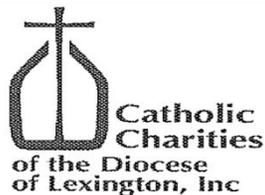


# **Community Services Directory**

**Fayette County  
2014**





## **Acknowledgements**

The Community Directory of Social Services in Fayette County was initiated in response to the requests of pastors and pastoral staff, who are often called upon to assist parishioners in locating community resources. It is our hope that you will find it helpful in referring individuals and families to services that can address their needs. We encourage you to contact staff at the Catholic Charities office if you have questions or need assistance in making referrals. No questions you have are unimportant, so please feel free to call us at (859) 253-1993.

This guide was developed by the Catholic Charities Board Program Committee, chaired by Sandra Muenks. Contributing members were John Maher, Mary Brenzel, Mary Lynne Vickers, and Katherine Goetz. The Program Committee appreciates valuable input from the Parish Relationship Committee, chaired by Catherine Nalli. We also appreciate the support of Catholic Charities Staff, including Ruslyn Case-Compton, Director; Cindy Mitchell, Office Manager; and Annie Ormsbee, Bridging the Gap Coordinator. We are especially grateful to Alyssa Addison, who spent countless hours organizing and expanding the initial research done by the Program Committee. The Program Committee also wishes to thank Catholic Charities of Louisville for providing a template and resources for our guide.

For questions, comments, listings, and additional information, please contact:  
Catholic Charities of the Diocese of Lexington  
1310 West Main St.  
Lexington, KY 40511  
Telephone: (859) 253-1993

## **Emergency Numbers**

Child and Adult Abuse Hotline: 1-800-752-6200  
Crisis Center: 1-800-656-HOPE (4673)  
Department for Social Services: 271-3765  
Health Department: 252-2371  
Lexington Fire Department: 231-5600  
Lexington Police Department: 258-3600  
Poison Control Center: 1-800-222-1222  
Red Cross: 253-1331

## **General Information and Referral Services**

### **United Way of the Bluegrass: Information and Referral Services**

Ph: call 211

Service: Number to call for help in finding any type of health or human services

### **Lexington-Fayette Urban County Government (Lex Call)**

Ph: call 311

Service: Number to call for help finding services or resources in Lexington and Fayette County.

## Things to know if you are making a referral

- 1) Know and understand the person's needs. Keep in mind that the presented problem may not be *the* problem.
- 2) Know what services are provided by an agency to the best of your ability. A volunteer could call the agency and confirm the information for you.
- 3) Find out the eligibility guidelines: This might be the job of a volunteer or secretary.
- 4) Make sure you have the person's approval.
- 5) Advise the person of what information you will be providing and assure the person of confidentiality.
- 6) Advise the agency of what services/support you or your parish will be providing.
- 7) As a professional, you should expect feedback, so at the same time of referral, make arrangements for a follow-up call.
- 8) Signed releases from the person may be required by the agency before they will give any follow-up information beyond confirming contact.

## If you are seeking help: Key points to remember

- ☑ Write down name and phone number for EVERYONE you talk to.
- ☑ Keep a file with information and different telephone numbers regarding each issue.
- ☑ When calling an agency that says they can't do exactly what you are looking for, ask them who you could call for such help.
- ☑ Be honest when asking for help and/or resources. Do not be afraid to ask for ALL you need. (ex. if asking for money for rent and rent is \$400, ask for the full amount).
- ☑ Keep calling. If you leave a message and haven't heard back in a day CALL AGAIN. It is important not to give up.
- ☑ Ask questions! If there is anything you are unclear about (procedures, requirements, eligibility, etc.) make sure you ask someone.
- ☑ If you are referred to an agency, ask what information you need to bring when you go to the agency.

## Table of Contents

### **CHILD & FAMILY ISSUES**

Adoption.....	Page 7
Car Seats.....	Page 8
Childcare.....	Page 8
Child Support Assistance.....	Page 11
Diapers.....	Page 11
Family Preservation Programs.....	Page 12
Parent Education.....	Page 13
Parental Visitation Assistance .....	Page 20
Pregnancy.....	Page 21

### **CLOTHING & TOILETRIES**

General Apparel.....	Page 23
Laundry Facilities.....	Page 26
Personal Grooming.....	Page 26

### **ABUSE, CRIME & LEGAL ISSUES**

Abuse & Crime Victim Support/Shelters.....	Page 29
Ex-Offender Services.....	Page 32
Legal Aid .....	Page 33

### **EDUCATION & EMPLOYMENT**

Adult Basic Education.....	Page 37
Employment Education Services.....	Page 40
Fair Employment Services.....	Page 43
Literacy Instruction.....	Page 44
TECHNOLOGY/ GRAPHIC SERVICES/PHOTOGRAPHY .....	Page 45

### **FOOD**

Christmas Gifts, Baskets, & Meals.....	Page 47
Community Meals.....	Page 49
Food Pantries.....	Page 52
Nutrition Education.....	Page 53
Thanksgiving Baskets & Meals .....	Page 54

**HEALTH**

Aging Resources.....Page 57  
AIDS.....Page 59  
Community Clinics.....Page 60  
Dental Care.....Page 65  
Eye Care.....Page 66  
Insurance.....Page 67  
Medical Bill Payment Assistance.....Page 68  
Mental Health.....Page 68  
Prescription Expense Assistance .....Page 76  
Substance Abuse Services (adult).....Page 77  
Substance Abuse Services (Youth).....Page 84  
Surgery.....Page 86

**HOUSING**

Community Shelter.....Page 89  
Furniture.....Page 90  
Home Improvement/Accessibility.....Page 91  
Housing Counseling.....Page 92  
Housing Payment Assistance.....Page 98  
Landlord/Tenant Assistance.....Page 100  
Transitional Housing.....Page 101

**TRANSPORTATION**

Bus Fare/Gas Money.....Page 106  
Local Transportation.....Page106

**UTILITIES**

Electric Bill Assistance.....Page 109  
Heating Assistance .....Page 111  
Gas Bill Assistance.....Page 113  
Telephone Bill Assistance .....Page 115  
Water Bill Assistance.....Page 116

# **Child & Family Issues**

## ADOPTION

### **Adoption Support for Kentucky (A.S.K)**

**Description:** ASK specializes in the utilization of support groups to offer pre and post adoptive support and services to resource parents. ASK provides the opportunity to share resources, suggestions, frustrations and successes with those who share the unique experience of adoption. ASK strives to prevent pre-adoption disruption and post-adoption dissolution through peer led support and training. ASK Support Groups are led by an Adoptive Parent Liaison (APL). ASK provides parent-led support groups for adoptive parents and for those considering adoption. Our groups are open to any family formed through adoption at any stage in the process. You may choose to adopt through the state, privately, internationally, or through kinship care, or you may simply be considering adoption. You may have adopted your child as an infant, older child, or part of a sibling group. You may have adopted twenty years ago, had a child placed with you for adoption last week, or still be awaiting placement. Regardless of the type of adoption or stage in the process, ASK is here for you. Childcare is provided at most meetings. No Need to RSVP. *For more information contact:* Paul Huber, Adoptive Parent Liaison for Richmond and Nicholasville groups, at [\(859\) 684-8421](tel:8596848421) or [PaulTHuber@Hotmail.com](mailto:PaulTHuber@Hotmail.com). You can also contact Derek Ruiz, Adoptive Parent Liaison for Lexington groups, at [\(859\) 983-9593](tel:8599839593) or [derek.ruiz@insightbb.com](mailto:derek.ruiz@insightbb.com).

**Services:** *Adoption, Mutual Support Groups, Parent Education*

**Program Director:** Christine Sauer, CSW

**Address:** 1 Quality Street Ste. 700 Lexington, KY 40507

**Website:** <http://www.uky.edu/TRC/ASK>

**Phone:** [\(859\) 257-7361](tel:8592577361)

### **Catholic Charities – A Caring Connection**

**Description:** A Caring Connection provides information and support to those experiencing a pregnancy so that they will be better prepared to make informed decisions regarding their future. Adoption services are available for those who feel it is best for their child's future. For those considering their options, information on parenting is also available to better prepare those who may choose to parent. Information on resources and assistance in accessing services that can be helpful during a pregnancy are provided to individuals. Through this process, we respects the right of the parent to choose and will never place pressure on anyone to parent or to consider adoption. Our staff can meet with someone in their home or in our offices. Couples unable to conceive may consider adoption of an infant through a full-service domestic adoption program. A Caring Connection provides education, home study services, guidance, placement services and continued support to those couples considering adoption as a way to add to their families.

**Services:** Adoption, Mother and Infant Care, Parent Education, Pregnancy  
**Address:** 1310 West Main Street, Lexington, KY 40508  
**Phone:** (859) 253-1993

### **Southern Bluegrass Foster / Adoption Support, Family**

**Description:** This is a support group for all adoptive and foster parents, as well as those who are interested in adoption. Meetings are held the first Monday and third Tuesday of each month from 6 to 8 pm at the DCB on Creative Drive. Child care is provided. Call for more information.

**Services:** Adoption, Mutual Support Groups  
**Address:** 1135 Red Mile Place, Lexington, KY 40504  
**Phone:** (859) 278-4991

## **CAR SEATS**

### **Safe Kids Fayette County**

**Description:** Safe Kids Fayette County is a childhood injury prevention program. There is no one device or solution to effectively prevent all types of accidental childhood injuries. Instead, Safe Kids works to create and implement educational programs to reduce and eliminate injuries. We are a network of community partners dedicated to preventing accidental injuries to children by stimulating changes in attitudes, behavior and the environment. We empower families and neighborhood communities to create safe environments, conduct research and advocate for effective laws. The work of Safe Kids is accomplished by countless hours of service provided by our team of devoted volunteers.

**Services:** Childhood injury prevention education.  
**Phone:** [859-323-1153](tel:859-323-1153)  
**Program Coordinator:** Sherri Hannan, [sherri.hannan@uky.edu](mailto:sherri.hannan@uky.edu)  
**Website:** [www.safekidsfayettecounty.com](http://www.safekidsfayettecounty.com)  
**Mailing Address:**

Safe Kids Fayette County  
Kentucky Children's Hospital  
1000 South Limestone Street  
Lexington, Kentucky 40536

## **CHILDCARE**

### **Brenda Cowan Center Youth Services**

**Description:** This program provides a youth services coordinator and several part-time youth workers (paid and student volunteers) who operate a licensed after-school and early learning program at the Cowan Center. They provide students with recreation, tutoring, and homework sessions.

**Services:** Child Care, Leadership Development, Leisure Activities

**Address:** 1364 Davenport Drive, Lexington, KY 40504

**Phone:** [\(859\) 276-4457](tel:(859)276-4457)

### **Child Care Council of Kentucky, Inc.**

**Description:** They provide child care referral services to parents, training and technical assistance to child care providers in licensed centers and family care homes. They are the service agent for the state child care assistance program. They offer weekly training for child care providers; provide technical assistance for persons interested in becoming a certified family child care provider; have a resource library; and supply packets for application for licensing day care centers. Hours Monday-Friday 8:00-4:30

**Services:** Training, Technical Assistance

**Address:** 2050 Creative Drive, Lexington, KY 40505

**Phone:** (859) 271-4079

### **Child Development Centers of the Bluegrass**

**Description:** The Child Development Centers of the Bluegrass provides early intervention services (evaluation/assessment, developmental intervention, and speech/language, occupational, and physical therapies) to children with disabilities who are birth to three years of age. CDCB also provides preschool/child care services to two- to five-year-olds with and without disabilities. Early Intervention Services: The early intervention program provides developmental intervention and therapies within the context of the family. These services are scheduled by appointment. Therapies are provided wherever the family prefers, at home, at the center, or in the preschool or child care classroom. Toddler Full-Day Program: The Toddler Full-Day Program serves children thirteen months to three years of age with and without disabilities Monday through Friday from 7:30 to 5:30. Full-day Preschool CDCB offers a full-day program for three-, four-, and five-year-old children with and without disabilities. Developmental intervention and therapies for the children with disabilities are provided within the natural environment of the classroom.

**Services:** Child Care, Disability Related Counseling, Educational Institutions/Schools

**Address:** 465 Springhill Drive, Lexington, KY 40503

**Phone:** (859) 278-0549

### **East Seventh Street Center**

**Description:** The East Seventh Street Center offers after school child care, summer programs, and tutoring services for school aged children in the community. The Kid's Cafe provides a free meal to all children 18 and under on week days. The center is often a location for the Summer Lunch Program for children, as well. The services are free and open to all children of school age through age eighteen. Activities may include: tutoring, science classes, art classes, and field trips. The Center is planning to offer a nine week summer camp program, but no details are available yet. Donations of art supplies, plastic ware, paper products, standard school supplies, and cleaning items are always needed and appreciated.

**Services:** Child Care, Child Development, Congregate Meals, Tutoring Services

**Address:** 240 East Seventh Street, Lexington, KY 40508

**Phone:** (859) 252-0294

### **KY Child Care Council**

**Description:** The KY Child Care Council offers financial assistance for child care to parents who qualify they also can give referrals for child care providers. No referral required but financial qualifications apply.

**Services:** Child Care Assistance

**Address:** 1460 Newtown Pike, Lexington, KY 40511

**Phone:** (859) 271-4079

### **LFUCG - Parks and Recreation Extended School Program**

**Description:** The Extended School Program (ESP) is a fully licensed program that provides activities for elementary and middle school age children at a reasonable cost. ESP is a cooperative venture of the Lexington-Fayette Urban County Government Division of Parks and Recreation and selected Fayette County Public Schools. ESP's goal is to offer an affordable, high-quality school-age child care alternative combined with student enrichment opportunities that include educational support, positive socialization skills and a variety of leisure activities. Indoor and outdoor learning activities are provided with time for active play as well as time to relax, read and participate in quiet activities. Questions or concerns, please call the Division of Parks & Recreation ESP office at.

**Services:** *Child Care, Leisure Activities*

**Address:** 545 North Upper Street, Lexington, KY 40508

**Phone:** (859) 288-2929

### **Salvation Army Boys and Girls Club of the Bluegrass**

**Description:** The Salvation Army Boys and Girls Club of the Bluegrass is an after-school child care program for low income families. No referrals required. Call for more information and financial qualifications.

**Services:** Child Care, Child Development,  
**Address:** 736 W. Main Street, Lexington, KY 40508  
**Phone:** (859) 258-2582  
**Website:** [www.salvationarmylex.org](http://www.salvationarmylex.org)

### **The Kidz Club**

**Description:** The Kidz Club provides skilled care for children who are medically fragile. Child must have a medical diagnosis to qualify and parents must be working or going to school. Private insurance and Medicaid accepted. Referrals are typically made by parents, physicians, therapists, and/or case managers, but anyone can call with referral information. Center director of nursing is Tammy Vice RN BSN. Call to schedule an assessment or for further information.

**Services:** Child Care, Child Development, Respite Care  
**Address:** 1721 May Wick View Lane, Lexington, KY 40504  
**Phone:** (859) 224-0799

### **One Parent One Scholar**

**Description:** Formerly known as Virginia Place provides services to single parents who are continuing their education post-high school. Services include housing, on-site daycare, social service referrals, and support services. Services are available to those who are 18 years of age or older, and are a single parent (if divorced must provide divorce decree). There must be at least one child who is daycare eligible and an application must be filled out. Hours Monday-Friday 8:00-5:00.

**Services:** Child Care, Transitional Housing  
**Address:** 1156 Horsemans Lane, Lexington, KY 40504  
**Phone:** (859) 252-4828

### **YMCA of Central Kentucky - North Lexington Family**

**Description:** The North Lexington Family Center is part of the YMCA of Central Kentucky Programs offered which include health and fitness, aquatics, sports leagues, arts instruction, and camps. Health and Fitness Certifications include CPR for the Professional Rescuer, Adult CPR, and Infant/Child CPR. The North Lexington Family YMCA Child Development Center serves children 6 weeks - 5 years old. For more information contact Susan Nelson, the Center Director, at 859-258-9622.

**Services:** Child Care, Leadership Development, Leisure Activities, Safety Education Programs  
**Address:** 381 West Loudon Avenue, Lexington, KY 40508  
**Phone:** (859) 258-9622

## **CHILD SUPPORT ASSISTANCE**

### **LFUCG - Fayette County Attorney**

**Description:** The Fayette County attorney provides legal services for Fayette County residents in the areas of domestic violence, child support enforcement, paternity establishment, medical support orders, delinquent taxes (ie. property taxes), juvenile misdemeanor cases, cold checks and criminal prosecution. These services include: location of non-custodial parents, establishment of paternity, establishment of financial and medical support, enforcement and collection of support payments, enforcement of medical support and modification of support orders.

**Services:** Child Support Assistance, Public Counsel/Government Lawyers, Tax Assistance

**Address:** 110 West Vine Street, Lexington, KY 40507

**Phone:** (859) 254-4941

**Website:** [www.lfucg.com/fayette\\_co\\_attorney](http://www.lfucg.com/fayette_co_attorney)

## **DIAPERS**

### **Crisis Care (Previously CPR)**

**Description:** CPR - Comprehensive Problem Solving and Resolution - The Crisis Care program assists families with meeting their emergency basic human needs and work toward solutions to move them to the next chapter of their lives. •Diapers and Formula •Emergency Food Referrals •Toiletries •Childcare Needs •Counseling Parenting Classes All Crisis Care, Classes and Counseling are free of charge, regardless of personal financial status.

**Services:** Diapers, Childcare, Parenting Classes

**Address:** 530 North Limestone Street, Lexington, KY 40508

**Phone:** (859) 259-1974

**Website:** <http://www.thenestlexington.org/crisiscasemanagement.php>

### **Lex-Care - Diaper Fund**

**Description:** LexCare maintains the Diaper Fund. There is no referral necessary, clients can just walk-in and pick up an emergency supply of 15-20 diapers once every 3 months at either Salvation Army, Gainesway Community Empowerment Center or Cardinal Valley Center. Families are required to provide identification, social security card, and verification of the child's birth date.

**Services:** Diapers

**Address:** 498 Georgetown St

Black and Williams Center, Lexington, KY 40508

**Phone:** (859) 233-7779

### **Salvation Army of Central KY - Emergency Services**

**Description:** Fayette County residents applying for emergency food assistance must provide identification, a rent receipt, Social Security card, and verification of income. The Bread Bank

provides free bread and baked goods five days a week as it is made available to us. Clothing, diapers, school supplies, and household items are also available as donations allow.

**Services:** Diapers, Food Pantries, General Apparel, Instructional Materials, Personal Grooming/Supplies

**Address:** 736 West Main Street, Lexington, KY 40508

**Phone:** (859) 252-7706

## FAMILY PRESERVATION PROGRAMS

### **Bluegrass AAA - Kentucky Family Caregiver Program**

**Description:** The Kentucky Family Caregiver Program provides support to grandparents of any age in Kentucky, who are providing primary caregiver for a grandchild under the age of 18, and who meet financial and other guidelines. Services include: counseling and information about support groups and caregiver training, financial assistance for purchase of clothing, respite assistance, educational supplies or assistance, medical and dental services, legal services, and other authorized expenses. To receive services from this program an application must be submitted. To be eligible a grandparent must be a Kentucky resident; be related to the grandchild by blood, through marriage or adoption (parent); and must be the primary caregiver of the child. The child's parent may not live in the home. Grandparent cannot receive state Kinship Care for the grandchild they are caring for. Additionally, gross household income cannot exceed 150% of the federal poverty level.

**Services:** Caregiver Subsidies, Family Preservation Programs, Undesignated Temporary Financial Assistance

**Address:** 699 Perimeter Drive, Lexington, KY 40517

**Phone:** (859) 269-8021

**Website:** [http://www.bgadd.org/aging\\_ky\\_caregiver.htm](http://www.bgadd.org/aging_ky_caregiver.htm)

### **Bluegrass Children Intensive Treatment Team**

**Description:** Family Preservation program provides intensive in-home therapy for families at risk of having children removed from the home; reunification of children with their families. Services include clinical/therapeutic services, linkage to other community partners/resources, or whatever it takes to assist the family in achieving a better level of functioning to maintain their children in the home safely. Referrals are accepted through the Cabinet for Health and Family Services. Other referrals including self-referrals are accepted on a case by case basis. Interventions are from 8 weeks to 6 months, and meetings are scheduled at the convenience of the family.

**Service:** Family Court Resources, Family Preservation Programs, In-Home Assistance, Parent

## Education

**Address:** 201 Mechanic Street Drive

Lexington, KY 40507

**Phone:** (859) 299-0794

### **Crisis Care (Previously CPR)**

**Description:** CPR - Comprehensive Problem Solving and Resolution - The Crisis Care program assists families with meeting their emergency basic human needs and work toward solutions to move them to the next chapter of their lives. •Diapers and Formula •Emergency Food Referrals •Toiletries •Childcare Needs •Counseling Parenting Classes All Crisis Care, Classes and Counseling are free of charge, regardless of personal financial status.

**Services:** Diapers, Childcare, Parenting Classes

**Address:** 530 North Limestone Street, Lexington, KY 40508

**Phone:** (859) 259-1974

**Website:** <http://www.thenestlexington.org/crisiscasemanagement.php>

### **Lexington Global Engagement Center (Global Lex)**

Isabel Taylor, Global Lex's Multicultural Affairs Coordinator, works with Lexington's immigrants, refugees, visitors, and other limited English proficient individuals to assess their service needs. She supports their civic integration and access to business and services in compliance with Kentucky and federal law. Global Lex provides multilingual assistance, cross-cultural education and links to the international communities where local residents and our growing foreign-born population celebrate cultural events, and where staff assist businesses, researchers, care providers, emergency management and workforce developers to provide outreach and network with those in need. Hours of Operation: Monday – Friday, 8 a.m. to 5 p.m.

**Services:** Assist multicultural immigrants, refugees, visitors and others with their service needs

**Address:** 1306 Versailles Road, Suite 110, Lexington, KY 40504

**Phone:** 859-246-4333

### **Home Network- Hands**

**Description:** This program works to strengthen the relationship between vulnerable parents and their young children. Family Support Workers make weekly visits to the home, providing support, education and facilitation of the success of the family. Weekly visits provide information on developmental stages and parent child interaction which will stimulate early brain development. Clients do not have to utilize other Family Care Center Programs to be eligible for Home Network.

**Services:** Family Court Resources, Family Preservation Programs, Parent Education

**Address:** 1135 Red Mile Place, Lexington, KY 40504

**Phone:** (859) 288-4040

## PARENT EDUCATION

### **Adoption Support for Kentucky (A.S.K)**

**Description:** ASK specializes in the utilization of support groups to offer pre and post adoptive support and services to resource parents. ASK provides the opportunity to share resources, suggestions, frustrations and successes with those who share the unique experience of adoption. ASK strives to prevent pre-adoption disruption and post-adoption dissolution through peer led support and training. ASK Support Groups are led by an Adoptive Parent Liaison (APL). ASK provides parent-led support groups for adoptive parents and for those considering adoption. Our groups are open to any family formed through adoption at any stage in the process. You may choose to adopt through the state, privately, internationally, or through kinship care, or you may simply be considering adoption. You may have adopted your child as an infant, older child, or part of a sibling group. You may have adopted twenty years ago, had a child placed with you for adoption last week, or still be awaiting placement. Regardless of the type of adoption or stage in the process, ASK is here for you. Childcare is provided at most meetings. No Need to RSVP. Everyone Welcome!

*For more information contact:* Paul Huber, Adoptive Parent Liaison for Richmond and Nicholasville groups, at [\(859\) 684-8421](tel:8596848421) or [PaulTHuber@Hotmail.com](mailto:PaulTHuber@Hotmail.com). You can also contact Derek Ruiz, Adoptive Parent Liaison for Lexington groups, at [\(859\) 983-9593](tel:8599839593) or [derek.ruiz@insightbb.com](mailto:derek.ruiz@insightbb.com).

*For statewide support groups:* please visit <http://www.uky.edu/TRC/KentuckySupportResources> and find your county or region.

**Services:** *Adoption, Mutual Support Groups, Parent Education*

**Program Director:** Christine Sauer, CSW

**Address:** 1 Quality Street Ste. 700 Lexington, KY 40507

**Website:** <http://www.uky.edu/TRC/ASK>

**Phone:** [\(859\) 257-7361](tel:8592577361)

### **Bluegrass Children intensive Treatment Team**

**Description:** Family Preservation program provides intensive in-home therapy for families at risk of having children removed from the home; reunification of children with their families. Services include clinical/therapeutic services, linkage to other community partners/resources, or whatever it takes to assist the family in achieving a better level of functioning to maintain their child(ren) in the home safely. Referrals are accepted through the Cabinet for Health and Family Services. Other referrals including self-referrals are accepted on a case by case basis. Services: Family Court Resources, Family Preservation Programs, In-Home Assistance, Parent Education

**Address:** 201 Mechanic Street, Lexington, KY 40507

**Phone:** (859) 299-0794

### **Bluegrass Community Health Center**

**Description:** Bluegrass Community Center provides Parenting education program for parents of adolescents; Women Support Groups and Services can be provided in Spanish. Call to schedule an appointment. No referral required

**Services:** Parenting education program for adolescent and women support groups

**Address:** 1306 Versailles road, Suite 120 Lexington, KY 40504  
151 North Eagle Creek, Suite 220 Lexington, KY 40509

**Phone:** (859) 259-2635

### **Bluegrass Literacy**

**Description:** The mission of Bluegrass Literacy is to promote lifelong learning, and to empower individual learners (15 years of age and older) to improve their reading, writing, or help them learn English as a second language. The program offers FREE ABE (Adult Basic-low level reader) support, GED Study Skills Instruction, and English Classes for English as a Second Language Students in Lexington and several adjacent communities.

**Service:** Adult Basic Education, English as a Second Language, Family Court Resources, GED Instruction, Leisure Activities, Literacy Instruction, Parent Education

**Address:** 732 Faulkner Street, Lexington, KY 40505

**Phone:** 859-299-5982

### **Born Learning**

**Description:** Born Learning is a public engagement campaign built around the idea that everyday life is a learning experience for children. Born Learning provides information to parents, grandparents, and caregivers on how to turn everyday moments into learning moments. For more information on Born Learning, please contact the United Way. To receive a Born Learning packet filled with helpful tips on play and learning, as well as developmental milestones for your child.

**Services:** Parent Education

**Address:** 2480 Fortune Drive  
Suite 250, Lexington, KY 40509

**Phone:** United Way 2-1-1

### **Building Solutions**

**Description:** Building Solutions is Faith Based program which offers Parenting Education, Marriage counseling and women issues to find out more information please visit their website at [www.seelbachs.com](http://www.seelbachs.com) or call for more information. (Medicaid card is not accepted at this time) For more information on insurances accepted please contact Mary Seelbach.

**Services:** Parent Education; Marriage Counseling; Women Issues

**Address:** 1517 Nicholasville Rd, Suite 302, Lexington, KY 40509

**Phone:** (859) 351-5166

**Website:** seelbachs.com

**Email:** hendys@prodigy.net

### **Catholic Charities – A Caring Connection**

**Description:** A Caring Connection provides information and support to those experiencing a pregnancy so that they will be better prepared to make informed decisions regarding their future. Adoption services are available for those who feel it is best for their child's future. For those considering their options, information on parenting is also available to better prepare those who may choose to parent. Information on resources and assistance in accessing services that can be helpful during a pregnancy are provided to individuals. Through this process, staff respects the right of the parent to choose and will never place pressure on anyone to parent or to consider adoption. Staff can meet with someone in their home or the their offices. Couples unable to conceive may consider adoption of an infant through a full-service domestic adoption program. A Caring Connection provides education, home study services, guidance, placement services and continued support to those couples considering adoption as a way to add to their families.

**Services:** Adoption, Mother and Infant Care, Parent Education, Pregnancy

**Address:** 1310 West Main Street, Lexington, KY 40508

**Phone:** (859) 253-1993

### **Community Action Council**

**Description:** Community Action Council Provides Child development programs and family development programs to family in the community. No referral required and No fee.

**Services:** Child development, Family development programs

**Address:** 710 West High Street, Lexington KY 40507

**Phone:** (859) 244-2219

**Website:** [www.commaction.org](http://www.commaction.org)

### **First Steps - Kentucky Early Intervention System**

**Description:** Statewide early intervention services for children with developmental delays. They will refer to the closest office in the child's area. This program can arrange and pay for an evaluation of a child with developmental delay; if evaluation shows the child has need of services, the program can pay for services such as, physical, speech and occupational therapy, assistive technology, in-home nursing, respite care, etc. Program covers children from birth to 3 years.

**Service:** Disability Related Counseling, Family Court Resources, Parent Education

**Address:** 343 Waller Avenue, Suite 201, Lexington, KY 40503

**Phone:** (859) 271-9448

### **Florence Crittenden Home**

**Description:** Florence Crittenden Home is a private non-profit, residential treatment facility that provides medical, nutritional, educational, and counseling services in a home like environment for Kentucky's young women facing single parenting, abuse, and neglect. Also provide on-grounds Fayette co. public school classes/instruction. Services do not need a referral. Females must be between the ages of 12-17 or (18+ if committed). There is no fee for non-committed youth.

**Service:** Medical, Nutritional, educational, and counseling services in a home like environment for Kentucky's young.

**Service: Address:** 519 W. Forth Street Lexington, KY 40508

**Phone:** (859) 252-8636

**Website:** [www.flocrithome.com](http://www.flocrithome.com)

### **Jesse G. Harris, Jr. Psychological Services Center**

**Description:** The Harris Psychological Services Center provides individual, couples, family, group and child therapy as well as various psychological assessments (intelligence, personality, learning disability, ADHD, etc.) Fees vary for each service; a sliding fee scale is available based on income and family size; acceptance for treatment is not based on ability to pay for services.

**Services:** Community Mental Health Services, Parent Education

**Address:** 644 Maxwellton Court, Lexington, KY 40508

**Phone:** (859) 257-6853

**Website:** <http://psychology.as.uky.edu/psychological-services-center>

### **Lexington Rescue Mission - Parenting Classes**

**Description:** Lexington Rescue Mission offers parenting classes that consist of twelve nightly sessions spread over three months. Each session contains a one-hour presentation and one-hour discussion, and a guest educator who will vary dependent on their area of expertise.. Participants will also have access to other free services, such as Budgeting Classes, Employment Counseling, Housing Service, resource referral and case management, and thrift store vouchers. Other services may also be available on a case-by-case basis. Advance registration is required and available by calling the Lexington Rescue Mission. An optional meal is served at 5:30 p.m. and class begins at 6:30 p.m.

**Service:** Parent Education

**Address:** 444 Glen Arvin Avenue, Lexington, KY 40508

**Phone:** (859) 381-9610

**Website:** [www.lexingtonrescue.org](http://www.lexingtonrescue.org)

**LFCHD - HANDS Program**

**Description:** HANDS is a voluntary, intensive home visitation program designed to assist parents at a critical development points during their child's first two years of life. HANDS targets women during their first pregnancy to assist with child development, parenting skills, health services and other needed resources. Families can enter the program from pregnancy through when the baby is 12 weeks old. A trained home visitor visits the home to introduce parenting skill development in areas such as: recognizing your baby's needs, what to expect as your baby grows, making your home safe, etc.

**Services:** Family Court Resources, Parent Education

**Address:** 650 Newtown Pike, Lexington, KY 40508

**Phone:** (859) 288-2324

**Prevent Child Abuse Kentucky**

**Description:** Prevent Child Abuse Kentucky is a statewide network of parents, professionals and volunteers that create and maintain programs for the prevention of child abuse. Examples of these programs are conferences, educational campaigns, advocacy and legislation, publications, and parent education and support. F.A.C.T. (Fathers and Children Together), a program that teaches parenting skills to incarcerated fathers, is one example of the programs provided by Prevent Child Abuse Kentucky. C.A.R.E.S. is another program that provides training to the medical community on the detection and reporting of child abuse. They also have an 800 number for volunteer opportunities and prevention resources, 1-800-CHILDREN.

**Service:** Advocacy, Family Support Centers/Outreach, Parent Education, Protective Services

**Address:** 801 Corporate Drive, Suite 120 Lexington, KY 40503

**Phone:** (859) 225-8879

**Pride-Prenatal Recovery, Infant Development and Education Program**

**Description:** Pride- Prenatal Recovery, Infant Development and Education Program offers outpatient treatment services for pregnant and parenting women with substance abuse problems, including individual counseling, case management services, domestic violence victim education, and parenting education. No referral is required. Women MUST be pregnant or have a child under 2 years of age. Insurances accepted are Medicaid, Medicare, and private insurance, otherwise no fee.

**Service:** Parent Education, Outpatient treatment for pregnant and parenting women

**Address:** 201 Mechanic Street, Lexington KY 40508

**Phone:** (859) 425-1210

**Website:** [www.bluegrass.org](http://www.bluegrass.org)

**Step by Step Inc.**

**Description:** Step by Step Inc. is faith based parenting classes for single mothers, assistance with transportation can be arraigned: group counseling and support offered and character Development, faith based programs available for infants-preteen. No referral required and no fee.

**Services:** Parent Education

**Address:** P.O. Box, Lexington, KY 40588

**Phone:** (859) 258-7837

### **SKY Families**

**Description:** This program mostly serves parents who are involved with child protective services. Parents referred to SKY are court ordered to take parenting classes as part of their prevention plan, self-referrals. An intake is needed prior to taking classes. SKY Families meet on Tuesday nights at the Imani Family Life Center, located at 1555 Georgetown Road, Lexington. Three 12-week sessions are held each year. A light dinner and child care services are available. Transportation may also be provided to parents in need, contingent on funding.

**Services:** Family Court Resources, Parent Education

**Address:** 1140 Red Mile Place, Lexington, KY 40504

**Phone:** (859) 257-5582

### **Success By 6, United Way of the Bluegrass**

**Description:** Success by 6 is a United Way and Community Initiative. Success By 6 works to help families raise their children to be learners and ready for school by age 6. United Way's Success By 6 initiative will work to improve how our community cares for children today & in the years to come through leadership (building partnerships that leverage resources and result in new solutions for children), access (supporting neighborhood projects that produce improved delivery services & fill in the gaps where they exist), and awareness (heightening public awareness about the importance of children's needs at ages 0-6).

**Service:** Parent Education

**Address:** 2480 Fortune Drive  
Suite 250, Lexington, KY 40509

**Phone:** (859) 233-4460

### **Susy Aparicio, Licensed Marriage & Family Therapist**

**Description:** Susy Aparicio, Licensed Marriage And Family Therapist offers 10 week parenting classes; Marriage and Family Counseling; Substance abuse and Victim of Abuse Counseling for Spanish Speaking Individuals only

**Service:** Parent Education

**Address:** 436 West Second Street, Lexington, KY 40507

**Phone:** (859) 489-0989

### **The Nest**

**Description:** The Nest is a Center for Women, Children and Families. They provide free counseling, parent education, emergency childcare, and basic supplies for families in crisis. Counseling services include domestic violence and substance recovery. No referral is required.

**Service:** Parent Education, Counseling

**Address:** 530 N. Limestone, Lexington, KY 40508

**Phone:** (859) 259-1974

**Website:** [www.thenestlexington.com](http://www.thenestlexington.com)

### **VIPS - Visually Impaired Preschool Services**

**Description:** VIPS (Visually Impaired Preschool Services) helps blind or visually impaired children from birth to school age and their families, through in-home visits, services in child care centers and preschools, weekly parent-child classes, a preschool enrichment program, and family education and support. Contact Mary Moore with questions. VIPS will provide interpreters to those families who do not speak English.

**Services:** Advocacy, Disability Related Counseling, Parent Education

**Address:** 161 Burt Road

Suite 4, Lexington, KY 40503

**Phone:** (859) 276-0335

## **PARENTAL VISITATION ASSISTANCE**

### **Cowan Coalition- Supervised Visitation/Exchange**

**Description:** The Coalition provides a safe, neutral and friendly environment that encourages positive and comfortable interaction between non-custodial parents and their children. Visits last between one to three hours at a time and are monitored by trained staff who observe the visit and record activities. Age appropriate toys, games, and activities are placed in the rooms and an outdoor playground is available for playtime. There is also a kitchen and dining area for families that wish to share a meal. Most families are court referred to the center but they will accept any family that needs supervised visitation.

**Services:** Family Court Resources, Parental Visitation Assistance

**Address:** 1364 Devonport Dr., Lexington, KY 40504

**Phone:** (859) 276-4457

### **Sunflower Kids**

**Description:** This program provides supervisory services for visitations in cases where a parent must be monitored while interacting with their children. During visitations, a supervisor is

present to observe all contact and hear all communication between the adult and the child. Monitored exchange is also provided in cases where parents prefer no contact amongst themselves during custody exchanges.

**Service:** Family Court Resources, Parental Visitation Assistance

**Address:** 1060 Cross Keys Suite 160, Lexington, KY 40504

**Phone:** (859) 268-0487

## **PREGNANCY**

### **Birthright of Lexington**

**Description:** Birthright of Lexington provides completely confidential help, including free pregnancy testing, medical referrals, legal referrals, housing referrals, educational/career development assistance, and referrals to social agencies and professional counseling as appropriate. Maternity and baby clothes are also available through Birthright. Information on prenatal development, adoption, pregnancy & childbirth, and child care options are also available. This is a Pro-Life Program. Hours vary, call for appointment.

**Services:** Family Planning, General Apparel, Information and Referral

**Address:** 2134 Nicholasville Road, Suite 6, Lexington, KY 40503

**Phone:** (859) 277-2636

### **Catholic Charities – A Caring Connection**

**Description:** A Caring Connection is a program available to those needing pregnancy related services. The focus of this program is to provide support and assist someone in reaching the choice that they feel is right for them and is in the best interest of their child. Pregnancy counseling, information regarding parenting and adoption options, and parenting preparation and skill development are some of the services offered through this program. Information and assistance in accessing services needed in order to ensure a healthier pregnancy are provided by staff.

**Services:** Adoption, Mother and Infant Care, Parent Education, Pregnancy

**Address:** 1310 West Main Street, Lexington, KY 40508

**Phone:** (859) 253-1993

# **Clothing & Toiletries**

## GENERAL APPAREL

### **Community Action Council - Clothing Programs**

**Description:** Clothing Bank: Provides free clothing to low-income clients who need clothing assistance. The clothing bank relies on donations from individuals and businesses. Contact the main office for assistance at 233-4600. Donations: A tax form is provided upon the delivering of donations.

**Services:** Donations, General Apparel

**Address:** Manchester Center 522 Patterson Street, Lexington, KY 40508

**Phone:** (859) 244-2215

### **Central Christian Church Thrift Shop**

**Description:** Central Christian Church offers a small thrift shop which allows the public to purchase gently used clothing at a low cost. They accept donations of clean, used clothing for adults and children. Open Tuesday to Thursday, 10 a.m. to 3 p.m.

**Services:** General Apparel

**Address:** 205 East Short Street, Lexington, KY 40507

**Phone:** (859) 233-1551

### **Cowan Coalition- Second Glance, Clothing and Thrift**

**Description:** Second Glance is retail outlet for lightly used clothing and household items. The shop is open to the public and provides vouchers to program participants to receive the items they need. Referring organizations must provide a referral letter to accompany clients for shopping. Second Glance will provide vouchers for domestic violence victims four times a year who are referred from other agencies along with victims devastated by fire and those recently released from prison to shop for clothing and household items for themselves and their children.

**Services:** Donations, General Apparel, Thrift Shops

**Address:** Brenda Cowan Coalition, 1364 Davenport Drive, Lexington, KY 40504

**Phone:** (859) 276-4457 x223

### **God's Garments**

**Description:** God's Garments is clothing and household goods store for those in need. Families and singles in need can shop and choose items they need. All items are free, and each shopper can choose up to 7 items per visit. Donations of clothing and any household goods (pots, pans, dishes, silverware, chairs, sheets, curtains, small appliances, etc.) are accepted 9:30-2pm Mon-Fri and 10-2pm on Sat. No referral required.

**Services:** Donations, General Apparel, Personal Grooming/Supplies

**Address:** 614 East 7th Street, Lexington, KY 40505

**Phone:** (859) 514-7210

### **Lexington Rescue Mission - Thrift Store**

**Description:** The thrift store collects donations of clothing and household furnishings and sells them at reduced rates. We accept donations of clothing, furniture, appliances, household items, hardware and electronics during store hours. If you would like to arrange for us to pick-up a large donation, please call the store and leave a message for our truck driver: (859) 254-1712. Items currently not accepted: metal desks, large office equipment, pianos, exercise equipment, and mattresses. Items only accepted in person: furniture, large appliances, TVs, cribs, car seats, and toys. Open Mon-Sat 10-6:30pm.

**Services:** Appliances, Donations, Furniture, General Apparel, Thrift Shops

**Address:** 720 Bryan Avenue, Lexington, KY 40505

**Phone:** (859) 254-1712

### **Saint Vincent De Paul Food and Clothing Vouchers**

**Description:** Volunteers answer the phone for intake at 10:00 a.m. Monday, Tuesday, Wednesday, and Friday or until the St. Vincent De Paul Society resources are exhausted. A home visit is made and vouchers for food and/or clothing are given on an individual family basis. Clothing vouchers can be used for purchases at the Goodwill Store; food vouchers may be taken to local grocery stores.

**Services:** Food Vouchers, General Apparel

**Address:** 1750 Summerhill Drive, Lexington, KY 40515

**Phone:** (859) 266-8003

### **Salvation Army of Central KY - Emergency Services**

**Description:** Fayette County residents applying for emergency food assistance must provide identification, a rent receipt, Social Security card, and verification of income. The Bread Bank provides free bread and baked goods five days a week as it is made available to us. Clothing, and household items are also available as donations allow. The food pantry is open Mon-Fri

9am-12pm and the clothing bank Mon-Fri 9am-12pm.

**Services:** Food Pantries, General Apparel, Personal Grooming/Supplies

**Address:** 736 West Main Street, Lexington, KY 40508

**Phone:** (859) 252-7706

## LAUNDRY FACILITIES

### God's Quarters

**Description:** God's Quarters provides laundry facilities to those who do not have access to one or cannot afford it. Clothing can be dropped off from 10:00 a.m. to 11:00 a.m. and must be picked up the same day between 12:00 p.m. and 2:00 p.m.

**Services:** Laundry Facilities

**Address:** 614 East 7th Street, Lexington, KY 40505

**Phone:** (859) 514-7210

**Email:** <http://www.godsnet.info/godsquarters.htm>

## PERSONAL GROOMING SUPPLIES

### God's Garments

**Description:** God's Garments is clothing and household goods store for those in need. Families and singles in need can shop and choose items they need. All items are free, and each shopper can choose up to 7 items per visit. Donations of clothing and any household goods (pots, pans, dishes, silverware, chairs, sheets, curtains, small appliances, etc.) are accepted 9:30-2pm Mon-Fri and 10-2pm on Sat. No referral required.

**Services:** Donations, General Apparel, Personal Grooming/Supplies

**Address:** 614 East 7th Street, Lexington, KY 40505

**Phone:** (859) 514-7210

### Blue Grass Farm Charities

**Description:** BLUE GRASS FARMS CHARITIES is devoted to providing social services to people working in all aspects of the Thoroughbred Industry in Central Kentucky. BGFC pays for primary health care visits and prescriptions; offers drug, alcohol, and personal/family counseling; transportation to physician appointments; translation services; financial aid for rent and utilities; food, clothing and personal hygiene items. BGFC keeps a supply of donated clothing and basic food to help those in need. Access can be gained by stopping by during working

hours or contacting the office and making an appointment. Please contact us if you or someone you know may be struggling in this area.

**Services:** Farm Safety 101 Classes, Benevolence and crisis Management, Health, Housing and Utilities, Substance Abuse and Addictive Behavior, Hospital and Home Visits, Funeral and Bereavement, Outreach

**Address:** 340 Legion Drive # 20, Lexington, KY 40504

**Phone:** (859) 219-0910 (English) 859-351-4426 (En Espanol)

**Email:** [bqfarmscharities@yahoo.com](mailto:bqfarmscharities@yahoo.com)

### **Maxwell Street Presbyterian Emergency Assistance**

**Description:** Maxwell Street Presbyterian Church emergency assistance program primarily assists with rent, utilities, and transportation but also helps purchase forms of identification, medication, auto parts, etc. Hours Tuesday and Wednesday 10:30-1:30pm.

**Services:** Rent/utility assistance, bus vouchers, clothing, personal hygiene, etc.

**Address:** 180 East Maxwell Street, Lexington, KY 40508

**Phone:** (859) 233-0723

### **Salvation Army of Central KY - Emergency Services**

**Description:** Fayette County residents applying for emergency food assistance must provide identification, a rent receipt, Social Security card, and verification of income. The Bread Bank provides free bread and baked goods five days a week as it is made available to us. Clothing, and household items are also available as donations allow. The food pantry is open Mon-Fri 9am-12pm and the clothing bank Mon-Fri 9am-12pm.

**Services:** Food Pantries, General Apparel, Personal Grooming/Supplies

**Address:** 736 West Main Street, Lexington, KY 40508

**Phone:** (859) 252-7706

# **Abuse/Crime & Legal Issues**

## **ABUSE & CRIME VICTIM SUPPORT/SHELTER**

### **Bluegrass Domestic Violence Program**

**Description:** The Bluegrass Domestic Violence Program provides emergency shelter, 24-hour crisis line, safety planning, legal advocacy, individual and group counseling for both residential and non-residential clients, case management and financial literacy. Children's Services: counseling, play therapy, supervised recreational activities, support groups, and a "Safe School" at the center. Also provides professional training and public education forums for communities. They provide a support group for women of domestic violence 18 or older. Women can be younger if they are married to an abuser or have a child with an abuser. All services are free and confidential. There are sites available in Danville, Safe Connections, and Richmond, Safe Alternatives.

**Services:** Advocacy, Crime Victim Support, Domestic Violence Shelter, Donations, Family Court Resources, Mutual Support Groups

**Address:** 4400 Briar Hill Road, Lexington, KY 40516

**Phone:** 1-800-544-2022

### **Bluegrass Rape Crisis Center - Support Services**

**Description:** BRCC provides support services to victims of sexual assault and abuse. Services include crisis counseling through their 24-hour crisis line. Individual counseling and long-term therapy sessions are also available. A support group for survivors of rape and survivors of childhood sexual abuse meet on an as needed basis. Staff and volunteers provide support and information to sexual assault victims as well as their family and friends. Information and court accompaniment are available for clients who have a court case related to rape, sexual assault, sexual harassment, or human trafficking. Area offices are located in Cynthia, Danville, Frankfort, Georgetown, Lexington, Nicholasville, Richmond and Winchester.

**Service:** Advocacy, Crime Prevention, Crime Victim Support, Mutual Support Groups, Safety Education Programs, Telephone Crisis Intervention

**Address:** PO Box 1603, Lexington, KY 40588

**Phone:** (859) 253-2615

**Brenda Cowan Center**

**Description:** Brenda Cowan Center provides support services to victims of Domestic Violence and abuse. Services include Legal Advocacy for domestic violence victims, Legal Representation through VAWA funded Attorney, Supervised Visitation and Monitored Exchange program. Cowan Center provides permanent housing through HUD and Kentucky Housing Corporation for families that have documented disabilities and are homeless. All services are free and no referrals required. Forms of payment are accepted on a sliding scale for supervised visitation services and Early Learning Center.

**Service:** Advocacy, Crime Victim Support

**Address:** 1364 Devonport Drive, Lexington, KY 40504

**Phone:** (859) 276-4457

**Website:** [www.cowancoalition.org](http://www.cowancoalition.org)

**Cabinet for Health & Family Services (CHFS)**

**Description:** Cabinet for Health & Family Service is a hotline to call for Child & Adults to report abuse or neglect.

**Service:** Abuse and Neglect hotline

**Address:** None listed

**Phone:** 1-877-KYSAFE1 or 1-877-597-2331

**Child & Adolescent Trauma Treatment Institute (CATTI)**

**Description:** The CATTI project provides interventions that have been identified as best practice approaches, and provide a continuum of care to traumatized children: Parent Child Interaction Therapy (PCIT) for ages 2-12), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) for ages (3-17), Child-Parent Psychotherapy (CPP) (for young children) and Child and Family Traumatic Stress Intervention. Referral can be self or by a provider. Referral form is located on the website.

**Services:** Community Mental Health Services for youths

**Address:** 3470 Blazer Parkway Suite 10 Lexington KY 40509

**Phone:** (859) 543- 0078

**Website:** <https://www.uky.edu/CTAC/CATTI>

**Children's Advocacy Center of the Bluegrass**

**Description:** The Children's Advocacy Center of the Bluegrass offers short-term counseling services for sexually abused children. Children are seen at no cost for up to twelve sessions. The focus of treatment is the child and the issues that emerge surrounding sexual abuse. Parents

can find support from advocates by appointment or by calling the center's crisis line. Hours Monday-Friday 8:30-5:00

**Service:** Advocacy, Crime Victim Support, Mutual Support Groups

**Address:** 183 Walton Avenue, Lexington, KY 40508

**Phone:** (859) 225-5437

### **Child & Family Wellness Center (Comprehensive Care)**

**Description:** Child & Family Wellness Center (Comprehensive Care) offer service to children 17 years old or younger and their families the services offered are outpatient counseling services for children and their families and outpatient adolescent substance abuse counseling. No Referrals are required they offer a Sliding scale and accept Medicaid and Private Insurances.

**Services:** Community Mental Health Services for youths and their families

**Address:** 1351 Newtown Pike, Building 5, Lexington, KY 40511

**Phone:** (859) 233- 0444

### **Domestic Abuse Hotline for Men and Women**

**Description:** The Domestic Abuse Hotline for Men and Women is a registered non-profit organization that provides intervention and support services to victims of domestic abuse. They specialize in offering support and services to male victims of spousal and intimate partner violence but also offer support and services to women in abusive relationships.

**Services:** Counseling, Education, Support Groups, and Emergency Shelter

**Phone:** (888) 743-5754

**Website:** [www.dahmw.org](http://www.dahmw.org)

### **KY Association of Sexual Assault Programs (KASAP)**

**Description:** KY Association of Sexual Assault programs (KASAP) is a statewide coalition of rape crisis centers. KASAP provides technical assistance to member programs and other professionals, advocates for improvements in public policy, fosters coalition building among members and those with common concerns, and promotes prevention and public awareness regarding sexual violence and related issues.

**Services:** Sexual Assault Programs

**Address:** P.O. Box 4028, Frankfort, KY 40604

**Phone:** (866) 375- 2727 or (502) 226-2704

### **KY Domestic Violence Association**

**Description:** KY Domestic Violence Association is a statewide coalition of shelters. Our goal is to create awareness and help combat domestic violence in the Commonwealth.

**Services:** Domestic Abuse Services

**Address:** 111 Darby Shire Circle, Frankfort KY 40601

**Phone:** (502) 209-5382

**Website:** <http://www.kdva.org/aboutus.html>

### **LFUCG - Domestic Violence Prevention Board**

**Description:** The Domestic Violence Prevention Board is a coordinating council that brings together citizens, agencies and public officials to strengthen Fayette County's response to family and interpersonal violence. The Domestic Violence Prevention Board continually assesses the availability, accessibility and quality of services to victims of family and interpersonal violence and develops policies and programs in the community to prevent domestic violence and promote effective interventions. The Domestic Violence Prevention Board provides information and referral services to victims.

**Service:** Advocacy, Crime Victim Support, Information and Referral

**Address:** 200 East Main Street

Room 328, Lexington, KY 40507

**Phone:** (859) 258-3803

### **National Domestic Violence Hotline**

**Description:** The Hotline is a non-profit organization that provides crisis intervention, information and referral to victims of domestic violence, perpetrators, friends and families.

**Services:** Help is available 24 hours a day, 365 days a year

**Phone:** (800) 799-7233

**Website:** [www.ndvh.org](http://www.ndvh.org)

## **EX-OFFENDER SERVICES**

### **Bluegrass Career Services**

**Description:** Bluegrass Career Services provides job placement services for individuals with employment barriers. Staff specializes in working with a variety of individuals with barriers to employment including severe disabilities such as chronic mental illness, developmental disabilities, learning disabilities, hearing impairments, physical impairments, acquired brain injuries, homelessness, probation and parole, visual impairments, HIV/Aids, language barriers and other employment barriers.

**Services:** Ex-Offender Services, Public Employment and Training Programs, Sheltered Employment, Vocational Rehabilitation

**Address:** 1165 Center Parkway Suite 120, Lexington, KY 40517

**Phone:** (859) 272-4855

**Dismas Charities, Inc.**

**Description:** This is a half-way house for male and female ex-offenders. There is a maximum of 50 clients and the average stay is from 30 days to one year; time can be extended depending on circumstances. They offer help finding employment. Referral must be made by the Federal Bureau of Prisons or the Department of Corrections.

**Services:** Ex-Offender Services, Transitional Housing

**Address:** 909 Georgetown Street, Lexington, KY 40511

**Phone:** (859) 231-8448

**LFUCG - Youth Services**

**Description:** This agency serves youth from ages 12 to 17 who are experiencing behavioral or emotional difficulties that are disruptive to their everyday life. This agency offers programs for juvenile offenders, social services for youth and their families, and a day center staffed by Fayette County Public schools to assist with educational needs. Case management is provided. Walk ins are accepted. A referral from a professional is NOT required. This agency has scattered locations, but the main office is on Cisco Road. Please call the main number to be connected with the appropriate program.

**Service:** Case Management, Community Mental Health Services, Crime Prevention, Ex-Offender Services, Family Court Resources

**Address:** 1306 Versailles Rd, Lexington, KY 40508

**Phone:** (859) 246-4300

**Lexington Rescue Mission, Outreach Center**

**Description:** MEALS: The outreach center serves a public lunch from 12 noon – 1 pm every Tuesday, Wednesday, Thursday and Saturday. Walk-in hours are Tuesday, Wednesday, and Thursday from 1-3pm. Services provided include finding employment, assist tenants in obtaining affordable housing, help people navigate government programs (such as K-Tap and Social Security), and make referrals to community resources, including God's Pantry. Free pastoral counseling services are available by appointment. Also offers support groups for people struggling with life issues, particularly depression, health problems or spiritual needs. The groups meet every Wednesday at 6 p.m.

**Service:** Adult Basic Education, Congregate Meals, Housing Counseling, Mutual Support Groups, Personal Financial Management Counseling, Public Employment and Training Programs

**Address:** 444 Glen Arvin Avenue, Lexington, KY 40508

**Phone:** (859) 381-9600

**LEGAL AID****Access to Justice Foundation**

**Description:** Access to Justice Foundation is a poverty law resource center dedicated to providing opportunity for quality civil legal assistance for low-income Kentuckians. Free telephone legal assistance for seniors and their caregivers through its Legal HelpLine for Older Kentuckians – 60 years and older. HelpLine number 1-800-200-3633

**Services:** Legal aid

**Address:** 535 West Second Street, Suite 230, Lexington, KY 40508

**Phone:** 859-255-9913

### **Children's Law Center, Inc.**

**Description:** The Children's Law Center, Inc. provides direct representation, community outreach and education, and policy reform in areas of child protection, education law, and juvenile justice on behalf of children in Kentucky. The Center is staffed with attorneys who are aided by law clerks and social work students. The center does not charge for legal representation.

**Service:** Advocacy, General Legal Aid, Protective Services

**Address:** 1555 Georgetown Rd, Lexington KY 40511

**Phone:** (859) 253-3353

### **Cowan Coalition Domestic Violence Legal Advocacy**

**Description:** Legal Advocates assist domestic violence victims seeking safety and legal protections for themselves and their dependent children through the court system. Assistance with obtaining protective orders and accompaniment in civil and criminal court hearings are also provided.

**Services:** Advocacy, Crime Victim Support, Mutual Support Groups

**Address:** 1364 Devonport Dr., Lexington, KY 40504

**Phone:** (859) 276-4457

### **Fayette County Attorney – Larry Roberts**

**Description:** The Fayette County Attorney's Office has 100 employees, including 23 attorneys. They handle criminal offenses - adult and juvenile, neglect and abuse of children, domestic violence, economic crime (returned checks), non-violent offenses, delinquent property taxes, and child support enforcement. Office hours Mon-Fri 8am-4:30pm.

**Services:** Legal

**Address:** 110 West Vine Street, Lexington, KY 40507

**Phone:** (859) 254-4941

**Website:** [www.fayettcountyattorney.com](http://www.fayettcountyattorney.com)

### **Legal Aid of the Bluegrass**

**Description:** Legal Aid of the Bluegrass provides civil legal assistance designed to alleviate the most brutal problems of the low-income people living in 33 northern and central Kentucky counties. These services are typically in the areas of government benefits, consumer, housing and family law. The service that the attorneys provide is a tool that helps people in emergency situations met their need for food, shelter, medical care, and freedom from financial or physical abuse.

**Services:** Legal

**Address:** 498 Georgetown Street, Lexington, KY 40508

**Phone:** (859) 233-4556

**Website:** [www.lablaw.org](http://www.lablaw.org)

### **Maxwell St. Legal Clinic**

**Description:** The Maxwell Street Legal Clinic is a non-profit, public interest organization. Offers affordable legal services including: citizenship, immigration issues, wage claims, and Medicaid enrollment. Translators are available.

**Services:** Low cost legal assistance

**Address:** 201 East. Maxwell, Lexington, KY 40508

**Phone:** (859) 233-3840

**Website:** <http://maxlegalaid.kyequaljustice.org/>

# **Education & Employment**

## ADULT BASIC EDUCATION

### **BCTC - Adult Education**

**Description:** BCTC Adult Education serves anyone 16 and older who is not currently enrolled in a secondary school. Provides services such as adult education classes, GED preparation, family literacy instruction, English as a second language classes, workforce education and reading instruction for eligible Kentuckians.

**Services:** Adult Basic Education, English as a Second Language, GED Instruction, Literacy Instruction

**Address:** 164 Opportunity Way Building B, Lexington, KY 40511

**Phone:** (859) 246-6611

### **Blue Grass Farm Charities**

**Description:** Blue Grass Farm Charities “Welcome to the Farm” is an ESL and horse farm and track terminology to facilitate better communication between management and co-workers. The classes take place weekly at our Enrichment Center, and also at several area horse farms. We encourage farm management to enroll their Spanish speaking students in these classes to give them proper introduction to horsemen terminology and basic English Skills.

“Farm Safety” classes are taught at several large horse farms, and will also be taught at our Enrichment Center. The classes’ focuses on safety around animals and the farm environment. Our classes also stress the dangers of alcohol and drug impairment and we provide treatment for anyone suffering with substance abuse and addiction. Our interest is not only in protecting the workers, but also the horses entrusted to their care.

“Lunch with the Chaplain” has become a much anticipated day for many workers. Our chaplain arrives at lunchtime in a designated area to spend time visiting with groups of men and women. It is at that time that concerns are shared; appointments are made for counseling; and needs are often brought to his attention.

**Services:** Farm Safety 101 Classes, Benevolence and crisis Management, Health, Housing and Utilities, Substance Abuse and Addictive Behavior, Hospital and Home Visits, Funeral and Bereavement, Outreach

**Address:** 340 Legion Drive # 20, Lexington, KY 40504  
**Phone:** (859) 219-0910 (English) 859-351-4426 (En Espanol)  
**Email:** [bgfarmscharities@yahoo.com](mailto:bgfarmscharities@yahoo.com)

### **Bluegrass Literacy**

**Description:** BLUEGRASS LITERACY offers free English classes, Adult Basic Education (ABE), and GED Instruction study aid in Fayette and adjacent counties. Bluegrass Literacy offers FREE English Instruction for English as a Second Language (non native English speakers) and their families and literacy support for Adult Basic Learners and Pre-GED level students wanting to pass the GED or improve their education, home, and work language skills for reading, writing, and speaking. One-on-one tutor support is provided as available to meet specific student needs. Foreign language instruction and conversation groups, camps, and literacy programs are also available.

**Service:** Adult Basic Education, English as a Second Language, Family Court Resources, GED Instruction, Literacy Instruction, Parent Education  
**Address:** 732 Faulkner Street, Lexington, KY 40505  
**Phone:** (859) 299-5982

### **Carnegie Center for Literacy and Learning**

**Description:** The Carnegie Center promotes literacy and lifelong learning. The Carnegie Center provides workshops on various topics such as writing, computers, foreign languages, and special interests as well as different discussion groups. Tutoring, writer mentoring, family learning activities and special events are also hosted by the Carnegie Center. Hours of operation: Mon-Thurs 9-7:30pm, Fri 9-5pm, Sat 10-2pm.

**Services:** Adult Basic Education, English as a Second Language, Literacy Instruction, Tutoring Services  
**Address:** 251 West Second Street, Lexington, KY 40507  
**Phone:** (859) 254-4175

### **Lasting Change**

**Description:** Lasting Change is through Catholic Charities of the Diocese of Lexington. Lasting change is a dynamic financial literacy program for adults who want to gain greater control over their finances by examining spending patterns and learning more about budgeting and banking. Each participant is paired with a mentor and attends a series of six two-hour workshops. Food and childcare are available. And participants have the opportunity to earn money to invest in a saving or checking account. The lasting Change program is held four times a year at various locations in and around Lexington.

**Service:** Financial Literacy Program  
**Address:** 1310 West Main St Lexington KY 40508 (Catholic Charities, Main Office)

**Phone:** (859) 253-1993

**Website:** [www.catholiccharitieslexington.org](http://www.catholiccharitieslexington.org)

### **Lexington Rescue Mission, Outreach Center**

**Description:** MEALS: The outreach center serves a public lunch from 12 noon – 1 pm every Tuesday, Wednesday, Thursday and Saturday. Walk-in hours are Tuesday, Wednesday, and Thursday from 1-3pm. Services provided include finding employment, assist tenants in obtaining affordable housing, help people navigate government programs (such as K-Tap and Social Security), and make referrals to community resources, including God’s Pantry. Free pastoral counseling services are available by appointment. Also offers support groups for people struggling with life issues, particularly depression, health problems or spiritual needs. The groups meet every Wednesday at 6 p.m.

**Service:** Adult Basic Education, Congregate Meals, Housing Counseling, Mutual Support Groups, Personal Financial Management Counseling, Public Employment and Training Programs

**Address:** 444 Glen Arvin Avenue, Lexington, KY 40508

**Phone:** (859) 381-9600

### **UK- Training Resource Center Successful Transitions**

**Description:** UK- Training Resource Center Successful Transitions Offers Student employment; Tutoring referrals; Training & preparation for job search; Job shadowing opportunities; Resource referrals: study guides; Financial assistance for postgraduate exams; Video learning library and life skills workshop. Participants must be a full-time UK student receiving KTAP.

**Service:** Job Readiness, General education help

**Address:** 1 Quality Street, Suite 700, Lexington, KY 40507

**Phone:** (859) 257-2035

**Website:** [www.uky.edu/SocialWork/trc/](http://www.uky.edu/SocialWork/trc/)

### **Urban League - Technology Center**

**Description:** The Technology Center is operated by Urban League and provides several technology opportunities. It is used for trainings as well as to provide access to computer software and the internet. Call 859-281-1195 to register for free computer classes.

**Service:** Computer training

**Address:** 148 DeWeese Street, Lexington, KY 40507

**Phone:** (859) 233-1561

## **EMPLOYMENT EDUCATION SERVICES**

### **BCTC - Adult Education**

**Description:** BCTC Adult Education serves anyone 16 and older who is not currently enrolled in

a secondary school. Provides services such as adult education classes, GED preparation, family literacy instruction, English as a second language classes, workforce education and reading instruction for eligible Kentuckians.

**Services:** Adult Basic Education, English as a Second Language, GED Instruction, Literacy Instruction

**Address:** 164 Opportunity Way Building B, Lexington, KY 40511

**Phone:** (859) 246-6611

### **CENTRAL Kentucky Job Center**

**Description:** Central Kentucky Job Center offers several programs to prepare you for the work force the programs they offer are Job readiness skills, Resume preparation, Specialized technical skills training, Career Resource Center, Job search and job referrals, Information on employers who will hire offenders; Skill assessment; Referrals to specialized programs such as Youth Services (ages 16-21) Vocational Rehabilitation, Veterans Program & Older Worker Program.

**Services:** Employment Education and Job Readiness Skills

**Address:** 1055 Industry Road, Lexington, KY 40505

**Phone:** (859) 425-2180

### **LFUCG - Cardinal Valley Center**

**Description:** The Cardinal Valley Center (CVC) is a unique neighborhood center where many cultures meet. In order to benefit the community it serves, the CVC provides social services and referrals in both English and Spanish. Like other empowerment centers in Lexington-Fayette County, the CVC works to bridge cultural gaps among neighbors and to empower people to live independently with the ultimate goal of creating a stronger, healthier community. The Cardinal Valley Center offers specialized bilingual services in English and Spanish in the following: adult financial referral services, individual, family, and domestic violence counseling, emergency food assistance, English as a Second Language (ESL) classes, legal advice, document translations, verbal interpretations, weekly job lists, a bi-monthly group for the women, and other programs.

**Services:** English as a Second Language, Family Court Resources, Family Support Centers/Outreach

**Address:** 1306 Versailles Road  
Suite 110, Lexington, KY 40504

**Phone:** (859) 246-4350

### **CTE**

**Description:** CTE Offers Practical life and Job Skill Training; Job placement; Guidance and Counseling services. No referrals are required. Tuition and other fees may apply.

**Services:** Employment Education and Job Readiness Skills

**Address:** 1165 Center Parkway, Suite 120, Lexington, KY 40517

**Phone:** (859) 272-5225

**Website:** [www.cte.edu](http://www.cte.edu)

### **Goodwill Workforce Development**

**Description:** Goodwill Workforce Development assists in finding employment and job training. Participants must be at least 16 years old, not a danger to themselves or others, have a vocational disadvantage, be able to care for personal needs, and willing to participate voluntarily. No referrals needed and no fee.

**Service:** Jobs and job training for individuals with disabilities

**Address:** 130 W. New Circle Road Suite 110, Lexington, KY 40505

**Phone:** (859) 231-8394

### **Jubilee Jobs of Lexington**

**Description:** Jubilee Jobs of Lexington is a Non-profit job placement agency that helps the under-employed find entry level jobs. Our applicants complete a 7-step program that is based on accountability. Provide skilled job preparation, placement, retention and career advancement to help disadvantaged jobseekers move beyond poverty toward self-sufficiency. No referrals are required and no fee.

**Service:** Employment Placement

**Address:** 1450 North Broadway, Lexington, KY 40505

**Phone:** (859) 977-0136

**Website:** [www.jubileejobsoflexington.org](http://www.jubileejobsoflexington.org)

### **Lexington Rescue Mission, Outreach Center**

**Description:** MEALS: The outreach center serves a public lunch from 12 noon – 1 pm every Tuesday, Wednesday, Thursday and Saturday. Walk-in hours are Tuesday, Wednesday, and Thursday from 1-3pm. Services provided include finding employment, assist tenants in obtaining affordable housing, help people navigate government programs (such as K-Tap and Social Security), and make referrals to community resources, including God's Pantry. Free pastoral counseling services are available by appointment. Also offers support groups for people struggling with life issues, particularly depression, health problems or spiritual needs. The groups meet every Wednesday at 6 p.m.

**Service:** Adult Basic Education, Congregate Meals, Housing Counseling, Mutual Support Groups, Personal Financial Management Counseling, Public Employment and Training Programs

**Address:** 444 Glen Arvin Avenue, Lexington, KY 40508

**Phone:** (859) 381-9600

### **Opportunity for Work and Learning Center (OWL)**

**Description:** Opportunity for Work and Learning Center (OWL) Offers assistance for individuals with a disability or other barrier to maintaining employment: Vocational evaluation; Life management classes; computer classes. Referrals from Department of Vocational Rehabilitation & Workers' Compensation

**Service:** Employment and Training Programs

**Address:** 650 Kennedy Road, Lexington, KY 40511

**Phone:** (859) 254-0576

**Website:** [www.owlinc.net](http://www.owlinc.net)

### **Pyramid Professional Resources**

**Description:** Pyramid Professional Resources offers Job Coaching; Job classes; Mental health and medical needs assessment; Substance abuse counseling; resource and treatment referrals; telephone usage; bus passes; clothing bank for the Homeless or Marginally housed. No referrals required. Hours Mon and Fri 8:30am-Noon, Wed 8:30am-11am.

**Service:** Employment and Training Programs, Substance Abuse, Mental health & Medical

**Address:** 166 Market Street, Lexington, KY 40507

**Phone:** (859) 252-0521

### **SEEC**

**Description:** SEEC provides comprehensive vocational evaluations, vocational assessments, and life-skills coaching for adolescents and adults with physical, learning, and emotional disabilities and people who are on welfare (a division of OWL). Referrals required by the Cabinet for Health and Family Services.

**Service:** Vocational Rehabilitation

**Address:** 650 Kennedy Road, Lexington, KY 40508

**Phone:** (859) 233-1900

### **Suit Yourself**

**Description:** Suite Yourself is through Catholic Charities of the Diocese of Lexington. Suite yourself is a career studio for those who would like some help to find employment. Community volunteers act as career counselors, guiding participants through a series of assessments, mock interviews and resume-building sessions designed to increase confidence and sharpen job-seeking skills. Upon successful program completion, participants are able to 'Shop' for a free business outfit and use the studios computer to apply for jobs.

**Service:** Job Readiness

**Phone:** (859) 253-1993

**Website:** [www.catholiccharitieslexington.org](http://www.catholiccharitieslexington.org)

### **One Parent One Scholar**

**Description:** Formerly known as Virginia Place provides services to single parents who are continuing their education post-high school. Services include housing, on-site daycare, social service referrals, and support services. Services are available to those who are 18 years of age or older, and are a single parent (if divorced must provide divorce decree). There must be at least one child who is daycare eligible and an application must be filled out. Hours Monday-Friday 8:00-5:00.

**Services:** Child Care, Transitional Housing

**Address:** 1156 Horsemans Lane, Lexington, KY 40504

**Phone:** (859) 252-4828

### **Vocational Rehabilitation**

**Description:** Vocational Rehabilitation offers Job assistance & training for individuals with a disability. MUST have a disability with substantial limitation in one or more areas ( mobility, work tolerance, job skills, self-care, self-directions, communication & interpersonal skills).

**Service:** Job Assistance and training

**Address:** 301 E. Main Street, Lexington, KY 40507

**Phone:** (859) 246-2185

## **FAIR EMPLOYMENT SERVICES**

### **Lexington-Fayette County Commission on Human Rights**

**Description:** The commission exists to protect individuals from discrimination because of race, color, religion, national origin, sex, age, disability, familial status and sexual orientation/gender identity in connection with employment, housing and public accommodations. In cases where such discrimination is suspected, The Lexington-Fayette Urban County Human Rights Commission shall serve as an investigative, consultative, educational, persuasive, and enforcement agency. The Commission meets the third Monday of each month at 5:30 p.m. in the 5th Floor Conference Room of the Urban County Government Center. Meetings are open to the public. Date, time and location are subject to change.

**Services:** Advocacy, Consumer Complaints, Fair Employment Practices

**Address:** 162 East Main Street, Suite 226, Lexington, KY 40507

**Phone:** (859) 252-4931

## **LITERACY INSTRUCTION**

### **LPL- Book Buddies Outreach Services**

**Description:** Book Buddies is a free service operated by the Lexington Public Library. This program is for permanently homebound adults. Trained library volunteers select and deliver library materials to those who are unable to visit the library facilities. In addition to standard and large-print format books, volunteers also deliver Books-On-Tape. Interested volunteers can contact the library for more information.

**Service:** Leisure Activities, Libraries, Literacy Instruction, Respite Care

**Address:** 140 East Main Street, Lexington, KY 40507

**Phone:** (859) 231-5592

### **Operation Read**

**Description:** The mission of Operation Read is to help adult learners improve their reading and writing skills and to provide English as a Second Language classes for non-native English speakers. They provide free one-on-one tutoring and/or small group classes. Operation Read was previously an independent non-profit agency which is now operated by Bluegrass Community Technical College.

**Services:** Adult Basic Education, English as a Second Language, Literacy Instruction

**Address:** 251 West Second Street, Lexington, KY 40507

**Phone:** (859) 254-9964 for Reading dial (859) 246-6111

### **Salvation Army of Central KY - Hispanic Services**

**Description:** The Salvation Army has ESL classes as well as classes that teach computer literacy to non-English speaking populations.

**Service:** English as a Second Language, Literacy Instruction

**Address:** 736 West Main Street, Lexington, KY 40508

**Phone:** (859) 252-7706



# Food

## CHRISTMAS BASKETS

### **Salvation Army of Central KY - Holiday Programs**

**Description:** Applicants must bring (1) photo ID of parent/guardian (2) Social security card for every adult household member, (3) proof of birth dates for children 17 years or younger; it must be an official document, such as a birth certificate. Medical cards will not be accepted (4) proof of monthly income and source of income, such as a paycheck stub, letter on company letter head, form letter from a state worker if receiving K-Tap or Food Stamps, award letter or printout from Social Security Administration, printout of child support payments, award letter from pension, or if no income, be prepared to show how bills are paid (5) proof of rent/mortgage and utilities, such as recent rent receipt, electric gas and water bill (6) sizes of children's clothing or toy preference for the Angel Tree. If living in someone else's house, the entire household must apply and bring documents for entire household.

**Service:** Christmas Baskets, Christmas Gifts, Thanksgiving Meals

**Address:** 736 Main Street, Lexington, KY 40508

**Phone:** (859) 252-7706

## CHRISTMAS GIFTS

### **Be a Santa to a Senior**

**Description:** Local merchants will place Christmas trees inside their stores throughout the season. An ornament will be placed on the tree with the first name and preference of gift for the senior. Gifts will be purchased and left in the store with the tag/ornament. Gifts include functional clothing like slippers, socks, or gloves. Also, hand lotion, toiletries, stationery, stamps, and pre-paid phone cards are the type of gifts requested. Applications and referrals will be accepted from social workers or agencies.

**Services:** Christmas Gifts, Donations

**Address:** 207 East Reynolds Road, Suite 150 Lexington, KY 40517

**Phone:** (859) 273-0085

### **Faith Community Christmas Store**

**Description:** Parents and grandparents can shop for free, good, used children's toys, books and games for children 16 years and younger. Gift wrapping and refreshments will be available. This event is held at Vineyard Community Church on Winchester Road. Volunteers hand out tickets with a shop time for later that day. Volunteers to act as Personal Shoppers, Inventory Helpers, and Food Servers are needed. Donations of gently used, pre-loved toys, books, games to share are needed. Toy containers will be placed in various locations in Lexington from November to December. All donations are tax deductible.

**Service:** Christmas Gifts, Donations

**Address:** Not available  
**Phone:** (859) 514-7210

**Lexington Firefighter's Toy Program**

**Description:** Eligibility: 1. Parents and children must live in Fayette County. Children must be 10 years or younger. 2. Must be the parent or legal guardian when applying. 3. Guardians must provide official documents of guardianship. 4. The applying parent/guardian must show picture ID and Social Security card. 5. Show proof that they are a resident of Fayette County with a current official document addressed to them, the applying parent/guardian Must show proof of children age with one of the following: Birth certificate & (Social Security card) or School document complete with children’s name(s), birth date, address, school name and must be signed by official school personnel. Donations can be dropped off at any Fire Department or 2051 Richmond Road.

**Services:** Christmas Gifts  
**Address:** 1604 Versailles Road, Lexington, KY 40505  
**Phone:** 859-243-0351

**CHRISTMAS MEALS**

**Catholic Action Center- Holiday Meals**

**Services:** Christmas Meals, Thanksgiving Meals  
**Address:** Holiday Meals, Lexington, KY 40509  
**Phone:** (859) 514-7210

**Lexington Rescue Mission - Holiday Meals**

**Description:** Lexington Rescue Mission provides meals for Thanksgiving and Christmas that are open to anyone. Thanksgiving Meal: Lexington Rescue Mission at Broadway Christian Church 187 N. Broadway. Christmas Meal: Lexington Rescue Mission at Broadway Christian Church 187 N. Broadway. These events take place in Fayette County but are open to anyone.

**Service:** Christmas Meals, Thanksgiving Meals  
**Address:** 444 Glen Arvin Avenue, Lexington, KY 40508  
**Phone:** (859) 381-9600

**COMMUNITY MEALS**

**Catholic Action Center**

**Description:** The Catholic Action Center is now open 24 hours a day for shelter. They do NOT have sleeping accommodations. Clients are offered a pillow and blanket, but beds are NOT available. Clients may sleep in the chairs. The Catholic Action Center is a house of hospitality that welcomes all who are in need. It is a faith based outreach of volunteers who strive to

provide all guests a welcoming place to receive their basic needs with dignity. The Catholic Action Center provides three meals a day, shower and restroom facilities, mail receipt, a telephone, clean clothing and a place to gather. The Catholic Action Center closes on Wednesdays from mid-May to mid-October.

**Services:** Congregate Meals, Donations, General Apparel, Homeless Drop-In Center

**Address:** 400 East 5th Street, Lexington, KY 40508

**Phone:** (859) 255-0301

### **East Seventh Street Center**

**Description:** The East Seventh Street Center offers after school child care, summer programs, and tutoring services for school aged children in the community. The Kid's cafe provides a free meal to all children 18 and under on weekdays. The Center is often a location for the Summer Lunch Program for children, as well. The services are free and open to all children of school age through age eighteen. Activities may include: tutoring, science classes, art classes, and field trips. Donations of art supplies, plastic ware, paper products, standard school supplies, and cleaning items are always needed and appreciated.

**Service:** Child Care, Child Development, Congregate Meals, Tutoring Services

**Address:** 240 East Seventh Street, Lexington, KY 40507

**Phone:** (859) 252-0294

### **Hope Center - Meals Program**

**Description:** Dinner at the Hope Center is open to anyone needing a free meal. Dinner is available from 5:00 p.m. to 6:00 p.m., 7 days a week.

**Services:** Congregate Meals

**Address:** 360 West Loudon Avenue, Lexington, KY 40508

**Phone:** (859) 252-7881

### **Just Lunch, First Presbyterian Church**

**Description:** First Presbyterian Church serves lunch on the last Saturday of each month at 11:30AM. This meal is open to everyone.

**Service:** Congregate Meals

**Address:** 171 Market Street, Lexington, KY 40507

**Phone:** (859) 252-1919

### **Kid's Cafe**

**Description:** Feed children 18 and under with food donated by God's Pantry. Center has evolved into a place where kids from the neighborhood can come use our computer lab, get homework help, have a free meal, take field trips and be in a safe place.

**Services:** Congregate Meals

**Address:** 240 East Seventh Street Lexington KY 40508

**Phone:** (859) 252-0294

### **Lexington Rescue Mission, Outreach Center**

**Description:** MEALS: The outreach center serves a public lunch from 12 noon – 1 pm every Tuesday, Wednesday, Thursday and Saturday. Walk-in hours are Tuesday, Wednesday, and Thursday from 1-3pm. Services provided include finding employment, assist tenants in obtaining affordable housing, help people navigate government programs (such as K-Tap and Social Security), and make referrals to community resources, including God’s Pantry. Free pastoral counseling services are available by appointment. Also offers support groups for people struggling with life issues, particularly depression, health problems or spiritual needs. The groups meet every Wednesday at 6 p.m.

**Service:** Adult Basic Education, Congregate Meals, Housing Counseling, Mutual Support Groups, Personal Financial Management Counseling, Public Employment and Training Programs

**Address:** 444 Glen Arvin Avenue, Lexington, KY 40508

**Phone:** (859) 381-9600

### **Lighthouse Ministries - Congregate Meals**

**Description:** The first response to the need of ministry is to feed hot meals to the hungry, poor, and needy of the local communities. This program provides a platform to share God’s love in word, deed, and truth as well as yielding a resource center through which potential individuals can be referred to the residential homes of The Lighthouse and/or to local churches that are equipped to help. The second response to the need of ministry Lighthouse is an outreach ministry serving a lunch each day, Monday through Saturday, to the homeless. Lunch is served at 12 noon each day EXCEPT Sunday. They serve an evening meal at 5 pm on the LAST Sunday of each month. They are an outreach ministry that provides food, clothing and referrals to those in need. They offer several programs, including support groups, ex-offender services, a transitional drug rehab program, and more. They serve anyone from anywhere that comes in for help or food.

**Services:** Congregate Meals

**Address:** 185 Elm Tree Lane, Lexington, KY 40507

**Phone:** (859) 259-3434

### **Maxwell Street Presbyterian Emergency Assistance**

**Description:** Maxwell Street Presbyterian Church emergency assistance program primarily assists with rent, utilities, and transportation but also helps purchase forms of identification, medication, auto parts, etc. Hours Tuesday and Wednesday 10:30-1:30pm.

**Services:** Rent/utility assistance, bus vouchers, clothing, personal hygiene, etc.  
**Address:** 180 East Maxwell Street, Lexington, KY 40508  
**Phone:** (859) 233-0723

### **Summer Meals Program, Fayette County**

**Description:** Summer lunch program for children under 19 years of age. Schedules for times and locations vary. Main distribution dates & locations are announced in late spring. Lunch is generally served from 11:00 a.m. to 1:00 p.m., Monday - Friday, but not on 4th July, and ends a week or two before school starts. This is a federally funded program administered by LFUCG and is at no charge to children under the age of 19. Call for more information or see list.

**Services:** Congregate Meals  
**Address:** LFUCG Division of Community Development  
 200 East Main Street, Lexington, KY 40507  
**Phone:** (859) 258-3070

## **FOOD PANTRIES**

### **Blue Grass Farm Charities**

**Description:** Blue Grass Farm Charities is an ESL and horse farm and track terminology to facilitate better communication between management and co-workers. This program was developed for us and is offered exclusively by BGFC. Most people come to us through a referral from a farm owner or manager. The chaplain or executive director will meet with the head of the household and perform a "Needs Assessment". Our immediate goal is to address basic human needs. "Lifeline" through our emergency food assistance program we provide 2 weeks for groceries. We also will issue a check for utilities or rent assistance directly to the business owed. We stock a pantry of non-perishable foods and some perishable items such as meat and bread. We also keep essential toiletries, Laundry and Household cleaning supplies available.

**Services:** Farm Safety 101 Classes, Benevolence and crisis Management, Health, Housing and Utilities, Substance Abuse and Addictive Behavior, Hospital and Home Visits, Funeral and Bereavement, Outreach  
**Address:** 340 Legion Drive # 20, Lexington, KY 40504  
**Phone:** (859) 219-0910 (English) 859-351-4426 (En Espanol)  
**Email:** [bgfarmscharities@yahoo.com](mailto:bgfarmscharities@yahoo.com)

### **Crystal Springs Apartment Ministry**

**Description:** The Crystal Springs Apartment Ministry is primarily for the residents in the Crystal Springs apartment complex and the surrounding area, but no one will be turned away. They offer a clothing bank, ESL classes, and food, along with Bible studies, Bible school, and camps.

**Services:** English as a Second Language, Food Pantries, General Apparel

**Address:** 1369 Alexandria Drive

Apt. #A7, Lexington, KY 40504

**Phone:** (859) 327-9905

### **God's Pantry Food Bank**

**Description:** The emergency Food Box Program offers a 5-7 day supply for those needing food. Recipients are eligible 3 times in 6 month period. For the initial referral, the I.D. and residence of all adults and names and birthdates of children under 18 must be verified. SPANISH-SPEAKING CLIENTS: The Cardinal Valley Center provides bilingual services and will assist Hispanics in obtaining a food basket. A social security number is not required, just a picture i.d. and valid address. The Pantry will provide undocumented citizens with an identification number. RAEFERRALS AND APPOINTMENTS ARE REQUIRED FOR FOOD BOX PICK-UPS. COMMODITIES: USDA Government surplus foods are available to individuals and families who qualify (based on income) once a month. No appointment or referral is needed to pick up commodities. Items vary.

**Service:** Food Pantries, Government Surplus Food Distribution Sites

**Address:** 1685 Jaggie Fox Way, Lexington, KY 40511

**Phone:** (859) 255-6592

### **Salvation Army of Central KY - Emergency Services**

**Description:** Fayette County residents applying for emergency food assistance must provide identification, a rent receipt, Social Security card, and verification of income. The Bread Bank provides free bread and baked goods five days a week as it is made available to us. Clothing, diapers, school supplies, and household items are also available as donations allow.

**Services:** Diapers, Food Pantries, General Apparel, Instructional Materials, Personal Grooming/Supplies

**Address:** 736 West Main Street, Lexington, KY 40508

**Phone:** (859) 252-7706

## **NUTRITION EDUCATION**

### **CAC - Community Food and Nutrition Education**

**Description:** The Nutrition Education Center provides a demonstration kitchen and food and nutrition programming. A food pantry is available at this site and the facility is open to outside groups.

**Services:** Nutrition Education

**Address:** 1169 Winburn Drive, Lexington, KY 40511

**Phone:** (859) 294-5249

### **Kidney Health Alliance of Kentucky**

**Description:** KHAKY provides emergency financial assistance, nutritional supplement program, medical alert, ID tags, prescription drug organizer, patient activities including retreats and camps, support groups for patients and caregivers and patient handbook and information resource. A referral is required by a social worker. The kidney mascot and other volunteers are also available to visit classrooms, community events, corporations, and civic organizations to educate listeners about kidneys, kidney health, and kidney disease. In the near future, screening for kidney disease will also be added to the program. The support group meets once a month, at the Kidney Foundation of Central Kentucky on Regency Road. Please call for day and time.

**Service:** Advocacy, Disease - Specific Screening/Diagnosis, Mutual Support Groups, Nutrition Education

**Address:** 1517 Nicholasville Road Suite 203, Lexington, KY 40503

**Phone:** (859) 277-8259

### **LFCHD - Nutrition Programs**

**Description:** The Health Department has a variety of nutrition programs available to the community. There is a nutrition information line where questions about nutrition are answered over the phone by registered dietitians. Registered dietitians can provide consultation and special programs for groups, organizations or schools.

**Services:** Nutrition Education

**Address:** 805 Newtown Circle, Lexington, KY 40508

**Phone:** (859) 288-2344

## **THANKSGIVING BASKETS**

### **Sharing Thanksgiving - God's Pantry**

**Description:** All Thanksgiving baskets contain basically the same ingredients. Meat will be turkey or chicken. Emergency food boxes filled during that week (no client will receive both) will contain the usual food box contents, not a Thanksgiving meal. A Thanksgiving basket will not count as a food box and will not be charged as one of the 3 times in 6 months services. Thanksgiving baskets must be picked up in person. No last minute requests for Thanksgiving baskets will be accepted. It is preferred that clients be referred directly by agencies. However, open registration for individuals will be available. Registration must be done by adult client in person or a representative with proper ID. Clients will not be assured of a basket when they apply. They will be notified by mail of basket availability in early November. Clients will be notified by mail of the date and time for pick-up. God's Pantry will act as the clearinghouse for any other Thanksgiving basket programs in the community. If you are aware of any other organization providing this service, please ask them to advise us of their client list in order to avoid duplication of service. Food donations are needed.

**Services:** Thanksgiving Baskets

**Address:** 1685 Jaggie Fox Way, Lexington, KY 40511

**Phone:** No Phone listed.

## THANKSGIVING MEALS

### **Lexington Rescue Mission - Holiday Meals**

**Description:** Lexington Rescue Mission provides meals for Thanksgiving and Christmas that are open to anyone. Thanksgiving Meal: Lexington Rescue Mission at Broadway Christian Church 187 N. Broadway Wednesday Eligibility: Anyone. These events take place in Fayette County but are open to anyone.

**Service:** Christmas Meals, Thanksgiving Meals

**Address:** 444 Glen Arvin Avenue, Lexington, KY 40508

**Phone:** (859) 381-9600

### **Salvation Army of Central KY-Holiday Programs**

**Services:** Christmas Baskets, Christmas Gifts, Thanksgiving Meals

**Address:** 736 Main Street, Lexington, KY 40508

**Phone:** (859) 252-7706

### **Thanksgiving Dinner, First Presbyterian Church**

**Description:** First Presbyterian Church offers a Thanksgiving meal the last Saturday of the month of November from 11:30AM-1:30PM.

**Service:** Thanksgiving Meals

**Address:** 171 Market Street, Lexington, KY 40507

**Phone:** (859) 252-1919

### **Thanksgiving Meal , Woodland Christian Church**

**Description:** Woodland Christian Church offers a Thanksgiving Dinner the day after Thanksgiving that is open to anyone. Transportation from the Hope Center, Hope Center for Women, Salvation Army, and Catholic Action Center is available. For more information, please call. Volunteers needed. [www.woodlandchristianchurch.com](http://www.woodlandchristianchurch.com)

**Services:** Thanksgiving Meals

**Address:** 530 East High Street, Lexington, KY 40504

**Phone:** (859) 266-3416

# Health

## AGING RESOURCES

### **Bluegrass AAA - Homecare**

**Description:** Homecare is a program offered through the Bluegrass Area Agency on Aging. They provide these services to seniors sixty and older: Home Management, Chores, Personal Care, Home Delivered Meals, Respite Care, Transportation, and Escort

**Services:** Case Management, Home Delivered Meals, Home Improvement/Accessibility, In-Home Assistance, Respite Care

**Address:** 699 Perimeter Drive, Lexington, KY 40517

**Phone:** (859) 269-8021

### **Be a Santa to a Senior**

**Description:** Local merchants will place Christmas trees inside their stores throughout the season. An ornament will be placed on the tree with the first name and preference of gift for the senior. Gifts will be purchased and left in the store with the tag/ornament. Gifts include functional clothing like slippers, socks, or gloves. Also, hand lotion, toiletries, stationery, stamps, and pre-paid phone cards are the type of gifts requested. Applications and referrals will be accepted from social workers or agencies. Trees set up November 12th through December 10th, 2008. Wrapping party December 12th from 10 a.m. until 3 p.m. at 169 E. Reynolds Rd. Gifts distributed December 15, 2008. Locations of trees-- Bullock Chiropractic 152 W. Zandale Dr. Suite 101 Members Heritage Federal Credit 440 Park Place Leukemia/Lymphoma Society 836 Euclid Avenue #303 Home Instead Senior Care 169 E. Reynolds Rd. Suite 101

**Services:** Christmas Gifts, Donations

**Address:** 207 East Reynolds Road, Suite 150, Lexington, KY 40517

**Phone:** (859) 273-0085

### **Bluegrass AAA - Family Caregiver Support Program**

**Description:** The Family Caregiver Support Program provides information, referral, training, support groups, temporary respite services, and some supplemental services to caregivers. This program serves family caregivers of any age who provide care to people over 60 years of age, as well as grandparents and older relative caregivers, over 60 years of age, who provide primary care to children through 18 years of age. There are no income restrictions, nor is there any asset testing to be eligible for program services. The goal of the Family Caregiver Support Program is to help relieve the pressures & stress of caring for a loved one.

**Services:** Caregiver Subsidies, Information and Referral, Mutual Support Groups, Respite Care

**Address:** 699 Perimeter Drive, Lexington, KY 40517

**Phone:** (859) 269-8021

### **Faith In Action Elder Outreach**

**Description:** They connect volunteers with people age 65 or older to help them remain in their homes by providing non-medical, non-hands-on care such as running errands, shopping, light housekeeping, transportation to medical appointments, reassurance calls, and friendly visits. The older adult usually matched with one volunteer. The volunteer would on average donate 2-3 hours per week.

**Service:** In-Home Assistance, Local Transportation, Medical Transportation

**Address:** 1530 Nicholasville Road, Lexington, KY 40503

**Phone:** (859) 252-1365

### **ITN Bluegrass - Independent Transportation Network**

**Description:** Independent Transportation Network of the Bluegrass offers rides to seniors 60 and older and to the visually impaired. It is a membership program and the price for each ride will vary. Membership fees are \$50 per year, but scholarships are available to low income clients who qualify. Rides are provided "door through door". This agency uses a combination of paid and volunteer drivers in regular cars. Vehicles are NOT equipped with lifts. They provide "door through door " service 24 hours a day - 7 days a week. Please call for an application and more information. Donations of cars and volunteer drivers are also needed. AUTO DONATION PROGRAM: Automobiles, boats and RV's can be donated to this program in exchange for credits for rides. These items are sold at auction and a credit is given to the donor's account, or can be transferred to someone else's account. For details, please call the ITN Bluegrass office.

**Services:** Disabled Transportation, Donations, Local Transportation

**Address:** 1206 North Limestone, Lexington, KY 40505

**Phone:** 859-252-8665

### **LFUCG - Senior Citizens Center**

**Description:** The multi-purpose senior center provides recreational programs and social services for Fayette County residents 60 and older and persons married to someone 60 or older. The Senior Center has some emergency funding for seniors needing assistance with medications, hearing aids dentures, medical supplies or dietary supplements. A referral by a social worker/professional is required. There is a limit on number of times this fund can be accessed as well as eligibility requirements. A hot noon meal is served five days per week. The Senior Center also helps with health care, housing, and advanced care planning. Transportation is available and other services (Center for Creative Living, Meals on Wheels, RSVP, etc) are also housed in the Senior Center

**Services:** Assistive Technology Equipment, Case Management, Disability Related Counseling, Leisure Activities, Prescription Expense Assistance, Senior Centers

**Address:** 1530 Nicholasville Road, Lexington, KY 40503

**Phone:** (859) 278-6072

### **Nursing Home Ombudsman Agency of the Bluegrass**

**Description:** The Ombudsman Agency serves approximately 5000 nursing home and family care home residents and their families in a 17 county area around Lexington. The mission of The Nursing Home Ombudsman Agency of the Bluegrass is to improve the quality of care for residents of long term care facilities, including nursing homes, family care homes and personal care homes. Its primary objectives are: protect the rights of nursing home residents; identify, investigate and work to resolve residents' concerns; empower residents to make informed choices; monitor and work to enact laws protecting older Kentuckians and be a regular friendly visitor to residents. The Agency is a source of information about nursing homes and a variety of aging related issues. This is a nonprofit organization that relies on donations, grants and fund raising events. All advocacy services are provided free of charge to those who need them.

**Address:** Senior Citizens Center, 1530 Nicholasville Rd. Lexington KY 40503

**Phone:** (859)277-9215, (859) 278-6072 or (toll free) 1-877-787-0077

### **Retired Senior Volunteer Program-United Way**

**Description:** The RSVP program is over thirty years old and has partnered with 100 different non-profit agencies to meet communities' critical needs. It offers opportunities for persons 60 years of age and older to be involved in community affairs through volunteer services, such as: tutoring, building houses, parenting, neighborhood watch programs, community gardens, and assisting in relief services after natural disasters.

**Services:** Community volunteer opportunities

**Address:** 710 W High Street Lexington, KY 40576

**Phone:** 859- 233-4600

## **AIDS RESOURCES**

### **AVOL or AIDS Volunteers, Inc.**

AVOL is committed to providing education, outreach and advocacy about HIV and AIDS in Central and Eastern Kentucky in order to: Prevent the spread of HIV/AIDS, inspire a compassionate response for those who face the challenges of HIV/AIDS and meet the needs of those who are infected and affected by HIV/AIDS. AVOL provides free AIDS testing.

**Address:** 225 Walton Avenue, Suite 110, Lexington KY 40502

**Phone:** 859-225-3000

### **Bluegrass Care Clinic**

**Description:** Treats AIDS clients for Central and Eastern KY. Confidential services, no income restrictions, free clinic parking, reduced rates. Must call to schedule an appointment.

**Services:** Medical care

**Address:** 740 S. Limestone, Lexington KY

**Phone:** 859-323-5544

### **Movable Feast Lexington, Inc**

Delivers free meals 5 days a week to AIDS infected persons and Hospice patients. Offers nutritional counseling and modified menus.

**Address:** 474 Silver Maple Way, Lexington KY

**Phone:** (859) 252-2867

**Email:** [www.feastlex.org](http://www.feastlex.org)

## **COMMUNITY CLINICS**

### **Baby Health Services**

**Description:** This is a program for children from birth to age 17 (up to their 18th birthday). Baby Health Services offers health care for well and sick visits. This is for children who do not have insurance and do not qualify for a medical card. Scheduling for well child checkups are Monday and Friday from 7:30am – 1pm or Tuesday through Thursday 7:30am- Noon. No appointment is necessary for sick children checkups; however the child should be brought at 7:30am. There is no cost to the patient, including free medicine, sick visits, well child checkups for school or day care, immunizations, x-ray and lab test.

**Services:** Community Clinics, General Physical Examinations, Mother and Infant Care

**Address:** 1590 Harrodsburg Road, Lexington, KY 40504

**Phone:** (859) 278-1781

### **Bluegrass Community Health Center**

**Description:** BCHC is a federally funded health center. Health Care Services include sick visits for adults and children, well child visits, school physicals, immunizations, family planning, disease maintenance (diabetes, hypertension, etc) and pharmacy assistance, among other services. Bilingual (Spanish/English), culturally competent programming in health education, case management (including referrals to specialty providers), and community outreach (including field health screenings for diabetes, hypertension, and HIV) are also provided. Therapists who speak English and Spanish are also available. They accept Medicaid and KCHIP. An additional office is also open on 151 North Eagle Creek, Suite #220, Lexington, KY 40509.

**Service:** Community Clinics, Community Mental Health Services, Disease - Specific Screening/Diagnosis, Family Court Resources, Family Planning, General Health Education Programs, General Physical Examinations

**Address:** 1306 Versailles Road, Suite 120, Lexington, KY 40504

**Phone:** (859) 259-2635

### **Blue Grass Farm Charities**

**Description:** Blue Grass Farm Charities is an ESL and horse farm and track terminology to facilitate better communication between management and co-workers. This program was developed for us and is offered exclusively by BGFC. Appointments for acute or chronic illnesses are made with primary care physicians with whom BGFC pays a discount rate if the worker is unable to pay. Should we deem that an individual has long-term needs, we will work with the family or individual to make a budget; assist with referral for government assistance, if applicable; find low income housing; or long-term Medical care. "Hospital and Home Visits" farm owners, managers or family may call upon the chaplain at any time to visit a worker or family member who has been hospitalized or is ill at home. Also our chaplain visits approximately 20 farms and equine businesses per week to talk with owners, managers and workers. The chaplain take sick or injured worker to the doctor; visit workers and families who are homebound or hospitalized; conducts funerals and provides confidential counseling and bereavement.

**Services:** Farm Safety 101 Classes, Benevolence and crisis Management, Health, Housing and Utilities, Substance Abuse and Addictive Behavior, Hospital and Home Visits, Funeral and Bereavement, Outreach

**Address:** 340 Legion Drive # 20, Lexington, KY 40504

**Phone:** (859) 219-0910 (English) 859-351-4426 (En Espanol)

**Email:** [bgfarmscharities@yahoo.com](mailto:bgfarmscharities@yahoo.com)

### **Bluegrass Primary Care-Paragon Family Practice**

**Description:** Bluegrass Primary Care is a program of Paragon Family Practice which provides medical services in the Bluegrass Area. Services are available to those needing to see a primary care provider. Fees are based on income. Contact Bluegrass Primary Care before scheduling an appointment to work out a billing fee and payment schedule. They do accept Medicaid, Medicare and private insurance, as well. They have offices in several counties, including a clinic on Alexandria which is a multi-lingual office working with refugee families. Office Locations: Lexington, Nicholasville. Georgetown and Versailles, KY.

**Services:** Community Clinics, General Physical Examinations

**Address:** 135 East Maxwell Street, Suite 200, Lexington, KY 40508

**Phone:** 859-422-4363

### **Cowan Coalition- Sister to Sister Outreach**

**Description:** The Sister to Sister program educates women age 40 and above about the importance of regular breast and cervical cancer screenings by providing free mammograms and pap smears. Mobile mammography machines will visit counties twice a year. This program is a partnership between the Cowan Coalition and the LFCUG Health Department.

**Service:** Community Clinics, Disease - Specific Screening/Diagnosis

**Address:** 1364 Devonport Dr., Lexington, KY 40504

**Phone:** (859) 276-4457

### **Fayette Refuge Medical Clinic**

**Description:** The clinic provides primary medical and dental care for its patients and is equipped with a licensed pharmacy. Clinic patients must: be a resident of Fayette County living in the first district, be uninsured, and meet federal poverty guidelines. Office hours Mon-Fri 8:30am-4:30pm, clinic hours vary based on provider availability.

**Services:** Community Clinics, Dental Care, General Physical Examinations

**Address:** 525 Corral Street, Lexington, KY 40508

**Phone:** (859) 225-4325

### **Hope Center - Hope Mobile Outreach**

**Description:** Monday- Calvary Baptist Church, 150 E. High Street (corner of High & Limestone); Tuesday- Woodland Christian Church, 530 E. High Street; Wednesday- Maxwell Street Presbyterian, 180 E. Maxwell Street; Thursday- Broadway Christian Church, 187 N. Broadway; Friday-1st, 3rd, & 5th- Second Presbyterian Church, 460 East Main Street; Friday- 2nd & 4th- Shiloh Baptist Church, 237 E. Fifth Street

**Service:** Community Clinics, General Physical Examinations

**Address:** 360 Loudon Avenue, Lexington, KY 40508

**Phone:** Not available

### **Lexington VAMC Cooper Division**

**Description:** Acute medical, neurological, surgical and psychiatric inpatient services are provided at the Cooper Division, located adjacent to the University of Kentucky Medical Center. Other available services include: emergency care, medical-surgical units, acute psychiatry, ICU, progressive care unit, (includes Cardiac Cath Lab) ambulatory surgery, OR/PACU, hemodialysis, medicine specialty clinics, surgery specialty clinics, and outpatient primary and specialty care.

**Services:** Community Clinics, Community Mental Health Services, Disease - Specific Screening/Diagnosis, Surgery

**Address:** 1101 Veterans Drive, Lexington, KY 40502

**Phone:** (859) 281-4900 or (859) 233-4511

### **LFCHD – Health First Bluegrass Inc**

**Description:** Health care is provided by HealthFirst Bluegrass, Inc. directly and through subcontracts at the Hope Center. The clinic is open Monday through Friday, and the staff includes a nurse practitioner, staff assistant and social worker. Services include diagnosis and

treatment of medical conditions, lab tests, x-rays, basic medications, and referrals for services not provided on site. Outreach services by the mobile van provide health education and wellness education.

**Service:** Community Clinics

**Address:** 650 Newtown Pike, Lexington, KY 40508

**Phone:** (859) 288-2334

### **LFCHD - Pregnancy Care Services**

**Description:** This Lexington-Fayette County Health Department program serves Medicaid and non Medicaid eligible women at or below 185% of the poverty level. Nursing services include information regarding prenatal and postpartum care, smoking cessation, nutrition, baby care, breast-feeding, childbirth, sibling adjustment and childbirth preparation. Pregnancy tests are offered by appointment in the Public Health Clinic.

**Services:** Community Clinics, Mother and Infant Care

**Address:** 650 Newtown Pike, Lexington, KY 40508

**Phone:** (859) 288-2483

### **LFCHD - Primary Care Health Clinic**

**Description:** Clients of the Lexington-Fayette County Health Department can receive adult and pediatric medical services, out-patient gynecology services, adult and limited pediatric dental services, lab and x-ray services, and pharmacy services. physicians, nurse practitioners, dentists, dental hygienists, nurses, pharmacists and other providers staff the clinic. Priority is given to established patients, patients at the Hope Center and school-based centers, patients assigned by the state Medicaid Department and patients insured by Medicare.

**Service:** Community Clinics, General Physical Examinations, Prescription Expense Assistance

**Address:** 650 Newtown Pike, Lexington, KY 40508

**Phone:** (859) 288-2408

### **LFCHD - Public Health Northside Clinic**

**Description:** Clients can receive services including family planning, breast and cervical cancer screening, maternity, TB, STD and immunizations. Open to anyone. Medicaid, Medicare and private insurance accepted. This clinic is operated by the Lexington-Fayette County Health Department.

**Services:** Community Clinics, Disease - Specific Screening/Diagnosis, Family Planning, General Physical Examinations

**Address:** 650 Newtown Pike, Lexington, KY 40508

**Phone:** (859) 288-2483

**LFCHD - Sexually Transmitted Disease Clinic**

**Description:** This office offers confidential health services regarding sexually transmitted diseases. This program provides diagnosis, treatment, follow-up care and services for a variety of sexually transmitted diseases. Anonymous and confidential testing is available. The staff is trained to counsel each individual and to maintain confidentiality. This clinic is operated by the Lexington-Fayette County Health Department. The Targeted Prevention Program offers HIV and STD testing and counseling. HIV and STD results can also be picked up at that location.

**Service:** Community Clinics, Disease - Specific Screening/Diagnosis

**Address:** 805 Newtown Circle, Lexington, KY 40508

**Phone:** (859) 288-2437

**Mission Lexington Medical Clinic**

**Description:** The Mission Lexington Medical Clinic is a free clinic serving uninsured working adults in Fayette County, Kentucky who earn no more than 185% of the federal poverty level. Individuals who also receive unemployment compensation or who are full-time students might also be eligible for services. We are staffed with all volunteer physicians, nurse practitioners, physician assistants, nurses, nursing assistants, and pharmacists.

**Services:** Community Clinics, General Physical Examinations

**Address:** 230 South Martin Luther King Blvd., Lexington, KY 40508

**Phone:** (859) 272-0219

**Nathaniel Mission - Health Clinic**

**Description:** The Nathaniel Mission Free Clinic serves all Fayette County Kentucky residents who are 18 years or older, have NO form of medical or dental insurance, and who meet federal poverty guidelines. We provide primary medical care for patients including examinations, EKG, lab work, and procedures; reduced or free prescription medications; dental care including extractions, fillings, cleanings, and simple root canals with temporary crowns; eye clinic; gynecology care; diabetic support group; podiatry clinic.

**Service:** Community Clinics

**Address:** PO Box 31, Lexington, KY 40588

**Phone:** (859) 255-0062

**Salvation Army of Central KY - Medical Clinic**

**Description:** This service is provided in cooperation with volunteer physicians, nurses and students from the U.K Medical Center, working mainly with the homeless population. The clinic provides basic care in cooperation with other health care facilities. Hours: Tuesdays and Thursdays 5:30-9:00pm. Patients are seen on a first-come, first-serve basis.

**Service:** Community Clinics, General Physical Examinations

**Address:** 736 West Main Street, Lexington, KY 40508

**Phone:** (859) 488-1223

## DENTAL CARE

### **BCTCS - Dental Hygiene Clinic**

**Description:** The BCTCS Dental Hygiene program offers dental cleanings by 1st year and 2nd year students at a reduced cost. Appointments include: dental cleaning, oral exam and x-rays. They only provide these services. If patients need further dental care, they are referred to UK Dental Clinic or to other dentists. The cost for UK and BCTCS students, faculty, staff will be \$25 for appointments with second year students and \$10 with first year students. Appointments for the general public will be at a cost of \$35 with a second year student and only \$10 with a first year student. Appointments are required.

**Services:** Dental Care

**Address:** 470 Cooper Drive, Room 250 Oswald Building, Lexington, KY 40506

**Phone:** (859) 246-6854

### **Fayette Refuge Medical Clinic**

**Description:** The clinic provides primary medical and dental care for its patients and is equipped with a licensed pharmacy. Clinic patients must: be a resident of Fayette County living in the first district, be uninsured, and meet federal poverty guidelines.

**Services:** Community Clinics, Dental Care, General Physical Examinations

**Address:** 525 Corral Street, Lexington, KY 40508

**Phone:** (859) 225-4325

### **Mission Lexington Dental Clinic**

**Description:** The Mission Lexington Dental Clinic is a free clinic serving uninsured adults in Fayette County, Kentucky whose earnings place them at or below the federal poverty level. We provide exams, radiographs, restorative work, extractions, dentures (for a fee), partials, root canals, emergency dental care, and medications such as antibiotics when needed.

**Services:** Dental Care

**Address:** 230 South Martin Luther King Blvd., Lexington, KY 40508

**Phone:** (859) 519-8157

### **Nathaniel Mission - Health Clinic**

**Description:** The Nathaniel Mission Free Clinic serves all Fayette County Kentucky residents who are 18 years or older, have NO form of medical or dental insurance, and who meet federal poverty guidelines. We provide primary medical care for patients including examinations, EKG, lab work, and procedures; reduced or free prescription medications; dental care including extractions, fillings, cleanings, and simple root canals with temporary crowns; eye clinic; gynecology care; diabetic support group; podiatry clinic.

**Service:** Community Clinics

**Address:** PO Box 31, Lexington, KY 40588

**Phone:** (859) 255-0062

## EYE CARE

### **KY Vision Project**

**Description:** Local offices of the Salvation Army, Community Action Centers and Kentucky Home Place screen each application using the federal poverty guidelines. Approved applicants are assigned to participating doctors in the county where they live. If there is no participating doctor in their county, they are requested to list two alternative counties where they can travel. Participating doctors donate examinations to determine eye health as well as the need for glasses. If the doctor determines glasses are required, a \$25 donation is requested for each family member receiving glasses.

**Services:** Eye Care, eye glasses

**Address:** 514 Capitol Avenue, Frankfort, KY 40602

**Phone:** (502) 875-3516

### **Nathaniel Mission - Health Clinic**

**Description:** The Nathaniel Mission Free Clinic serves all Fayette County Kentucky residents who are 18 years or older, have NO form of medical or dental insurance, and who meet federal poverty guidelines. We provide primary medical care for patients including examinations, EKG, lab work, and procedures; reduced or free prescription medications; dental care including extractions, fillings, cleanings, and simple root canals with temporary crowns; eye clinic; gynecology care; diabetic support group; podiatry clinic.

**Service:** Community Clinic, eye care

**Address:** PO Box 31, Lexington, KY 40588

**Phone:** (859) 255-0062

### **Prevent Blindness**

**Description:** Prevent Blindness provides eye care and eyeglasses to children and adults who qualify to low income families in KY. There is no fee.

**Services:** Eye Care, eye glasses

**Address:** Kentucky Healthy Eyes Program

1300 Equity Place, Suite 100, Louisville, KY 40223

**Phone:** 1 (800) 828-1179 or (859) 254-4973

## INSURANCE

### **Kentucky Children’s Health Insurance Program (KCHIP)**

**Description:** The Kentucky Children's Health Insurance Program (KCHIP) is free or low-cost health insurance for children. KCHIP is for children younger than 19 who do not have health insurance and whose family income is less than 200 percent of the federal poverty level. For example, a family of four can earn up to \$47,100 a year and qualify for KCHIP.

**Services:** Health insurance

**Phone:** (877) 524-4718 or (877)524-4719 for hard of hearing individuals or (800)662-5397 for Spanish language services

**Website:** [www.kidshealth.ky.gov/en/](http://www.kidshealth.ky.gov/en/)

### **Medicaid**

**Description:** Medicaid is the United States health benefit program that helps provide for individuals and families with low incomes and limited financial resources. It’s essentially an entitlement program where the costs are shared by the states and the federal government, and the local Medicaid programs are managed by the states.

**Services:** Covering health care, dental, and prescription drug costs

**Addresses & Phone Numbers:** 2050 Creative Drive, Lexington, KY 40505 (859) 246-2070  
Edgewood Plaza, Nicholasville, KY 40356 (859) 885-3361  
1150 Crossfield Drive, Versailles, KY 40383 (859) 873-3191

**Website:** [www.medicaidinformation.info/](http://www.medicaidinformation.info/)

## MEDICAL BILL PAYMENT ASSISTANCE

### **American Cancer Society - Lexington Fayette County**

**Description:** The American Cancer Society is the nationwide community-based voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives from cancer through research, education and service. Various programs/services are available for cancer patients: “Relay for Life”, “Cancer Survivors Network”--links cancer patients with cancer survivors, "Reach to Recovery" for breast cancer patients in the hospital, "Road to Recovery" for medical transportation to and from medical appointments, "Man to Man" for support of men with prostate cancer, "Look Good, Feel Better" for women who are undergoing cancer treatment, free wigs and bras, assistance with medication payment for low income patients (with Partnership for Prescription Assistance) and cancer education.

**Services:** Disease - Specific Screening/Diagnosis, Information and Referral, Medical Bill Payment Assistance, Medical Transportation, Mutual Support Groups, Prescription Expense Assistance, Undesignated Temporary Financial Assistance

**Address:** 1504 College Way, Lexington, KY 40502  
**Phone:** (859) 260-8350

### **Maxwell Street Legal Clinic**

**Description:** The Maxwell Street Legal Clinic is a non-profit, public interest organization. Offers affordable legal services including: citizenship, immigration issues, wage claims, and Medicaid enrollment. Translators are available.

**Services:** Low cost legal assistance  
**Address:** 201 East. Maxwell, Lexington, KY 40508  
**Phone:** (859) 233-3840  
**Website:** <http://maxlegalaid.kyequaljustice.org/>

## **MENTAL HEALTH**

### **Advanced Solutions Counseling of Central Kentucky**

**Description:** Advanced Solutions Counseling of Central Kentucky offers assessments for mental health, parenting, anger management, drug and alcohol, domestic violence (male perpetrators only). They also offer groups for domestic violence (male perpetrators only), intermediate parenting, strategic aggression management, and cognitive behavioral causation. No referrals required. Financial qualifications must be met. Single assessment fee \$60, two or more assessments fee \$75, single group fee \$20, multiple groups fee \$15 per class.

**Address:** 1018 E. New Circle Road Suite 204, Lexington, KY 40505  
**Phone:** (859) 258-2119

### **Baptist Health Lexington's Perinatal Bereavement**

**Description:** A parent support group for families who have experienced the loss of a baby through miscarriage, ectopic pregnancy, stillbirth or newborn death. The group is open to anyone who has experienced a loss regardless of how long ago the loss occurred or if the individual was a patient at Baptist Health Lexington. Parents may choose to talk or just listen. No one is asked to share if he or she does not feel comfortable doing so. A speaker is scheduled for each meeting to offer a brief presentation on a topic of interest to the parents. A perinatal bereavement support person facilitates each meeting. The Perinatal Bereavement Parent Support Group meets at 7 p.m. the first Tuesday of each month at Hospice of the Bluegrass (Maurice Kaufmann Hospice Center). Meetings are held in the Bluegrass Center for Grief Education and Counseling Building, Keeneland Room (in the basement).

**Address:** 2312 Alexandria Drive, Lexington KY  
**Phone:** (859) 260-6904

### **Bluegrass Community Health Center**

**Description:** BCHC is a federally funded health center. Offer individual and family counseling for children, teens, adults, couples, and families. Therapists are available for English and Spanish services. No referral required. Call for information about fees and insurance.

**Address:** 1306 Versailles Road, Suite 120, Lexington, KY 40504

**Phone:** (859) 259-2635

### **Blue Grass Farm Charities**

**Description:** Blue Grass Farm Charities is an ESL and horse farm and track terminology to facilitate better communication between management and co-workers. This program was developed for us and is offered exclusively by BGFC. The classes take place weekly at our Enrichment Center, and also at several area horse farms. **“Lunch with the Chaplain”** has become a much anticipated day for many workers. Our chaplain arrives at lunchtime in a designated area to spend time visiting with groups of men and women. It is at that time that concerns are shared; appointments are made for counseling; and needs are often brought to his attention. He shares a bible study; and they fellowship and make plans for recreational get-togethers outside work.

**Services:** Farm Safety 101 Classes, Benevolence and crisis Management, Health, Housing and Utilities, Substance Abuse and Addictive Behavior, Hospital and Home Visits, Funeral and Bereavement, Outreach

**Address:** 340 Legion Drive # 20, Lexington, KY 40504

**Phone:** (859) 219-0910 (English) 859-351-4426 (En Espanol)

**Email:** [bgfarmscharities@yahoo.com](mailto:bgfarmscharities@yahoo.com)

### **BRMH/MR - Bluegrass Impact - East**

**Description:** The Bluegrass Impact - East office provides intensive case management and support services for severely emotionally disturbed (SED) children ages 4-18 and their parents/guardians. Referral is required from mental health provider or school. Fees are on a sliding scale. Medicaid is accepted.

**Services:** Case Management, Community Mental Health Services, Family Court Resources

**Address:** 1351 Newtown Pike Building 5, Lexington, KY 40511

**Phone:** (859) 254-3106

### **BRMH/MR - PRIDE Program**

**Description:** The Pride Program provides outpatient services for substance abuse treatment. They offer special groups for pregnant and postpartum women struggling with substance abuse. Medicaid and Medicare are accepted.

**Services:** Community Mental Health Services, Substance Abuse

**Address:** 201 Mechanic Street Lexington, KY 40507

**Phone:** (859) 425-1210

### **Building Solutions**

**Description:** Building Solutions is Faith Based program which offers Parenting Education, Marriage counseling and women issues to find out more information please visit their website at [www.seelbachs.com](http://www.seelbachs.com) or call for more information. (Medicaid card is not accepted at this time) For more information on insurances accepted please contact Mary Seelbach.

**Services:** Parent Education; Marriage Counseling; Women Issues

**Address:** 1517 Nicholasville Rd, Suite 302, Lexington, KY 40509

**Phone:** (859) 351-5166

**Email:** hendys@prodigy.net

### **Catholic Charities - Counseling Program**

**Description:** Catholic Charities of the Diocese of Lexington counseling program is open to people of all faiths and beliefs. Counselors provide therapy sessions for individual adults, couples, adolescents, and families to address a variety of needs. Fees for services are based on a sliding scale that considers household income as well as family size. In addition, some insurance carriers are accepted. Counselors are also available to provide group therapy or educational workshops on a contract basis. Evening appointments are available.

**Services:** Community Mental Health Services

**Address:** 1310 West Main Street, Lexington, KY 40508

**Phone:** (859) 253-1993

### **Child & Adolescent Trauma Treatment Institute (CATTI)**

**Description:** Child & Adolescent Trauma Treatment Institute (CATTI) Offers Programs for the youth include Parent-child interaction therapy (PCIT) ages 2-12, Trauma-focused Cognitive Behavior Therapy ages 3-17, Child-Parent Psychotherapy and Child and Family Traumatic Stress Intervention. There is no fee, funded by the National Child Traumatic Stress Network. Referral can be self made or through a provider. Referral form is located on the website.

**Services:** Community Mental Health Services for youths

**Address:** 3470 Blazer Pkwy Suite 100 Lexington, KY 40509

**Phone:** (859) 543- 0078

**Website:** <https://www.uky.edu/CTAC/CATTI>

### **Child & Family Wellness Center (Comprehensive Care)**

**Description:** Child & Family Wellness Center (Comprehensive Care) offer outpatient counseling services to children 17 years old or younger and their families and outpatient adolescent

substance abuse counseling. No Referrals are required. Offer a sliding scale and accept Medicaid and Private Insurances.

**Services:** Community Mental Health Services for youths and their families

**Address:** 1351 Newtown Pike, Building 5, Lexington, KY 40511

**Phone:** (859) 233- 0444

**Website:** [www.bluegrass.org](http://www.bluegrass.org)

### **CWCF - Counseling Program**

**Description:** General counseling and survivor counseling for women, children, and families. Clients are provided twelve free sessions to work through such issues as depression, marital issues, family problems or adjustment to life changes.

**Service:** Community Mental Health Services, Crime Victim Support, Family Court Resources

**Address:** 530 North Limestone Street, Lexington, KY 40508

**Phone:** (859) 259-1974

### **Family Counseling Services, Inc.**

**Description:** Family Counseling Services, Inc. provides individual, couple, family and group therapy. Ongoing groups include chemical dependency recovery, anger management, women's empowerment, and parenting classes. Call for fees and insurances accepted.

**Service:** Community Mental Health Services, Family Court Resources

**Address:** 2432 Regency Rd #120 Lexington, KY 40503

**Phone:** (859) 233-0033

**Website:** [www.familycounselingky.org](http://www.familycounselingky.org)

### **Hospice of the Bluegrass**

**Description:** Hospice of the Bluegrass provides physical, emotional and spiritual care for terminally ill patients at home, in nursing facilities and at the Hospice Care Center. Support and bereavement services extend to family members, caregivers and anyone in grief whether or not their loved one was a Hospice patient. Camps, retreats and support groups are available to help grieving children, youth, adults and families. Daniel's Care is a special pediatric care program for anyone birth to 17 years of age. The Hospice Care Center is located within St. Joseph Hospital in Lexington and addresses medical needs that may be best provided for in a hospital setting. Hospice of the Bluegrass serves 32 central, northern and southeastern KY counties.

**Services:** Community Mental Health Services, Family Court Resources, Hospice Care, Mutual Support Groups

**Address:** 2312 Alexandria Drive, Lexington, KY 40504

**Phone:** (859) 276-5344

### **Jesse G. Harris, Jr. Psychological Services Center**

**Description:** The Harris Psychological Services Center provides individual, couples, family, group and child therapy as well as various psychological assessments (intelligence, personality, learning disability, ADHD, etc.) Fees vary for each service; a sliding fee scale is available based on income and family size; acceptance for treatment is not based on ability to pay for services.

**Services:** Community Mental Health Services, Parent Education

**Address:** 644 Maxwellton Court, Lexington, KY 40508

**Phone:** (859) 257-6853

**Website:** <http://psychology.as.uky.edu/psychological-services-center>

### **KVC Behavioral Health**

**Description:** KVC provides therapeutic interventions for children with severe, behavioral health treatment needs. The agency contracts with the state to provide services via the IMPACT Plus program or the Family Preservation and Reunification Services. To qualify a child must have a diagnosed, on-going mental health condition, a valid Medical card, and be at risk for being removed from the home and placed in a residential care facility or foster home. Referrals are made by DCBS, DJJ, teachers, therapists or other health professionals.

**Service:** Counseling services for at risk youth

**Service: Address:** 900 Beasley Street, Suite 120, Lexington KY 40509

**Phone:** (859) 254-1035

### **Lexington VAMC Cooper Division**

**Description:** Acute medical, neurological, surgical and psychiatric inpatient services are provided at the Cooper Division, located adjacent to the University of Kentucky Medical Center. Other available services include: emergency care, medical-surgical units, acute psychiatry, ICU, progressive care unit, (includes Cardiac Cath Lab) ambulatory surgery, OR/PACU, hemodialysis, medicine specialty clinics, surgery specialty clinics, and outpatient primary and specialty care.

**Services:** Community Clinics, Community Mental Health Services, Disease - Specific Screening/Diagnosis, Surgery

**Address:** 1101 Veterans Drive, Lexington, KY 40502

**Phone:** (859) 281-4900 or (859) 233-4511

### **LFUCG - Youth Services**

**Description:** The Division of Youth Services provides specialized casework services to families who are experiencing disruptions and strives to improve home, school, and community life. Services offered are designed to strengthen family life, prevent family breakdown, and facilitate the development and social functioning of young people. Families who are residents of Fayette County with children under 18 years of age are eligible for services. The family may request services or they may be ordered by the court. Families who request services must be willing to participate during all phases of service delivery. There are no fees for services provided.

**Service:** Case Management, Community Mental Health Services, Family Court Resources  
**Address:** 1177 Red Mile Place Lexington, KY 40504  
**Phone:** (859) 246-4370

### **Newtown Counseling Center (Comprehensive Care)**

**Description:** Newtown Counseling Center (Comprehensive Care) service offered are Outpatient Mental Health & Substance Abuse Services. No Referrals are required, offer a Sliding scale and accept Medicaid and Private Insurances.

**Services:** Community Mental Health Services  
**Address:** 1351 Newtown Pike, Building 5, Lexington, KY 40511  
**Phone:** (859) 233- 0444  
**Website:** [www.bluegrass.org](http://www.bluegrass.org)

### **Susy Aparicio, Licensed Marriage & Family Therapist**

**Description:** Susy Aparicio, Licensed Marriage and Family Therapist offers 10 week parenting classes; Marriage and Family Counseling; Substance abuse and Victim of Abuse Counseling for Spanish Speaking Individuals only.

**Service:** Parent Education  
**Address:** 436 West Second Street, Lexington, KY 40507  
**Phone:** (859) 489-0989

### **The Nest**

**Description:** The Nest is a Center for Women, Children and Families. They provide free counseling, parent education, emergency childcare, and basic supplies for families in crisis. Counseling services include domestic violence and substance recovery. No referral is required.

**Service:** Parent Education, Counseling  
**Address:** 530 N. Limestone, Lexington, KY 40508  
**Phone:** (859) 259-1974  
**Website:** [www.thenestlexington.com](http://www.thenestlexington.com)

### **The Ridge**

**Description:** The Ridge offers Mental Health Assessments; Counseling; Psychiatric care; Substance abuse treatment and Inpatient & Outpatient Care. No referrals are required they accept Medicare, Medicaid, Private Insurance and Payment plans are available.

**Services:** Community Mental Health Services  
**Address:** 3050 Rio Dosa Drive, Lexington, KY 40509  
**Phone:** (859) 269-2325  
**Website:** [www.ridgebhs.com](http://www.ridgebhs.com)

### **Transitions (Comprehensive Care)**

**Description:** Bluegrass East Comprehensive Care Center (also known as Transitions) is a treatment center in Lexington, Kentucky that focuses on mental health and substance abuse services by providing substance abuse treatment services. The programs offered are designed for women. Bluegrass East Comprehensive Care Center offers sliding fee scale to help cover the cost of treatment. Payment forms including self payment, medicare, private health insurance, and military insurance are accepted.

**Services:** Community Mental Health Services

**Address:** 1351 Newtown Pike, Building 5, Lexington, KY 40511

**Phone:** (859) 233- 0444

**Website:** [www.bluegrass.org](http://www.bluegrass.org)

### **UK – Good Samaritan Hospital**

**Description:** Inpatient psychiatric care is provided for adolescents and adults. Team of mental health professionals works with the patients, their families and referral sources to develop an integrated plan for treatment, discharge and aftercare. We offer admissions and services 24 hours a day, seven days a week.

**Services:** Community Mental Health Services

**Address:** 301 S. Limestone, Lexington, KY 40508

**Phone:** (859) 226-7063

## **PRESCRIPTION EXPENSE ASSISTANCE**

### **American Cancer Society - Lexington Fayette County**

**Description:** Various programs/services are available for cancer patients: "Relay for Life", "Cancer Survivors Network"--links cancer patients with cancer survivors, "Reach to Recovery" for breast cancer patients in the hospital, "Road to Recovery" for medical transportation to and from medical appointments, "Man to Man" for support of men with prostate cancer, "Look Good, Feel Better" for women who are undergoing cancer treatment, free wigs and bras, assistance with medication payment for low income patients (with Partnership for Prescription Assistance) and cancer education.

**Services:** Disease - Specific Screening/Diagnosis, Information and Referral, Medical Bill Payment Assistance, Medical Transportation, Mutual Support Groups, Prescription Expense Assistance, Undesignated Temporary Financial Assistance

**Address:** 1504 College Way, Lexington, KY 40502

**Phone:** (859) 260-8350

**Christians in Community Service - Financial Asst.**

**Description:** This organization only accepts applications for assistance from a case worker, social worker or church officials. Clients may not contact this agency directly. Of you are in need of their assistance, please contact your worker or church office to submit an application on your behalf. Christians in Community Service is a ministry group which helps those with needs not being met by existing services. Examples of assistance provided include rent, utility, medications, furniture bank, moving, and more.

**Service:** Utility Assistance, Moving Expense Assistance, Prescription Expense Assistance, Undesignated Temporary Financial Assistance

**Address:** 229 Barrow Rd, Lexington KY 40502

**Phone:** (859) 269-6772

**Faith Pharmacy**

**Description:** Faith Pharmacy is a program that provides free prescription medications for persons with no health insurance, low income families, or undocumented citizens; medications for common conditions such as diabetes, heart conditions, high blood pressure and migraines are all free. NO NARCOTICS OR CONTROLLED SUBSTANCES ARE AVAILABLE. Patients can visit Faith Pharmacy a total of THREE times ONLY. PATIENTS MUST HAVE: a prescription, a referral sheet, and a completed medical history form. Patients referred to Faith Pharmacy must have these three items completed before receiving assistance. Patients must NOT be on a prescription plan or carry health insurance. The prescription must be from a local doctor or nurse practitioner. A list of drugs is available on their web site under Formulary at [www.faithpharmacy.com](http://www.faithpharmacy.com). Hours: Saturdays 9am-12pm.

**Services:** Prescription Expense Assistance

**Address:** 230 South Martin Luther King Blvd., Lexington, KY 40508

**Phone:** (859) 272-0219

**Fax:** (859) 272-0434

**LFCHD - Primary Care Health Clinic**

**Description:** Clients of the Lexington-Fayette County Health Department can receive adult and pediatric medical services, out-patient gynecology services, adult and limited pediatric dental services, lab and x-ray services, and pharmacy services. Physicians, nurse practitioners, dentists, dental hygienists, nurses, pharmacists and other providers staff the clinic. Priority is given to established patients, patients at the Hope Center and school-based centers, patients assigned by the state Medicaid Department and patients insured by Medicare.

**Service:** Community Clinics, General Physical Examinations, Prescription Expense Assistance

**Address:** 650 Newtown Pike, Lexington, KY 40508

**Phone:** (859) 288-2408

### **LFUCG - Senior Citizens Center**

**Description:** The multi-purpose senior center provides recreational programs and social services for Fayette County residents 60 and older and persons married to someone 60 or older. The Senior Center has some emergency funding for seniors needing assistance with medications, hearing aids dentures, medical supplies or dietary supplements. A referral by a social worker/professional is required. There is a limit on number of times this fund can be accessed as well as eligibility requirements. A hot noon meal is served five days per week. The Senior Center also helps with health care, housing, and advanced care planning. Transportation is available and other services (Center for Creative Living, Meals on Wheels, RSVP, etc) are also housed in the Senior Center.

**Address:** 1530 Nicholasville Road, Lexington, KY 40503

**Phone:** (859) 278-6072

## **SUBSTANCE ABUSE SERVICES & RESIDENTIAL FACILITIES FOR ADULTS**

### **Advanced Solutions Counseling of Central Kentucky**

**Description:** Advanced Solutions Counseling of Central Kentucky offers assessments for mental health, parenting, anger management, drug and alcohol, domestic violence (male perpetrators only). They also offer groups for domestic violence (male perpetrators only), intermediate parenting, strategic aggression management, and cognitive behavioral causation. No referrals required. Financial qualifications must be met. Single assessment fee \$60, two or more assessments fee \$75, single group fee \$20, multiple groups fee \$15 per class.

**Address:** 1018 E. New Circle Road Suite 204, Lexington, KY 40505

**Phone:** (859) 258-2119

### **Al-Anon**

**Description:** Al-Anon is a support group for family members of alcoholics. No referral required. No fee.

**Address:** Not Listed

**Phone:** (859) 277-1877

### **Alcoholics Anonymous**

**Description:** Alcoholic Anonymous is a 12 step support group for alcoholics. No referrals required. No fee.

**Address:** Not Listed

**Phone:** (859) 225-1212 or 1-800-467-8019

### **Bluegrass Community Health Center**

**Description:** BCHC is a federally funded health center. Health Care Services include sick visits for adults and children, well child visits, school physicals, immunizations, family planning, disease maintenance (diabetes, hypertension, etc) and pharmacy assistance, among other services. Bilingual (Spanish/English), culturally competent programming in health education, case management (including referrals to specialty providers), and community outreach (including field health screenings for diabetes, hypertension, and HIV) are also provided. Therapists who speak English and Spanish are also available. They accept Medicaid and KCHIP. An additional office is also open on 151 North Eagle Creek, Suite #220, Lexington, KY 40509.

**Service:** Community Clinics, Community Mental Health Services, Disease - Specific Screening/Diagnosis, Family Court Resources, Family Planning, General Health Education Programs, General Physical Examinations

**Address:** 1306 Versailles Road, Suite 120, Lexington, KY 40504

**Phone:** (859) 259-2635

### **PRIDE Program (Comprehensive Care)**

**Description:** The Pride Program provides outpatient services for pregnant and postpartum women with substance abuse problems.

**Service:** Community Mental Health Services, Family Court Resources, Substance Abuse Services

**Address:** 201 Mechanic St, Lexington, KY 40507

**Phone:** (859) 425-1210

### **Schwartz Chemical Dependency Center**

**Description:** Charles I Schwartz (also known as Chemical Dependency Treatment Center) is a treatment center in Lexington, Kentucky that focuses on mental health and substance abuse services by providing substance abuse treatment and detoxification services. The programs offered are designed for women and men. Payment forms including self payment and private health insurance are accepted.

**Services:** Family Court Resources, Substance Abuse Services

**Address:** 627 West Fourth Street

Allen Building, Lexington, KY 40508

**Phone:** (859) 246-7282

### **CAPS Office**

**Description:** CAPS offers Drug Screening that is court ordered

**Service:** Drug testing

**Address:** 166 N. Martin Luther King Blvd., Lexington, KY 40507

**Phone:** (859) 425-2692

**Phase/Drug Screen Information:** (859) 425-2697

### **Chrysalis House**

**Description:** Chrysalis House provides residential substance abuse treatment services to adult women who are recovering from addictions to alcohol and other drugs. The services include, group and individual counseling, life skills training, case management, vocational rehabilitation, and orientation to 12 step program. All Services are provided in a residential treatment setting. Transitional housing may also be available for clients who have completed the program.

**Address:** 1589 Hill Rise Drive, Lexington, KY 40504

**Phone:** (859) 977-2501

**Admissions:** 1-800-713-0954

**Website:** [www.chrysalishouse.org](http://www.chrysalishouse.org)

### **DUI Consultants**

**Description:** DUI Consultants offers Outpatient substance abuse assessment, education & treatment for DUI and DWI offenders. No referrals required, self payment.

**Service:** Outpatient Substance abuse services

**Address:** 174 North Martin Luther King Blvd. Lexington KY 40507

**Phone:** (859) 254-3006

### **Fayette County DUI Service**

**Description:** Fayette County DUI Services is a treatment center in Lexington, Kentucky that focuses on substance abuse services by providing substance abuse treatment services. The programs offered are designed for DUI / DWI offenders and criminal justice clients. Payment forms including self payment are accepted.

**Services:** Substance Abuse Services

**Address:** 3439 Buckhorn Drive, Suite 140, Lexington, KY 40515

**Phone:** (859) 971-9710

### **Grace Happens**

**Description:** Grace Happens, Inc., is a Christ-centered program, focusing on freedom from addiction through Bible studies, outsource AA/NA programming, in-house addiction, relapse, and boundary classes, Celebrate Recovery, weekly church and outsourced Step Studies. Other required classes (GED, Parenting, etc), can be arranged through out-sourcing. The resident is required to obtain a recovery sponsor. The resident is accepted to enroll for a period of six to twelve months, with six months being the norm. Arrangements are available for courts requiring less time, but should not be less than three months. Working is allowed, but commitment to work, is based on initial evaluation and progress of resident. Random drug testing is essential in the resident's recovery, as well as requested progress reports.

**Services:** Substance Abuse Treatment

**Address:** PO Box 733 Nicholasville, KY 40340

**Phone:** (859) 433-8112

**Website:** [www.gracehappensky.com](http://www.gracehappensky.com)

### **Hope Center – Recovery Program for Men**

**Description:** The program provides a long-term recovery approach that is both peer-driven and professionally supervised. It teaches the Twelve Steps of Alcoholics Anonymous and the Recovery Dynamics curriculum in a community atmosphere that emphasizes both personal responsibility and mutual accountability. The men’s program includes a non-medical, licensed detoxification center that has eight beds and is always open. Referral form can be found on website.

**Service:** Family Court Resources, Substance Abuse Services

**Address:** 250 West Loudon Avenue, Lexington, KY 40508

**Phone:** (859) 225-4673

**Website:**

[http://www.hopectr.org/index.php?option=com\\_content&view=article&id=56&catid=35&Itemid=58](http://www.hopectr.org/index.php?option=com_content&view=article&id=56&catid=35&Itemid=58)

### **Hope Center - Recovery Program for Women**

**Description:** Program provides a long-term recovery approach that is both peer-driven and professionally supervised. It teaches the Twelve Steps of Alcoholics Anonymous and the Recovery Dynamics curriculum in a community atmosphere that emphasizes both personal responsibility and mutual accountability. Does not feature a detoxification center, but adds several gender-specific features and includes a health clinic.

**Services:** Donations, Family Court Resources, Substance Abuse Services

**Address:** 1524 Versailles Road, Lexington, KY 40504

**Phone:** (859) 252-2002

### **Lexington Professional Associates**

**Description:** Lexington Professional Associates is a treatment center in Lexington, Kentucky that focuses on substance abuse services by providing substance abuse treatment, methadone maintenance, methadone detoxification, and buprenorphine services services. The programs offered are designed for pregnant / postpartum women and criminal justice clients. Self payment is accepted.

**Service:** Substance Abuse Services

**Address:** 340 Legion Drive, Suite 28, Lexington, KY 40504

**Phone:** (859) 276-0533

### **Lexington Rescue Mission - Life Renewal Program**

**Description:** The Life Renewal Program is a one-year residential recovery program that helps men 18 and older who are struggling with substance abuse or other life-debilitating problems. This Christian program prepares men to be self-sufficient and productive citizens, husbands, fathers and church members. Applications and interviews are required. They accept court-appointed or self referrals. Program elements include: Bible studies, chapel services, spiritual mentoring, community service projects, local church involvement, individualized counseling, vocational training, supportive and transitional housing.

**Service:** Family Court Resources, Substance Abuse Services

**Address:** 444 Glen Arvin, Lexington, KY 40508

**Phone:** (859) 381-1114

**Website:** [www.Lexingtonrescue.org](http://www.Lexingtonrescue.org)

### **Lexington Vet Center**

**Description:** Lexington Vet Center (Veteran Affairs) This center serves COMBAT vets with re-adjustment issues, Post Traumatic Stress Syndrome, brain injuries, mental illness, chemical dependency, and other mental health care issues. Normal working hours are 8:00am to 4:30pm Monday through Friday. In an effort to better serve the veteran and family members, upon request Vet Centers will provide services after normal work hours and/or on weekends.

**Services:** Community Mental Health Services, Mutual Support Groups, Substance Abuse

**Address:** 301 East Vine Street, Suite C, Lexington, KY 40507

**Phone:** (859) 253-0717

### **LFCHD - Tobacco Use Prevention and Cessation**

**Description:** The Tobacco Control Program has staff available to provide talks, workshops and educational materials. Displays are available for use to the community. New classes begin every week. Locations vary. Please call for more information. Hours: Monday through Sunday 8am-1am.

**Service:** General Health Education Programs, Mutual Support Groups, Substance Abuse Services

**Address:** 805 Newtown Circle, Lexington, KY 40508

**Phone:** (800)784-8669

### **Morton Center**

**Description:** Morton Center offers Adult chemical dependency groups, adult intensive outpatient program, adult relapse as well as adolescent programs which are: adolescent

intensive outpatient program and children/adolescents therapy groups for children of parents with substance abuse problems. No referral needed and payment is on a sliding scale.

**Service:** Family Substance Abuse Services

**Address:** 2647 Regency Road, Lexington, KY 40503

**Phone:** (859) 373-0077

### **Narcotics Anonymous**

**Description:** This is a support group to aid drug abusers in ending the abuse cycle. There are meetings every day of the week. Call for more information. They serve the Bluegrass area.

**Service:** Family Court Resources, Mutual Support Groups, Substance Abuse Services

**Address:** PO Box 25015, Lexington, KY 40524

**Phone:** (859) 253-4673

### **Newtown Counseling Center (Comprehensive Care)**

**Description:** Newtown Counseling Center offers outpatient mental health & substance abuse treatment services. No referrals are required and Medicaid, private insurance and sliding scale are accepted for forms of payment.

**Service:** Substance Abuse Services

**Address:** 1351 Newtown Pike Bldg 5, Lexington, KY 40511

**Phone:** (859) 233-0444

**Website:** [www.bluegrass.org](http://www.bluegrass.org)

### **The Ridge**

**Description:** The Ridge offers Treatment of both Mental & substance abuse disorders; Expected length of stay is 10-14 days but depends on patient's individual care plan. Service adults 18 & older Referrals accepted from professionals, as well as by self or significant others, Referrals can be made 24 hours a day seven day a week. They accept Medicare, Medicaid, most Private insurance, Managed Care Plans, and payment plans.

**Services:** Community Mental Health Services

**Address:** 3050 Rio Dosa Drive, Lexington, KY 40509

**Phone:** (859)269-2325 or 1-800-753-4673

**Website:** [www.ridgebhs.com](http://www.ridgebhs.com)

### **UK – Good Samaritan Hospital**

**Description:** Inpatient psychiatric care is provided for adolescents and adults. Team of mental health professionals works with the patients, their families and referral sources to develop an

integrated plan for treatment, discharge and aftercare. We offer admissions and services 24 hours a day, seven days a week.

**Services:** Community Mental Health Services

**Address:** 301 S. Limestone, Lexington, KY 40508

**Phone:** (859) 226-7063

### **Shepherd's House Inc.**

**Description:** Shepherd's House is a 12 - 18 month transitional residential treatment program for men 18 years of age and older. It is a structured program that promotes personal responsibility and accountability for those seeking sustained abstinence from mood and mind-altering substances. Those who are admitted to this program are asked to commit to 12 – 18 months. The staff provides individual and group counseling, and can assist clients with obtaining vocational counseling when needed. The program is a three-phase program following the initial orientation period. All residents are on orientation until they have obtained full-time employment of 30 hours or more per week, have paid the \$150 deposit, have obtained an AA/NA sponsor and are current with their rent. All residents are required to be employed full-time, pay rent of \$95 per week, attend 30 Alcoholic or Narcotics Anonymous meetings in the first 30 days, then a minimum of five AA/NA meetings per week thereafter, obtain a sponsor, and adhere to all other rules and guidelines of the program. First priority for admission is for those who have completed a 28-30 day residential treatment program or state-certified program while incarcerated. You may call or write for additional information and/or an admission application.

**Services:** Family Court Resources, Substance Abuse Services, Transitional Housing

**Address:** 154 Bonnie Brae Drive, Lexington, KY 40508

**Phone:** (859) 252-1939

**Website:** [www.shepherdhouseinc.com](http://www.shepherdhouseinc.com)

## **SUBSTANCE ABUSE SERVICES & RESIDENTIAL FACILITIES FOR YOUTHS**

### **Adolescent Recovery Center (ARC) at the Ridge**

**Description:** The ARC at The Ridge is designed to serve adolescents, ages 12 to 17 (or 18 if still in high school), suffering from substance abuse and co-occurring disorders. The ARC specializes in the treatment of adolescents whose substance abuse problems are manifested primarily through legal problems, school difficulties, relationship problems, and an inability to maintain sobriety. Offers semi-private rooms located on a self-contained unit. The treatment team is made up of qualified professionals including a manager, medical director, registered nurses and certified alcohol and drug counselors. All services are reimbursable by Medicaid and most commercial insurance, once approved. The expected length of stay is 28 to 55 days, but lengths of stay are modified to best serve each participant's situation and needs.

**Services:** Substance Abuse Services

**Address:** 3050 Rio Dosa Drive, Lexington, KY 40509

**Phone:** (859) 269-2325

### **Ala-Teen**

**Description:** Ala-Teen is a support group for Teenage members of alcoholics. No referral required. No fee

**Address:** Not Listed

**Phone:** (859) 277-1877

### **Bluegrass Challenge Academy**

**Description:** The Bluegrass Challenge Academy is a drug free program with zero tolerance. Drug Screening will be accomplished in accordance with National Guard Bureau requirements; currently between the intake day and Day 40 of the residential program (usually, first day after first pass). The program will conduct other drug screening at will to insure a drug free environment. Cadets who test positive during their stay at the Academy are immediately terminated from the program and sent home. Applicants to the program must be between the ages of 16-18, free of illegal drugs, educationally at risk, mentally and physically capable to participate, a Kentucky resident, and not under indictment of a felony offense.

**Services:** Substance Abuse services, Life Skills

**Address:** Bldg. 296, 714 Dixie Street, Fort Knox, KY 40121

**Phone:** 1-877-599-6884

**Website:** [www.ngycp.org](http://www.ngycp.org)

### **Bluegrass Boys Ranch Scholars Program**

**Description:** The goal of the Bluegrass Boys' Ranch Scholars Program is to improve the academic skills and accomplishments of socio-economically disadvantaged gifted middle school students so that they can pursue higher education. The ultimate goal of the program is to help each participant to reach their full intellectual and human potential and succeed to be productive members of a caring society. Participants are between the ages of 12 and 14. Boys are provided with an enriched curriculum and supportive mentoring and tutoring in a group setting.

**Services:** Academic skills

**Address:** 2326 Royster Road, Lexington, KY 40516

**Phone:** (859) 299-9619

### **Bluegrass Prevention Center**

**Description:** The Bluegrass Prevention Center offers Early Intervention Program (EIP) provides substance abuse assessment & education for youth under 21; Zero Tolerance program; Substance abuse education and prevention service for individuals of all ages; Lending library; Peer helper/peer leadership program; Prevention enhancement site for environmental strategies addressing alcohol issues; Prevention enhancements site for Fetal Alcohol Spectrum Disorders. No Referral required they accept Self pay: Cash, Check or Money Order.

**Service:** Case Management, Community Mental Health Services, Family Court Resources

**Address:** 1351 Newtown Pike , Lexington, KY 40511

**Phone:** (859) 225-3296

### **Uspiritus (Formerly Brooklawn Inc)**

**Description:** Uspiritus is a program for youth who require intensive 24/7 psychiatric treatment in a residential setting. Children in our program live in family-style cottages and go to school on campus. It is a step up from our PCC program. Admits boys age 6 to 17 or girls ages 6 to 11 that have been hospitalized and need additional treatment before returning home. Most often than not, the youth who are referred have not showed significant progress in outpatient treatment and need a more structured treatment setting. Uspiritus provides the state's largest continuum of care for the youth and families with whom we partner. We have in-home services, community based services, foster care services, independent living services, and parent training available to our youth, parents, and social workers. Uspiritus welcomes referrals on both state-committed youth as well youth who remain in the care of their biological family.

**Services:** Substance Abuse Services, Mental Health Services

**Address:** 3121 Brooklawn Campus Drive, Louisville, KY 40218

**Phone:** (502) 451-5177

### **Morton Center**

**Description:** Morton Center offers Adult chemical dependency groups, adult intensive outpatient program, adult relapse as well as adolescent programs which are: adolescent intensive outpatient program and children/adolescents therapy groups for children of parents with substance abuse problems. No referral needed and payment is on a sliding scale.

**Service:** Family Substance Abuse Services

**Address:** 2647 Regency Road, Lexington, KY 40503

**Phone:** (859) 373-0077

### **The Coleman House Project**

**Description:** The Coleman House Project serves teens and their families by providing substance abuse treatment and mental health services. This is accomplished through a collaborative effort involving the three community agencies: The Lexington Fayette Urban County Government – Division of Youth Services; Bluegrass Regional MH/MR - Teen POP and the Center for Women,

children and Families -The Nest. The 12 week program offers A Global Appraisal of Individual Needs (GAIN) Assessment (a standardized bio-psycho-social assessment designed to help clinicians gather information for diagnosis, and treatment planning); the Seven Challenges; individual, group and family counseling; family nurturing program; workshops and other activities.

**Service:** Family Court Resources, Substance Abuse Services

**Address:** 1155 Red Mile Road, Lexington, KY 40504

**Phone:** (859) 255-6607

## **SURGERY**

### **Lexington VAMC Cooper Division**

**Description:** The Lexington Veterans Affairs Medical Center is a fully accredited, two-division, tertiary care medical center with an operating bed complement of 99 hospital beds. Acute medical, neurological, surgical and psychiatric inpatient services are provided at the Cooper Division, located adjacent to the University of Kentucky Medical Center. Other available services include: emergency care, inpatient medical-surgical care, acute psychiatry, intensive and progressive care units, (includes Cardiac Cath Lab) ambulatory surgery, medicine and surgery specialty clinics, hemodialysis, and outpatient primary care. Referral arrangements for nursing home care are established with the Thompson-Hood State Veterans Home in Wilmore, Kentucky as well as with the Eastern Kentucky State Veterans Home in Hazard, Kentucky. Special Programs include Ambulatory Surgery, Audiology/Speech Pathology, Cardiac Cath Lab, Cardiac Surgery, Home-Based Primary Care, Intensive Care, Post Traumatic Stress Disorder Programs, Visual Impairment Services, Mental Health Clinic, Primary Care, Substance Abuse Treatment Programs, Women's Health, and more.

**Services:** Community Clinics, Community Mental Health Services, Disease - Specific Screening/Diagnosis, Surgery

**Address:** 1101 Veterans Drive, Lexington, KY 40502

**Phone:** (859) 233-4511

### **Surgery on Sunday**

**Description:** Surgery on Sunday, Inc. is a non-profit, community-based organization that provides out-patient surgery for Lexington residents who are not eligible for federal or state programs, but cannot afford insurance. They practice surgery one Sunday per month. Patients are referred from existing organizations in the community and are evaluated by participating physicians to determine their medical level of need. The services are provided by doctors, nurses, and other medical professionals who have donated their time and expertise to reach out to those in need. Any patient who wishes to obtain services from Surgery on Sunday, Inc. must be referred by one of the approved referral agencies.

**Services:** Surgery

**Address:** 650 Newtown Pike, Lexington, KY 40508

**Phone:** (859) 246-0046

**Website:** <http://www.surgeryonsunday.org/referralagencies.html>

# Housing

## COMMUNITY SHELTER

### **Bluegrass Domestic Violence Program**

**Description:** Bluegrass Domestic Violence Program is a safe, secure 32-bed emergency shelter for individuals of families forced to flee their homes due to intimate partner violence. This facility is fully secure and staffed 24 hours per day. Daily individual and group counseling provided; Children's programs ensure they receive nurturing, support, safety planning, tutoring and other assistance as needed: Emergency Shelter for intimate partner violence for the bluegrass DV Program serving 17 Counties within Bluegrass; Legal advocacy; housing Department to help find housing; financial literacy program. No referrals required and no fee.

**Services:** Community Shelter for abused individuals and families

**Phone:** (859) 233-0657

(24 Hour Confidential Crisis Line 1-800-544-2022)

**Website:** [www.beyondtheviolence.org](http://www.beyondtheviolence.org)

### **Hope Center for Men- Emergency Shelter**

**Description:** Food, shelter and clothing are fundamental human needs, and they are the first things provided to homeless males who show up. The Hope Center operates 24 hours a day, 365 days a year. Each month on average the Shelter provides 5,000 nights of lodging and 12,000 meals. Many volunteers help serve the meals, and clients also participate in work crews in the kitchen. The clients in the Recovery Program are assigned to areas of the shelter in order to help in its operation. They provide security on the second and third shifts, operate the laundry, and assist in operation and maintenance of the kitchen, building and grounds.

**Services:** Community Shelter

**Address:** 360 West Loudon Avenue, Lexington, KY 40508

**Phone:** (859) 252-7881

### **Salvation Army of Central KY - Arnold Hangar Lodge**

**Description:** The Arnold Hangar Lodge at the Salvation Army of Central Kentucky provides emergency shelter for homeless families and single women with 24hour/7 day housing, meals and support services, designed to aid the residents' re-entry into independent living. The Lodge provides emergency shelter for a period of 30-60 days. Identification is required in order to stay at the shelter; meals available for anyone with a referral from the social worker. They provide the following services: savings program, intensive case management and counseling services, referral services assistance in obtaining housing and jobs, life skills training, child care, and after school programs Bible study.

**Service:** Community Shelter

**Address:** 736 West Main Street, Lexington, KY 40508

**Phone:** (859) 252-7706

## FURNITURE

### **Habitat ReStore Lexington**

**Description:** The ReStore carries furniture, home accessories only, home appliances and building materials. Items are sold at a reduced price to the public and proceeds benefit Habitat For Humanity Lexington. DONATIONS of furniture and household items can be dropped off at this location. NO CLOTHING accepted or sold.

**Service:** Donations, Furniture, Thrift Shops

**Address:** 420 Southland Drive, Lexington, KY 40503

**Phone:** (859) 252-2224

### **Lexington Rescue Mission - Thrift Store**

**Description:** The thrift store collects donations of clothing and household furnishings and sells them at reduced rates. We accept donations of clothing, furniture, appliances, household items, hardware and electronics during store hours. If you would like to arrange for us to pick-up a large donation, please call the store and leave a message for our truck driver: (859) 254-1712. Items currently not accepted: metal desks, large office equipment, pianos, exercise equipment, and mattresses. Items only accepted in person: furniture, large appliances, TVs, cribs, car seats, and toys. Open Mon-Sat 10-6:30pm.

**Services:** Appliances, Donations, Furniture, General Apparel, Thrift Shops

**Address:** 720 Bryan Avenue, Lexington, KY 40505

**Phone:** (859) 254-1712

## HOME IMPROVEMENT/ACCESSIBILITY

### **Bluegrass AAA - Homecare**

**Description:** Homecare is a program offered through the Bluegrass Area Agency on Aging. They provide these services to seniors sixty and older: home management, chores, personal care, home delivered meals, respite care, transportation, and escort home repair.

**Services:** Case Management, Home Delivered Meals, Home Improvement/Accessibility, In-Home Assistance, Respite Care

**Address:** 699 Perimeter Drive, Lexington, KY 40517

**Phone:** (859) 266-6873

### **LFUCG - Housing Emergency Repair & Rehabilitation**

**Description:** Lexington-Fayette Urban County Government offers two programs for homeowners whose homes are in need of repair. The Emergency Repair Program can provide deferred loans up to \$5,000 for emergency repairs on homes, including electrical systems,

plumbing systems, and heating and air conditioning systems. The Housing Rehabilitation Program offers loans and deferred loans to assist in home rehabilitation. Loans must first be used to eliminate code violations. Any remaining funds can be used towards energy conservation, crime prevention, and handicap accessibility.

**Services:** Home Improvement/Accessibility

**Address:** 200 East Main Street, Lexington, KY 40507

**Phone:** (859) 244-2209

### **RCHF - RAMPs - Remodeling for Access and Mobility**

**Description:** RAMPs stands for Remodeling for Access & Mobility Project and is operated by the Realtor Community Housing Foundation. It provides low-income families with home renovations to make the home more accessible. Examples include wheelchair ramps or other necessary exterior modifications for easier mobility.

**Service:** Home Improvement/Accessibility

**Address:** 2250 Regency Road, Lexington, KY 40503

**Phone:** (859) 276-3503

### **RCHF - Repair Affair**

**Description:** Repair Affair assists low-income, elderly homeowners 60 and over with much needed exterior repairs to their home at no cost to the home owner. Without assistance, these family homes continue to deteriorate and can reach the point of becoming condemnable. The long-term implication of such neglect is the relocation of households to temporary housing or homelessness.

**Services:** Home Improvement/Accessibility

**Address:** 2250 Regency Road, Lexington, KY 40503

**Phone:** (859) 276-3503

## **HOUSING COUNSELING**

### **5/3 eBus Home Ownership Mobile**

**Description:** The Community Affairs Department also facilitates and manages the Fifth Third Bank Homeownership Program, or eBus, and takes mortgage, retail products, small business opportunities and financial counseling assistance to underserved markets and emerging populations - literally. The eBus goes city to city throughout the Bank's market area to allow Fifth Third bankers to talk with families who may be experiencing foreclosure and/or loss mitigation issues.

**Services:** Housing Counseling, Personal Financial Management Counseling

**Address:** 250 West Main Street, Lexington, KY 40507

**Phone:** (859) 455-5300

### **Adult & Tenant Services - Housing Counseling**

**Description:** Adult & Tenant Services provides limited financial and housing assistance, crisis intervention, and counseling to Fayette County residents who are 18 years and older. Eligible client must have lived in Fayette county for 30 days or more, have experienced an unexpected reduction in income, have utilized personal resources, and have verifiable pending income (paycheck, social security, disability).

**Service:** Housing Counseling, Landlord/Tenant Assistance

**Address:** 1055 Industry Road, Lexington, KY 40505

**Phone:** (859) 258-3810

### **Community Action Council - Housing Programs**

**Description:** **Comprehensive Treatment Initiative** (Bourbon, Harrison, Nicholas) provides supportive housing and case management to homeless individuals with a disability or diagnosed substance abuse or mental disorder. **Continuum of Care** (Bourbon, Harrison, Nicholas) provides permanent housing and support services to the homeless. **KY Hearth** (Fayette, Bourbon, Harrison, Nicholas) assist individuals by paying past due and future rent and utilities to prevent homelessness. **Project Independence** (Fayette) provides transitional housing for homeless families. **Samaritan Program** (Bourbon, Harrison, Nicholas) provides housing vouchers to the chronically homeless and disabled. **Tenant Based Rental Assistance** (Fayette, Bourbon, Harrison, Nicholas) provides rental assistance for approved participants.

**Services:** Case Management, Housing Counseling, Personal Financial Management Counseling, Transitional Housing

**Address:** 710 W. High Street, Lexington, KY 40508

**Phone:** (859) 233-4600

### **Community Reinvestment Alliance of Lexington**

**Description:** Provides home-owner counseling services, pre and post counseling, financial debt management (which includes credit repair), and assists clients with obtaining their credit reports. Clients can have foreclosure or bankruptcy history. Serves clients for 5 years. HUD certified. There is a \$50 application fee, which can be waived based upon your situation.

**Services:** Housing Counseling, Personal Financial Management Counseling

**Address:** 498 Georgetown Street, Lexington, KY 40508

### **Consumer Credit Counseling Services, Central KY**

**Description:** Consumer Credit Counseling provides comprehensive, confidential counseling that addresses individual financial situations and identifies options in the person's best interest. In-person as well as telephone and Internet counseling services are available. Evening and weekend appointments may be available. Three local offices (Lexington, Richmond, and

Frankfort) provide financial education and outreach programs, foreclosure prevention, asset-building and financial education in the workplace.

**Service:** Economic Self-Sufficiency, Housing Counseling, Personal Financial Management Counseling

**Address:** 2265 Harrodsburg Road Suite 303, Lexington, KY 40504

### **Cowan Coalition Supportive Housing Program**

**Description:** Anyone who falls under HUD's definition of homelessness is eligible for the supportive rural housing program, although the focus is on victims of domestic violence and their dependent children. Individuals with chronic mental health issues are not served. Case workers also provide direct services including counseling, support groups, referrals, and transportation to services, community advocacy, etc., for the residents of the project. Project participants can also receive clothing and household items through Second Glance four times a year.

**Services:** Family Support Centers/Outreach, Housing Counseling, Transitional Housing

**Address:** 1364 Devonport Drive, Lexington, KY 40504

**Phone:** (859) 276-4457

### **CVC - Financial Education Classes**

**Description:** CVC offers several educational opportunities for potential home and business owners. Business Education and Planning works one-on-one with new business owners to review business plans and develop strategies for success. Credit Repair, Budgeting, and Homebuyer Education prepares individuals interested in purchasing a home about the process of home ownership, creating realistic family budgets, eliminating debt, and repairing damaged credit. Call CVC to find out when each class is being offered, registration, and fees.

**Service:** Housing Counseling, Personal Financial Management Counseling

**Address:** 1450 North Broadway, Lexington, KY 40505

**Phone:** (859) 231-0054

### **Lexington Rescue Mission, Outreach Center**

**Description:** MEALS: The outreach center serves a public lunch from 12 noon – 1 pm every Tuesday, Wednesday, Thursday and Saturday. Walk-in hours are Tuesday, Wednesday, and Thursday from 1-3pm. Services provided include finding employment, assist tenants in obtaining affordable housing, help people navigate government programs (such as K-Tap and Social Security), and make referrals to community resources, including God's Pantry. Free pastoral counseling services are available by appointment. Also offers support groups for people struggling with life issues, particularly depression, health problems or spiritual needs. The groups meet every Wednesday at 6 p.m.

**Service:** Adult Basic Education, Congregate Meals, Housing Counseling, Mutual Support Groups, Personal Financial Management Counseling, Public Employment and Training Programs

**Address:** 444 Glen Arvin Avenue, Lexington, KY 40508

**Phone:** (859) 381-9600

### **LFUCG - Housing Authority**

**Description:** The Lexington-Fayette Urban County Housing Authority manages 1,510 units of public housing, over 2,000 Section 8 vouchers, and operates a homeownership program. Applications for housing programs are available at the Housing Authority as well as a listing of available housing options. Contact the Housing Authority for more information on public housing, Section 8 vouchers, or homeownership.

**Service:** Housing Authorities, Housing Counseling

**Address:** 300 West New Circle Road, Lexington, KY 40505

**Phone:** (859) 281-5060

### **M.A.S.H. Transitional Housing Program**

**Description:** MASH Drop Inn serves children 0-17 years old who are runaway, homeless, or otherwise in crisis. Youth may request shelter themselves or be referred by the police, their parents or guardians, or a teacher, counselor, or social worker, or other professional. There are no fees to youth or families for any services provided by AYS. AYS can currently accommodate 10 children and youth in our shelter facility, but if the shelter is full all reasonable efforts are made to connect these individuals to other shelter services.

**Service:** Transitional housing

**Address:** 540 West Third Street, Lexington, KY 40508

**Phone:** (859) 254-2501

### **Pyramid Professional Resources**

**Description:** Pyramid Professional Resources assists people who are homeless or marginally housed find work. This is done through job counseling, resume writing assistance, and daily classes on various employment topics. Bus passes are also provided to clients needing transportation to interview or job sites. They are located in Christ Church Cathedral on Market Street. The entrance to Pyramid Professional Resources is on the Upper Street side of the church, under a white canopy.

**Services:** Case Management, Housing Counseling, Public Employment and Training Programs

**Address:** 166 Market Street, Lexington, KY 40507

**Phone:** (859) 252-0521

### **RCHF – One Parent Scholar Home**

**Description:** One Parent Scholar Home is a single-parent facility providing support services while the parent develops educational and family life skills. The Realtor-Community Housing Foundation assists graduates in purchasing their first home by providing up to \$2,500 for their closing costs. These funds are made available through Realtor® donations. Upon graduation, Realtors® volunteer their time to assist the graduates in reaching their goal of homeownership.

**Service:** Housing Counseling, Personal Financial Management Counseling

**Address:** 2250 Regency Road, Lexington, KY 40503

**Phone:** (859) 276-2693

### **REACH CHDO Program**

**Description:** Eligible clients can receive a second mortgage for up to \$15,000 which can be used for down payment and closing costs to purchase a home in Fayette County. In addition to financial assistance, the program includes credit, budget, and home ownership counseling. Through these programs, clients can purchase homes in Fayette County, including rehabilitated homes or newly constructed homes.

**Services:** Housing Counseling

**Address:** 733 Red Mile Road, Lexington, KY 40504

**Phone:** (859) 455-8057

### **UL - Single and Multi - Family Housing Units**

**Description:** Urban League's mission is to assist African Americans and disadvantaged citizens in the achievement of social and economic equality. One of the ways Urban League seeks to accomplish this mission is trying to empower individuals and families economically through homeownership. Urban League has information on affordable homes that are available to rent or to purchase. Contact Urban League for current information on available units.

**Services:** Housing Counseling

**Address:** 148 DeWeese Street, Lexington, KY 40507

**Phone:** (859) 254-6212

### **Volunteers of America - Family Housing Program**

**Description:** The Family Housing Program assists with transitional housing for homeless families (one adult and at least one child). The program offers scattered site housing and case management. This is subsidized housing based on income. Volunteers of America, Family Housing Program works very closely with the following agencies: Housing Authority, Salvation Army and Tenant Services. All calls for housing assistance will be returned within 24 hours. Volunteers of America does NOT provide financial assistance for utilities or other expenses.

**Service:** Housing Counseling

**Address:** 1400 North Forbes Road, Lexington, KY 40511

**Phone:** (859) 254-3469

## **HOUSING PAYMENT ASSISTANCE**

### **Adult & Tenant Services - Emergency Assistance**

**Description:** Adult and Tenant Services offers financial assistance towards rent and/or utilities to prevent eviction or utility shut-off. This assistance is in the form of an interest-free loan that applicants agree to repay in small amounts each month. To be eligible, clients must have lived in Fayette County for 30 days or more, have a temporary and complete disruption in income, utilized all personal resources, and have a verifiable income pending. Assistance with sewer and landfill bills may also be available.

**Services:** Electric Bill Assistance, Gas Bill Assistance, Housing Payment Assistance, Water Bill Assistance

**Address:** 1055 Industry Road, Lexington, KY 40505

**Phone:** (859) 258-3810

### **Blue Grass Farm Charities**

**Description:** Blue Grass Farm Charities is an ESL and horse farm and track terminology to facilitate better communication between management and co-workers. This program was developed for us and is offered exclusively by BGFC. Most people come to us through a referral from a farm owner or manager. The chaplain or executive director will meet with the head of the household and perform a "Needs Assessment". Our immediate goal is to address basic human needs. "Lifeline" through our emergency food assistance program we provide 2 weeks for groceries. We also will issue a check for utilities or rent assistance directly to the business owed. We stock a pantry of non-perishable foods and some perishable items such as meat and bread. We also keep essential toiletries, Laundry and Household cleaning supplies available.

**Services:** Farm Safety 101 Classes, Benevolence and crisis Management, Health, Housing and Utilities, Substance Abuse and Addictive Behavior, Hospital and Home Visits, Funeral and Bereavement, Outreach

**Address:** 340 Legion Drive # 20, Lexington, KY 40504

**Phone:** (859) 219-0910 (English) 859-351-4426 (En Espanol)

**Email:** [bgfarmscharities@yahoo.com](mailto:bgfarmscharities@yahoo.com)

### **Catholic Charities - Bridging the Gap Program**

**Description:** The Bridging the Gap program offers financial assistance with rent (not to exceed more than 75% of monthly income) and utilities once a year. The program cannot pay utility fees and can only provide one month's assistance. A copy of the bill needs to be brought in. Calls can take up to two weeks to be returned, so those at risk of eviction or disconnection

should continue trying to access funds from other sources. Funds from various grants are available, each with eligibility criteria that will be given on the recorded message. Referrals for food, household items, diapers and toiletries are also provided.

**Service:** Electric Bill Assistance, Gas Bill Assistance, Heating Fuel Assistance, Housing Payment Assistance, Water Bill Assistance

**Address:** 1310 West Main Street, Lexington, KY 40508

**Phone:** (859) 253-3339

### **Centenary United Methodist LOVE Fund**

**Description:** Centenary United Methodist LOVE Fund offers financial assistance. No Referral needed. Call the first Monday of the month.

**Service:** Financial Assistance

**Address:** 2800 Tates Creek Road, Lexington, KY 40502

**Phone:** (859) 269-2800

### **Christians in Community Service - Financial Asst.**

**Description:** This organization only accepts applications for assistance from a case worker, social worker or church officials. Clients may not contact this agency directly. If you are in need of their assistance, please contact your worker or church office to submit an application on your behalf. Christians in Community Service is a ministry group which helps those with needs not being met by existing services. Examples of assistance provided include rent, utility, medications, furniture bank, moving, and more.

**Service:** Utility Assistance, Moving Expense Assistance, Prescription Expense Assistance, Undesignated Temporary Financial Assistance

**Address:** 229 Barrow Rd, Lexington KY 40502

**Phone:** (859) 269-6772

### **Lexington Rescue Mission - Homeless Prevention**

**Description:** Lexington Rescue Mission takes calls the first Tuesdays of the month from 9 am - 4pm. Listen to message for instructions. Funds are to provide temporary financial assistance to those in crisis situations - borderline homeless, and with cut-off notice for utilities. The household must have income from employment or SSI in order to be eligible. Tuesday mornings a budgeting class is also available to all.

**Service:** Case Management, Electric Bill Assistance, Gas Bill Assistance, Heating Fuel Assistance, Housing Payment Assistance, Undesignated Temporary Financial Assistance, Water Bill Assistance

**Address:** 444 Glen Arvin, Lexington, KY 40508

**Phone:** (859) 381-9600

### **Maxwell Street Presbyterian Emergency Assistance**

**Description:** Maxwell Street Presbyterian Church emergency assistance program primarily assists with rent, utilities, and transportation but also helps purchase forms of identification, medication, auto parts, etc. Hours Tuesday and Wednesday 10:30-1:30pm.

**Services:** Rent/utility assistance, bus vouchers, clothing, personal hygiene, etc.

**Address:** 180 East Maxwell Street, Lexington, KY 40508

**Phone:** (859) 233-0723

## **LANDLORD/TENANT ASSISTANCE**

### **Adult & Tenant Services - Housing Counseling**

**Description:** Adult and Tenant Services offers housing services. Services include guidance to individuals and families with obtaining housing, mediating in landlord/tenant conflicts, and home ownership counseling.

**Services:** **Housing** Counseling, Landlord/Tenant Assistance

**Address:** 1055 Industry Road, Lexington, KY 40505

**Phone:** (859) 258-3810

### **Lexington Fair Housing Council**

**Description:** The Lexington Fair Housing Council provides legal advocacy for victims of housing discrimination based on race/color, religion, disability, national origin, familial status, gender, and/or sexual orientation/identity. Services provided include helping obtain reasonable accommodations (parking spaces, transfers, etc.) for disabled individuals, making sure families are not turned away from apartments because they have children living with them, helping tenants avoid domestic violence or sexual harassment in their housing, helping applicants understand why their application for housing was denied, helping tenants resolve conflicts with their landlord when they suspect discrimination, and helping individuals who believe they are victims of housing discrimination file complaints with the government and providing legal representation to those individuals.

**Service:** Consumer Complaints, Landlord/Tenant Assistance

**Address:** 207 East Reynolds Road, Suite 130, Lexington, KY 40517

**Phone:** (859) 971-8067

## **TRANSITIONAL HOUSING**

### **Community Action Council - Housing Programs**

**Description:** **Comprehensive Treatment Initiative** (Bourbon, Harrison, Nicholas) provides supportive housing and case management to homeless individuals with a disability or diagnosed substance abuse or mental disorder. **Continuum of Care** (Bourbon, Harrison, Nicholas) provides permanent housing and support services to the homeless. **KY Hearth**

(Fayette, Bourbon, Harrison, Nicholas) assist individuals by paying past due and future rent and utilities to prevent homelessness. **Project Independence** (Fayette) provides transitional housing for homeless families. **Samaritan Program** (Bourbon, Harrison, Nicholas) provides housing vouchers to the chronically homeless and disabled. **Tenant Based Rental Assistance** (Fayette, Bourbon, Harrison, Nicholas) provides rental assistance for approved participants.

**Services:** Case Management, Housing Counseling, Personal Financial Management Counseling, Transitional Housing

**Address:** 710 W. High Street, Lexington, KY 40508

**Phone:** (859) 233-4600

### **Cowan Coalition Supportive Housing Program**

**Description:** Madison and Boyle Counties: Provides a case manager who works with landlords in these communities to arrange permanent housing. Anyone who falls under HUD's definition of homelessness is eligible although the focus is on victims of domestic violence and their dependent children. Individuals with chronic mental health issues are not served.

**Service:** Family Support Centers/Outreach, Housing Counseling, Transitional Housing

**Address:** 1364 Devonport Drive, Lexington, KY 40504

**Phone:** (859) 276-4457

### **Dismas Charities, Inc.**

**Description:** This is a half-way house for male and female ex-offenders. There is a maximum of 50 clients and the average stay is from 30 days to one year; time can be extended depending on circumstances. They offer help finding employment. Referral must be made by the Federal Bureau of Prisons or the Department of Corrections.

**Services:** Ex-Offender Services, Transitional Housing

**Address:** 909 Georgetown Street, Lexington, KY 40511

**Phone:** (859) 231-8448

### **Divine Providence Way**

**Description:** Divine Providence Way is transitional housing for men who have no other options for housing/shelter in Lexington and are working to reconnect with society. Men are expected to pay rent of \$330 a month when they have a source of income. If there is no income available to pay rent, men are REQUIRED to volunteer. Each member of Divine Providence Way is responsible for maintaining the household, attending community meetings and developing relationships with others. Men are given opportunities for job training, vocational rehabilitation, and connections with other social services that may be needed. Men must be drug free and pass a criminal background check.

**Service:** Transitional Housing

**Address:** 420 South Broadway, Lexington, KY 40508

**Phone:** (859) 514-7210

### **The Legacy Home Ministry**

**Description:** The Legacy Home is now available to women age 55 years old (rather than 60) with an income less than \$22,350. Our rent is \$425 per month which includes utilities, local phone, basic cable, and Wi-fi. Residents have the option of lowering rent by \$50.00 per month if they volunteer at another non-profit organization. Contact Judith between 9am-5pm regarding tour and application.

**Service:** Low income housing

**Address:** 938 Delaware Ave

Lexington, KY 40588

**Phone:** 859-252-0817

**Website:** [www.legacyhomeministry.org](http://www.legacyhomeministry.org)

### **M.A.S.H. Transitional Housing Program**

**Description:** MASH Drop Inn serves children 0-17 years old who are runaway, homeless, or otherwise in crisis. Youth may request shelter themselves or be referred by the police, their parents or guardians, or a teacher, counselor, or social worker, or other professional. There are no fees to youth or families for any services provided by AYS. AYS can currently accommodate 10 children and youth in our shelter facility, but if the shelter is full all reasonable efforts are made to connect these individuals to other shelter services.

**Service:** Transitional housing

**Address:** 540 West Third Street, Lexington, KY 40508

**Phone:** (859) 254-2501

### **Saint James Place**

**Description:** St. James Place provides 100 units targeted to meet the needs of working homeless, but open to anyone whose gross income does not exceed \$26,820. Rent is \$350/month (includes utilities) with a \$50 deposit. There are community kitchens and laundry rooms, a billiard and exercise room, library, and computer/internet access. Residents are also provided financial education, referrals for food and clothing, and 24 hour security. Applicants must have proof of employment or income, be at least 18 years old, not a full time student, pass a criminal background check, submit a current TB test, pass an initial drug test, and agree to random drug tests while a resident. Applications can be downloaded at their website.

**Service:** Transitional Housing

**Address:** 169 Deweese Street, Lexington, KY 40507

**Phone:** (859) 252-6642

**Website:** <http://www.saintjamesplace.org/apply.html>

### **Shepherd's House Inc.**

**Description:** Shepherd's House is a 12 - 18 month transitional residential treatment program for men 18 years of age and older. It is a structured program that promotes personal responsibility and accountability for those seeking sustained abstinence from mood and mind-altering substances. Those who are admitted to this program are asked to commit to 12 – 18 months. The staff provides individual and group counseling, and can assist clients with obtaining vocational counseling when needed. The program is a three-phase program following the initial orientation period. All residents are on orientation until they have obtained full-time employment of 30 hours or more per week, have paid the \$150 deposit, have obtained an AA/NA sponsor and are current with their rent. All residents are required to be employed full-time, pay rent of \$95 per week, attend 30 Alcoholic or Narcotics Anonymous meetings in the first 30 days, then a minimum of five AA/NA meetings per week thereafter, obtain a sponsor, and adhere to all other rules and guidelines of the program. First priority for admission is for those who have completed a 28-30 day residential treatment program or state-certified program while incarcerated. You may call or write for additional information and/or an admission application.

**Services:** Family Court Resources, Substance Abuse Services, Transitional Housing

**Address:** 154 Bonnie Brae Drive, Lexington, KY 40508

**Phone:** (859) 252-1939

**Website:** [www.shepherdhouseinc.com](http://www.shepherdhouseinc.com)

### **One Parent One Scholar**

**Description:** Formerly known as Virginia Place provides services to single parents who are continuing their education post-high school. Services include housing, on-site daycare, social service referrals, and support services. Services are available to those who are 18 years of age or older, and are a single parent (if divorced must provide divorce decree). There must be at least one child who is daycare eligible and an application must be filled out. Hours Monday-Friday 8:00-5:00.

**Services:** Child Care, Transitional Housing

**Address:** 1156 Horsemans Lane, Lexington, KY 40504

**Phone:** (859) 252-4828

# Transportation

## **BUS FARE/ GAS MONEY**

### **Maxwell Street Presbyterian Emergency Assistance**

**Description:** Maxwell Street Presbyterian Church emergency assistance program primarily assists with rent, utilities, and transportation but also helps purchase forms of identification, medication, auto parts, etc. Hours Tuesday and Wednesday 10:30-1:30pm.

**Services:** Rent/utility assistance, bus vouchers, clothing, personal hygiene, etc.

**Address:** 180 East Maxwell Street, Lexington, KY 40508

**Phone:** (859) 233-0723

## **LOCAL TRANSPORTATION**

### **Faith In Action Elder Outreach**

**Description:** They connect volunteers with people age 65 or older to help them remain in their homes by providing non-medical, non-hands-on care such as running errands, shopping, light housekeeping, transportation to medical appointments, reassurance calls, and friendly visits. The older adult usually matched with one volunteer. The volunteer would on average donate 2-3 hours per week.

**Service:** In-Home Assistance, Local Transportation, Medical Transportation

**Address:** 1530 Nicholasville Road, Lexington, KY 40503

**Phone:** (859) 252-1365

### **ITN Bluegrass - Independent Transportation Network**

**Description:** Independent Transportation Network of the Bluegrass offers rides to seniors 60 and older and to the visually impaired. Fares: \$1.50/mile and \$3 pick up fee. Assistance is provided "door-to-door". This agency uses a combination of paid and volunteer drivers in regular cars. Service provided 24 hours a day - 7 days a week. Please call for an application and more information.

**Services:** Disabled Transportation, Donations, Local Transportation

**Address:** 1206 North Limestone, Lexington, KY 40508

**Phone:** (859)252-8665

### **Wheels**

**Description:** Wheels is a program that offers transportation for the elderly and disabled persons whose needs cannot be fully met by LexTran's system. A one way trip typically costs \$1.60 or \$2. Provides door-to-door service and is structured to transport multiple passengers on the same bus to multiple destinations. Applications and letters of verification of need from a doctor are required. Hours: Monday-Saturday 5am-Midnight, Sunday 5am-9pm.

**Services:** Transportation for Seniors and Disabled persons

**Address:** Newtown Pike, Lexington, KY 40508

**Phone:** (859) 244-2015

# Utilities

## **ELECTRIC BILL ASSISTANCE**

### **Adult & Tenant Services - Emergency Assistance**

**Description:** Adult and Tenant Services offer financial assistance towards rent and/or utilities to prevent eviction or utility shut-off. This assistance is in the form of an interest-free loan that applicants agree to repay in small amounts each month. To be eligible, clients must have lived in Fayette County for 30 days or more, have a temporary and complete disruption in income, have utilized all personal resources, and have a verifiable income pending. Assistance with sewer and landfill bills may also be available.

**Services:** Electric Bill Assistance, Gas Bill Assistance, Housing Payment Assistance, Water Bill Assistance

**Address:** 1055 Industry Road, Lexington, KY 40505

**Phone:** (859) 258-3810

### **Blue Grass Farm Charities**

**Description:** Blue Grass Farm Charities is an ESL and horse farm and track terminology to facilitate better communication between management and co-workers. This program was developed for us and is offered exclusively by BGFC. Most people come to us through a referral from a farm owner or manager. The chaplain or executive director will meet with the head of the household and perform a "Needs Assessment". Our immediate goal is to address basic human needs. "Lifeline" through our emergency food assistance program we provide 2 weeks for groceries. We also will issue a check for utilities or rent assistance directly to the business owed. We stock a pantry of non-perishable foods and some perishable items such as meat and bread. We also keep essential toiletries, Laundry and Household cleaning supplies available.

**Services:** Farm Safety 101 Classes, Benevolence and crisis Management, Health, Housing and Utilities, Substance Abuse and Addictive Behavior, Hospital and Home Visits, Funeral and Bereavement, Outreach

**Address:** 340 Legion Drive # 20, Lexington, KY 40504

**Phone:** (859) 219-0910 (English) 859-351-4426 (En Espanol)

**Email:** [bgfarmscharities@yahoo.com](mailto:bgfarmscharities@yahoo.com)

### **Community Action Council - Housing Programs**

**Description:** **Comprehensive Treatment Initiative** (Bourbon, Harrison, Nicholas) provides supportive housing and case management to homeless individuals with a disability or diagnosed substance abuse or mental disorder. **Continuum of Care** (Bourbon, Harrison, Nicholas) provides permanent housing and support services to the homeless. **KY Hearth** (Fayette, Bourbon, Harrison, Nicholas) assist individuals by paying past due and future rent and utilities to prevent homelessness. **Project Independence** (Fayette) provides transitional housing for homeless families. **Samaritan Program** (Bourbon, Harrison, Nicholas) provides housing vouchers to the chronically homeless and disabled. **Tenant Based Rental Assistance** (Fayette, Bourbon, Harrison, Nicholas) provides rental assistance for approved participants.

**Services:** Case Management, Housing Counseling, Personal Financial Management Counseling, Transitional Housing

**Address:** 710 W. High Street, Lexington, KY 40508

**Phone:** (859) 233-4600

### **Catholic Charities - Bridging the Gap Program**

**Description:** The Bridging the Gap program offers financial assistance with rent (not to exceed more than 75% of monthly income) and utilities once a year. The program cannot pay utility fees and can only provide one month's assistance. A copy of the bill needs to be brought in. Calls can take up to two weeks to be returned, so those at risk of eviction or disconnection should continue trying to access funds from other sources. Funds from various grants are available, each with an eligibility criteria that will be given on the recorded message. Referrals for food, household items, diapers and toiletries are also provided.

**Service:** Electric Bill Assistance, Gas Bill Assistance, Heating Fuel Assistance, Housing Payment Assistance, Water Bill Assistance

**Address:** 1310 West Main Street, Lexington, KY 40508

**Phone:** (859) 253-3339

### **Christians in Community Service - Financial Asst.**

**Description:** This organization only accepts applications for assistance from a case worker, social worker or church officials. Clients may not contact this agency directly. If you are in need of their assistance, please contact your worker or church office to submit an application on your behalf. Christians in Community Service is a ministry group which helps those with needs not being met by existing services. Examples of assistance provided include rent, utility, medications, furniture bank, moving, and more.

**Service:** Utility Assistance, Moving Expense Assistance, Prescription Expense Assistance, Undesignated Temporary Financial Assistance

**Address:** 229 Barrow Rd, Lexington KY 40502

**Phone:** (859) 269-6772

### **Lexington Rescue Mission - Homeless Prevention**

**Description:** Lexington Rescue Mission takes calls the first Tuesdays of the month from 9 am - 4pm. Listen to message for instructions. Funds are to provide temporary financial assistance to those in crisis situations - borderline homeless, and with cut-off notice for utilities. The household must have income from employment or SSI in order to be eligible. Tuesday mornings a budgeting class is also available to all.

**Service:** Case Management, Electric Bill Assistance, Gas Bill Assistance, Heating Fuel Assistance, Housing Payment Assistance, Undesignated Temporary Financial Assistance, Water Bill Assistance

**Address:** 444 Glen Arvin, Lexington, KY 40508

**Phone:** (859) 381-9600

### **Maxwell Street Presbyterian Emergency Assistance**

**Description:** Maxwell Street Presbyterian Church emergency assistance program primarily assists with rent, utilities, and transportation but also helps purchase forms of identification, medication, auto parts, etc. Hours Tuesday and Wednesday 10:30-1:30pm.

**Services:** Rent/utility assistance, bus vouchers, clothing, personal hygiene, etc.

**Address:** 180 East Maxwell Street, Lexington, KY 40508

**Phone:** (859) 233-0723

## **HEATING & FUEL ASSISTANCE**

### **Blue Grass Farm Charities**

**Description:** Blue Grass Farm Charities is an ESL and horse farm and track terminology to facilitate better communication between management and co-workers. This program was developed for us and is offered exclusively by BGFC Most people come to us through a referral from a farm owner or manger. The chaplain or executive director will meet with the head of the household and perform a "Needs Assessment". Our immediate goal is to address basic human needs. "**Lifeline**" through our emergency food assistance program we provide 2 weeks for groceries. We also will issue a check for utilities or rent assistance directly to the business owed. We stock a pantry of non-perishable foods and some perishable items such as meat and bread. We also keep essential toiletries, Laundry and Household cleaning supplies available.

**Services:** Farm Safety 101 Classes, Benevolence and crisis Management, Health, Housing and Utilities, Substance Abuse and Addictive Behavior, Hospital and Home Visits, Funeral and Bereavement, Outreach

**Address:** 340 Legion Drive # 20, Lexington, KY 40504

**Phone:** (859) 219-0910 (English) 859-351-4426 (En Espanol)

**Email:** [bgfarmscharities@yahoo.com](mailto:bgfarmscharities@yahoo.com)

### **Community Action Council - Housing Programs**

**Description:** **Comprehensive Treatment Initiative** (Bourbon, Harrison, Nicholas) provides supportive housing and case management to homeless individuals with a disability or diagnosed substance abuse or mental disorder. **Continuum of Care** (Bourbon, Harrison, Nicholas) provides permanent housing and support services to the homeless. **KY Hearth** (Fayette, Bourbon, Harrison, Nicholas) assist individuals by paying past due and future rent and utilities to prevent homelessness. **Project Independence** (Fayette) provides transitional housing for homeless families. **Samaritan Program** (Bourbon, Harrison, Nicholas) provides housing vouchers to the chronically homeless and disabled. **Tenant Based Rental Assistance** (Fayette, Bourbon, Harrison, Nicholas) provides rental assistance for approved participants.

**Services:** Case Management, Housing Counseling, Personal Financial Management Counseling, Transitional Housing

**Address:** 710 W. High Street, Lexington, KY 40508

**Phone:** (859) 233-4600

### **Catholic Charities - Bridging the Gap Program**

**Description:** The Bridging the Gap program offers financial assistance with rent (not to exceed more than 75% of monthly income) and utilities once a year. The program cannot pay utility fees and can only provide one month's assistance. A copy of the bill needs to be brought in. Calls can take up to two weeks to be returned, so those at risk of eviction or disconnection should continue trying to access funds from other sources. Funds from various grants are available, each with an eligibility criteria that will be given on the recorded message. Referrals for food, household items, diapers and toiletries are also provided.

**Service:** Electric Bill Assistance, Gas Bill Assistance, Heating Fuel Assistance, Housing Payment Assistance, Water Bill Assistance

**Address:** 1310 West Main Street, Lexington, KY 40508

**Phone:** (859) 253-3339

### **Lexington Rescue Mission - Homeless Prevention**

**Description:** Lexington Rescue Mission takes calls the first Tuesdays of the month from 9 am - 4pm. Listen to message for instructions. Funds are to provide temporary financial assistance to those in crisis situations - borderline homeless, and with cut-off notice for utilities. The household must have income from employment or SSI in order to be eligible. Tuesday mornings a budgeting class is also available to all.

**Service:** Case Management, Electric Bill Assistance, Gas Bill Assistance, Heating Fuel Assistance, Housing Payment Assistance, Undesignated Temporary Financial Assistance, Water Bill Assistance

**Address:** 444 Glen Arvin, Lexington, KY 40508

**Phone:** (859) 381-9600

## **GAS BILL ASSISTANCE**

### **Adult & Tenant Services - Emergency Assistance**

**Description:** Adult and Tenant Services offers financial assistance towards rent and/or utilities to prevent eviction or utility shut-off. This assistance is in the form of an interest-free loan that applicants agree to repay in small amounts each month. To be eligible, clients must have lived in Fayette County for 30 days or more, have a temporary and complete disruption in income, have utilized all personal resources, and have a verifiable income pending. Assistance with sewer and landfill bills may also be available.

**Services:** Electric Bill Assistance, Gas Bill Assistance, Housing Payment Assistance, Water Bill

Assistance

**Address:** 1055 Industry Road, Lexington, KY 40505

**Phone:** (859) 258-3810

### **Blue Grass Farm Charities**

**Description:** Blue Grass Farm Charities is an ESL and horse farm and track terminology to facilitate better communication between management and co-workers. This program was developed for us and is offered exclusively by BGFC. Most people come to us through a referral from a farm owner or manager. The chaplain or executive director will meet with the head of the household and perform a "Needs Assessment". Our immediate goal is to address basic human needs. "**Lifeline**" through our emergency food assistance program we provide 2 weeks for groceries. We also will issue a check for utilities or rent assistance directly to the business owed. We stock a pantry of non-perishable foods and some perishable items such as meat and bread. We also keep essential toiletries, Laundry and Household cleaning supplies available.

**Services:** Farm Safety 101 Classes, Benevolence and crisis Management, Health, Housing and Utilities, Substance Abuse and Addictive Behavior, Hospital and Home Visits, Funeral and Bereavement, Outreach

**Address:** 340 Legion Drive # 20, Lexington, KY 40504

**Phone:** (859) 219-0910 (English) 859-351-4426 (En Espanol)

**Email:** [bgfarmscharities@yahoo.com](mailto:bgfarmscharities@yahoo.com)

### **Community Action Council - Housing Programs**

**Description:** **Comprehensive Treatment Initiative** (Bourbon, Harrison, Nicholas) provides supportive housing and case management to homeless individuals with a disability or diagnosed substance abuse or mental disorder. **Continuum of Care** (Bourbon, Harrison, Nicholas) provides permanent housing and support services to the homeless. **KY Hearth** (Fayette, Bourbon, Harrison, Nicholas) assist individuals by paying past due and future rent and utilities to prevent homelessness. **Project Independence** (Fayette) provides transitional housing for homeless families. **Samaritan Program** (Bourbon, Harrison, Nicholas) provides housing vouchers to the chronically homeless and disabled. **Tenant Based Rental Assistance** (Fayette, Bourbon, Harrison, Nicholas) provides rental assistance for approved participants.

**Services:** Case Management, Housing Counseling, Personal Financial Management Counseling, Transitional Housing

**Address:** 710 W. High Street, Lexington, KY 40508

**Phone:** (859) 233-4600

### **Catholic Charities - Bridging the Gap Program**

**Description:** The Bridging the Gap program offers financial assistance with rent (not to exceed

more than 75% of monthly income) and utilities once a year. The program cannot pay utility fees and can only provide one month's assistance. A copy of the bill needs to be brought in. Calls can take up to two weeks to be returned, so those at risk of eviction or disconnection should continue trying to access funds from other sources. Funds from various grants are available, each with an eligibility criteria that will be given on the recorded message. Referrals for food, household items, diapers and toiletries are also provided.

**Service:** Electric Bill Assistance, Gas Bill Assistance, Heating Fuel Assistance, Housing Payment Assistance, Water Bill Assistance

**Address:** 1310 West Main Street, Lexington, KY 40508

**Phone:** (859) 253-3339

### **Christians in Community Service - Financial Asst.**

**Description:** This organization only accepts applications for assistance from a case worker, social worker or church officials. Clients may not contact this agency directly. If you are in need of their assistance, please contact your worker or church office to submit an application on your behalf. Christians in Community Service is a ministry group which helps those with needs not being met by existing services. Examples of assistance provided include rent, utility, medications, furniture bank, moving, and more.

**Service:** Utility Assistance, Moving Expense Assistance, Prescription Expense Assistance, Undesignated Temporary Financial Assistance

**Address:** 229 Barrow Rd, Lexington KY 40502

**Phone:** (859) 269-6772

### **Lexington Rescue Mission - Homeless Prevention**

**Description:** Lexington Rescue Mission takes calls the first Tuesdays of the month from 9 am - 4pm. Listen to message for instructions. Funds are to provide temporary financial assistance to those in crisis situations - borderline homeless, and with cut-off notice for utilities. The household must have income from employment or SSI in order to be eligible. Tuesday mornings a budgeting class is also available to all.

**Service:** Case Management, Electric Bill Assistance, Gas Bill Assistance, Heating Fuel Assistance, Housing Payment Assistance, Undesignated Temporary Financial Assistance, Water Bill Assistance

**Address:** 444 Glen Arvin, Lexington, KY 40508

**Phone:** (859) 381-9600

### **Maxwell Street Presbyterian Emergency Assistance**

**Description:** Maxwell Street Presbyterian Church emergency assistance program primarily assists with rent, utilities, and transportation but also helps purchase forms of identification, medication, auto parts, etc. Hours Tuesday and Wednesday 10:30-1:30pm.

**Services:** Rent/utility assistance, bus vouchers, clothing, personal hygiene, etc.

**Address:** 180 East Maxwell Street, Lexington, KY 40508

**Phone:** (859) 233-0723

## TELEPHONE BILL ASSISTANCE

### Lifeline

**Description:** The Lifeline program offers a credit or subsidy of up to \$12.75 off each month's phone bill to those who qualify for the program. Eligibility is determined by participation in such programs as Medicaid, LIHEAP, or a household income at or below 135% of poverty level.

**Services:** Telephone Bill Assistance

**Address:** United Way 2-1-1, Lexington, KY 40509

**Phone:** 2-1-1

## WATER BILL ASSISTANCE

### Adult & Tenant Services - Emergency Assistance

**Description:** Adult and Tenant Services offers financial assistance towards rent and/or utilities to prevent eviction or utility shut-off. This assistance is in the form of an interest-free loan that applicants agree to repay in small amounts each month. To be eligible, clients must have lived in Fayette County for 30 days or more, have a temporary and complete disruption in income, have utilized all personal resources, and have a verifiable income pending. Assistance with sewer and landfill bills may also be available.

**Services:** Electric Bill Assistance, Gas Bill Assistance, Housing Payment Assistance, Water Bill Assistance

**Address:** 1055 Industry Road, Lexington, KY 40505

**Phone:** (859) 258-3810

### Blue Grass Farm Charities

**Description:** Blue Grass Farm Charities is an ESL and horse farm and track terminology to facilitate better communication between management and co-workers. This program was developed for us and is offered exclusively by BGFC. Most people come to us through a referral from a farm owner or manager. The chaplain or executive director will meet with the head of the household and perform a "Needs Assessment". Our immediate goal is to address basic human needs. "**Lifeline**" through our emergency food assistance program we provide 2 weeks for groceries. We also will issue a check for utilities or rent assistance directly to the business owed. We stock a pantry of non-perishable foods and some perishable items such as meat and bread. We also keep essential toiletries, Laundry and Household cleaning supplies available.

**Services:** Farm Safety 101 Classes, Benevolence and crisis Management, Health, Housing and Utilities, Substance Abuse and Addictive Behavior, Hospital and Home Visits, Funeral and Bereavement, Outreach

**Address:** 340 Legion Drive # 20, Lexington, KY 40504  
**Phone:** (859) 219-0910 (English) 859-351-4426 (En Espanol)  
**Email:** [bgfarmscharities@yahoo.com](mailto:bgfarmscharities@yahoo.com)

### **Catholic Charities - Bridging the Gap Program**

**Description:** The Bridging the Gap program offers financial assistance with rent (not to exceed more than 75% of monthly income) and utilities once a year. The program cannot pay utility fees and can only provide one month's assistance. A copy of the bill needs to be brought in. Calls can take up to two weeks to be returned, so those at risk of eviction or disconnection should continue trying to access funds from other sources. Funds from various grants are available, each with an eligibility criteria that will be given on the recorded message. Referrals for food, household items, diapers and toiletries are also provided.

**Service:** Electric Bill Assistance, Gas Bill Assistance, Heating Fuel Assistance, Housing Payment Assistance, Water Bill Assistance  
**Address:** 1310 West Main Street, Lexington, KY 40508  
**Phone:** (859) 253-3339

### **Lexington Rescue Mission - Homeless Prevention**

**Description:** Lexington Rescue Mission takes calls the first Tuesdays of the month from 9 am - 4pm. Listen to message for instructions. Funds are to provide temporary financial assistance to those in crisis situations - borderline homeless, and with cut-off notice for utilities. The household must have income from employment or SSI in order to be eligible. Tuesday mornings a budgeting class is also available to all.

**Service:** Case Management, Electric Bill Assistance, Gas Bill Assistance, Heating Fuel Assistance, Housing Payment Assistance, Undesignated Temporary Financial Assistance, Water Bill Assistance  
**Address:** 444 Glen Arvin, Lexington, KY 40508  
**Phone:** (859) 381-9600

### **Maxwell Street Presbyterian Emergency Assistance**

**Description:** Maxwell Street Presbyterian Church emergency assistance program primarily assists with rent, utilities, and transportation but also helps purchase forms of identification, medication, auto parts, etc. Hours Tuesday and Wednesday 10:30-1:30pm.

**Services:** Rent/utility assistance, bus vouchers, clothing, personal hygiene, etc.  
**Address:** 180 East Maxwell Street, Lexington, KY 40508  
**Phone:** (859) 233-0723