Hainley, M.S.
Adoption Specialist
Gwen Hall, L.C.S.W.
Prestonsburg Counselor
Nelda Stephens Jackson, M.S.
Pregnancy Counselor
Angela Burns & Mary Beth Mattingly
Bridging the Gap Coordinators
Cindy Mitchell
Office Manager
Annie Ormsbee, M.A.
VISTA Volunteer

Statement of Income

Diocesan Annual Appeal	\$300,000
Fees Earned	\$102,125
United Way	\$ 79,929
Special Events	\$ 38,956
Contributions	\$ 23,494
Grants, Interest, etc	\$ 8,883
TOTAL INCOME	\$553,387

Statement of Functional Expenses

Bridging the Gap	\$148,887
Administration	\$127,415
Clinical Counseling	\$103,435
A Caring Connection	
Adoption	\$ 86,408
Pregnancy Counseling	\$ 67,429
Prestonsburg Office	\$ 55,108
Fundraising	\$ 10,192
TOTAL EXPENSES	\$598,874

Ending Net Assets June 30, 2010
\$481,601

**In 2009-2010 over 2,000 individuals
benefited from
Catholic Charities services**

**1,500 hours of clinical counseling
\$60,000 in
Rent and Utility Assistance**

**Services were provided to residents
of 27 of the 50 counties
of the Diocese**

**Catholic Charities of the Diocese
of Lexington**
1310 West Main Street
Lexington, KY 40508
Phone: 859-253-1993
Fax: 859-255-1134
www.catholiccharitieslexington.org

CCDL - Prestonsburg
60 Martha's Vineyard
Prestonsburg, KY 41653
606-874-9170

Catholic Charities of the Diocese of Lexington

2009-2010 annual report

Catholic Charities of the
Diocese of Lexington is a
professional agency open to
people of all faiths.

Our mission is to empower and assist
residents of the Diocese to improve
their quality of life.

At Catholic Charities of the Diocese of Lexington we offer...



Affordable mental health counseling for individuals, couples and families

The Clinical Counseling Program offers individuals a safe place to solve personal, family or relationship issues that are affecting quality of life and impeding normal functioning. Services are provided on a sliding fee scale so that they are affordable for all income levels. Counseling is available to people of all faiths, ages and backgrounds.

In addition to three licensed therapists on staff, masters-level students also provide therapy and receive supervision by our staff. Family counseling is also available in Spanish. Psychiatric consultation and medication management are provided through UK Outpatient Psychiatry to clients who lack insurance coverage, but would benefit from a combined treatment approach.

Special mental health services include counseling at Rachel's Vineyard retreats and The Encouragement Project, a program available in Prestonsburg which works with at-risk children and their families.

1,575 hours of counseling were provided this year.



port to prepare for adoption according to the needs and preferences of both families. A Caring Connection professionals help birth and adoptive families maintain contact as the child grows toward adulthood.

Part of a statewide Catholic Charities network, A Caring Connection seeks to affirm life throughout the Commonwealth.

During the past year there were 8 adoptive placements. Pregnancy Counseling services provided included intensive case management to 37 individuals and parenting education for 69 individuals.

A Caring Connection for Pregnant Women and Adoptive Couples

A Caring Connection helps parents plan for their child's birth by considering both parenting and adoption. Ongoing education, support, counseling and intensive service coordination are all offered to clients whether they choose to parent or make an adoption plan. The adoption component focuses on open adoption where both birth parents and adoptive parents work together to advance the interest of the child. Both birth families and adoptive families receive assistance and sup-



Opportunities for people to achieve greater financial stability

In 2009-2010, Catholic Charities debuted two asset building programs -- a financial literacy course and a job preparedness studio. The six-week literacy course, called "Lasting Change," seeks to not only provide financial information to participants, but to also help people come to a greater understanding of how their attitudes towards money effect their financial stability. 28 individuals graduated from the program this fiscal year, earning a \$50 financial incentive thanks to a grant from BB&T. The job preparedness program, "Suit Yourself" helps unemployed and underemployed individuals sharpen their job seeking skills and, thanks for generous community volunteers, provides access to interview clothing.