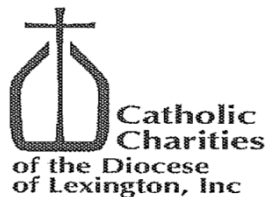


Community Services Directory

**Floyd County, Kentucky
2011**



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Acknowledgements

The Community Directory of Social Services in Floyd County was initiated in response to the requests of Father Bob Damron, pastor of St. Martha Church, to aid parish volunteers who are often called upon to assist parishioners in locating community resources. It is our hope that you will find it helpful in referring individuals and families to services that can address their needs.

We encourage you to contact staff at the Prestonsburg Catholic Charities office if you have questions or need assistance in making referrals.

No questions you have are unimportant, so please feel free to call us at (606)874-9170.

This guide was modeled after the Fayette County community directory developed by the Catholic Charities Board Program Committee, chaired by Sandra Muenks. Contributing members to the Fayette directory were John Maher, Mary Brenzel, Mary Lynne Vickers, and Katherine Goetz, with valuable input from the Parish Relationship Committee, chaired by Catherine Nalli. We also appreciate the support of Catholic Charities Staff, including Ruslyn Case-Compton, Director; Cindy Mitchell, Office Manager; and Angela Burns, Bridging the Gap Coordinator. Annie Ormsbee, Bridging the Gap Coordinator and former AmeriCorps VISTA volunteer spent countless hours organizing and expanding the initial research done by the Program Committee. Catholic Charities of Louisville for provided a template and resources for the Fayette guide.

For questions, comments, listings, and additional information, please contact:

Catholic Charities of the Diocese of Lexington

60 Martha's Vineyard

Prestonsburg, KY 41653

Telephone and Fax: (606) 874-9170.

Emergency Numbers

Child and Adult Abuse Hotline: 1-800-752-6200

24/7 Crisis Line: 1-800-422-1060

Department for Social Services (Protection & Permanency): 889-1724

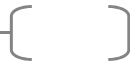
Health Department: 886-2788

Prestonsburg Fire Department: 911/886-2335

Prestonsburg Police Department: 886-1010

Poison Control Center: 1-800-222-1222

Red Cross: 339-5911



Things to know if you are making a referral

- 1) Know and understand the person's needs. Keep in mind that the presented problem may not be *the* problem.
- 2) Know what services are provided by an agency to the best of your ability. A volunteer could call the agency and confirm the information for you.
- 3) Find out the eligibility guidelines: This might be the job of a volunteer or secretary.
- 4) Make sure you have the person's approval.
- 5) Advise the person of what information you will be providing and assure the person of confidentiality.
- 6) Advise the agency of what services/support you or your parish will be providing.
- 7) As a professional, you should expect feedback, so at the same time of referral, make arrangements for a follow-up call.
- 8) Signed releases from the person may be required by the agency before they will give any follow-up information beyond confirming contact.

If you are seeking help: Key points to remember

- 1) Write down name and phone number for EVERYONE you talk to.
- 2) Keep a file with information and different telephone numbers regarding each issue.
- 3) When calling an agency that says they can't do exactly what you are looking for, ask them who you could call for such help.
- 4) Be honest when asking for help and/or resources. Do not be afraid to ask for ALL you need. (ex. if asking for money for rent and rent is \$400, ask for the full amount).
- 5) Keep calling. If you leave a message and haven't heard back in a day CALL AGAIN. It is important not to give up.
- 6) Ask questions! If there is anything you are unclear about (procedures, requirements, eligibility, etc.) make sure you ask someone.
- 7) If you are referred to an agency, ask what information you need to bring when you go to the agency.

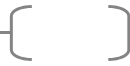


Table of Contents

CHILD & FAMILY ISSUES

Adoption.....	Page 4
Childcare.....	Page 4
Child Support Assistance.....	Page 5
Diapers.....	Page 5
Family Preservation Programs.....	Page 5

CLOTHING & TOILETRIES

General Apparel.....	Page 7
----------------------	--------

CRIME & LEGAL ISSUES

Crime Victim Support/Shelters	Page 8
Legal Aid	Page 9

FOOD

Food Pantries.....	Page 10
Government Assistance.....	Page 14

HEALTH

Aging Resources.....	Page 15
Diabetes.....	Page 17
Insurance.....	Page 17
Mental Health.....	Page 18

TRANSPORTATION

Local Transportation.....	Page 19
---------------------------	---------

UTILITIES

Assistance.....	Page 20
-----------------	---------

Child & Family Issues

ADOPTION

Catholic Charities - Pregnancy and Parenting

Description: The Pregnancy Counseling Program also offers parenting assistance and education. Information on open and confidential adoptions is also available.

Services: Adoption, Family Court Resources, Mother and Infant Care, Parent Education

Address: 1310 West Main Street, Lexington, KY 40508

Phone: (859) 253-1993, ext. 214 or 216

Floyd County Department for Community Based Services

Description: Training, evaluation and support for persons wanting to foster or adopt a child. Persons must be financially stable, 21 years of age, physically and mentally healthy and complete 30 hours of training and related paperwork.

Services: Training, evaluation and support

Address: 311 North Arnold Avenue, Suite 402, Prestonsburg, KY 41653

Phone: 889-1724

Websites: <http://chfs.ky.gov> (info on foster care and adoption)

<http://apps.chfs.ky.gov/sap/> (search engine to find kids based on specific criteria)

<http://www.wednesdayschild.com> (link to the SNAP photo listings)

<http://www.wsaz.com/carrieskids> (interviews with kids)

CHILDCARE

Eastern Kentucky Child Care Coalition

Description: They provide child care referral services to parents, training and technical assistance to child care providers in licensed centers and family care homes. They are the service agent for the state child care assistance program. They offer weekly training for child care providers; provide technical assistance for persons interested in becoming a certified family child care provider; have a resource library; and supply packets for application for licensing day care centers.

Services: Referral, Training, Technical Assistance

Address: 240 Francis Court, Prestonsburg, KY 41653

Phone: 886-1280 or 888-872-7227

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CHILD SUPPORT ASSISTANCE

Floyd County Division of Child Support

Description: The Floyd County attorney provides legal services for Fayette County residents in the areas of child support enforcement, paternity establishment, medical support orders. These services include: location of non-custodial parents, establishment of paternity, establishment of financial and medical support, enforcement and collection of support payments, enforcement of medical support and modification of support orders.

Services: Child Support Assistance

Address: 430 South Lake Drive

Phone: 886-7925

DIAPERS

Martha's Portion

Description: St. Martha Church provides diapers to parents who have been given a voucher by the Floyd County Health Department's HANDS Program.

Services: Diapers; new and used clothing as well as household items and toys at very low prices

Address: 60 Martha's Vineyard, Prestonsburg, KY 41653

Phone: 874-9170

FAMILY PRESERVATION PROGRAMS

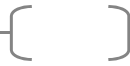
Big Sandy Area Family Caregiver Support Program

Description: The Kentucky Family Caregiver Program provides support to grandparents and relatives who are the primary caregivers for grandchildren under 18 years of age or who are affected by mental retardation or developmental disabilities and family caregivers of older adults (60 years and older). To receive services from this program an application must be submitted with documentation of all annual household income, a list of all people residing in the home, proof of residency, physical health and environment evaluation, request of need and other forms. Services provided by this program include vouchers for child's clothing, respite assistance for the caregiver, education supplies or assistance, required legal services (excluding those addressing unlawful activity), medical and dental services (excluding co-pays and premiums), and supplemental services, on a limited basis, such as home modification, assistive technologies and transportation.

Services: Caregiver Subsidies, Family Preservation Programs, Undesignated Temporary Financial Assistance

Address: 100 Resource Drive

Phone: 886-2374 or (800) 737-2723



Catholic Charities – Encouragement Project

Description: Free parenting assistance available to caregivers of children at-risk of neglect or abuse. Program is subsidized by the United Way of Eastern Kentucky.

Service: individual and family counseling, safety education, parenting education

Address: 60 Martha's Vineyard, Prestonsburg, KY 41653

Phone: 886-9170

Floyd County Health Department's HANDS Program

Description: HANDS is a voluntary, intensive home visitation program designed to assist parents at critical development points during their child's first two years of life. HANDS targets women during their first pregnancy to assist with child development, parenting skills, health services and other needed resources. Families can enter the program from pregnancy through when the baby is 12 weeks old. A trained home visitor visits the home to introduce parenting skill development in areas such as: recognizing your baby's needs, what to expect as your baby grows, making your home safe, etc.

Services: Parent Education

Address: 283 Goble Street, Prestonsburg, KY 41653

Phone: 886-2788

Prevent Child Abuse Kentucky

Description: Prevent Child Abuse Kentucky is a statewide network of parents, professionals and volunteers that create and maintain programs for the prevention of child abuse. Examples of these programs are conferences, educational campaigns, advocacy and legislation, publications, and parent education and support. F.A.C.T. (Fathers and Children Together), a program that teaches parenting skills to incarcerated fathers, is one example of the programs provided by Prevent Child Abuse Kentucky. C.A.R.E.S. is another program that provides training to the medical community on the detection and reporting of child abuse. They also have an 800 number for volunteer opportunities and prevention resources, 1-800-CHILDREN.

Service: Advocacy, Family Support Centers/Outreach, Parent Education, Protective Services

Address: 300 East Main Street

Suite 110, Lexington, KY 40507

Phone: (859) 225-8879

Clothing & Toiletries

APPAREL, TOILETRIES & CLEANING SUPPLIES

Martha's Portion

Description: New and used clothing, toys, household items available at very low cost. Persons experiencing an emergency (e.g. fire, domestic violence, flood, etc.) may be served at no cost pending approval of the director, Patty McBride. "Giving bags" which provide toiletries and cleaning supplies are distributed monthly through Family Resource and Youth Service Centers. Distribution is increased three-fold annually at Christmas by St. Martha Church. Diaper recipients are referred by the Floyd County Health Department HANDS Program.

Services: new and used clothing, household items, toys, diapers, toiletries and cleaning supplies

Address: 60 Martha's Vineyard, Prestonsburg, KY 41653

Phone: 874-9526

Crime/Legal Issues

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CRIME VICTIM SUPPORT/SHELTER

Sandy Valley Abuse Center

Description: The Sandy Valley Abuse Center provides emergency shelter, 24-hour crisis line, safety planning, legal advocacy, individual and group counseling for both residential and non-residential clients, and case management. They provide a support group for women of domestic violence 18 or older. Women can be younger if they are married to an abuser or have a child with an abuser. All services are free and confidential.

Services: Advocacy, Crime Victim Support, Domestic Violence Shelter, 24-hour Crisis Line

Address: P.O. Box 1297, Prestonsburg, KY 41653

Phone: 1-800-649-6605 or 886-6025

Victim Services

Description: Mountain Comprehensive Care Center provides support services to victims of sexual assault and abuse. Services include crisis counseling through their 24-hour crisis line. Individual counseling and long-term therapy sessions are also available. A support group for survivors of rape and survivors of childhood sexual abuse meet on an as needed basis. Staff and volunteers provide support and information to sexual assault victims as well as their family and friends. Information and court accompaniment are available for clients who have a court case related to rape, sexual assault, sexual harassment, or human trafficking.

Service: Advocacy, Violence Prevention, Crime Victim Support, Safety Education Programs, Telephone Crisis Intervention, Counseling

Address: 150 South Front Avenue, Prestonsburg, KY 41653

Phone: 1-800-422-1060, 886-4323

Big Sandy Area Child Advocacy Center , Inc. (Judi's Place)

Description: The Big Sandy Child Advocacy Center is a central location for multi-agency investigation of child sexual abuse cases. The goal of the center is to lessen the trauma experienced by child victims providing a safe non-threatening location for children and parents. They offer counseling and support for non-offending/non-abusive adult family members of children who have been sexually abused and conduct child-friendly forensic interviews and medical exams.

Service: Advocacy, Crime Victim Support Services

Address: 128 South College Street, Pikeville, KY 41501

Phone: (606) 437-7447 and toll-free (866) 437-7447

Web: www.judisplace.org

National Domestic Violence Hotline

Description: The Hotline is a non-profit organization that provides crisis intervention, information and referral to victims of domestic violence, perpetrators, friends and families.

Services: Help is available 24 hours a day, 365 days a year
Phone: (800) 799-7233
Website: www.ndvh.org

LEGAL AID

Appalachian Research and Defense Fund (Applered)

Description: Quality civil (not criminal) legal assistance for low-income Kentuckians.

Services: Free legal services and referral for individuals and families living below 125% of the poverty level to address civil matters such as divorce, wills, etc.

Address: 28 N Front Street, Prestonsburg, KY 41653-1221

Phone: (866)277-5733 or 8833876

Food

FOOD PANTRIES

Auxier Food Pantry

Description: Hand-in Hand Ministries serves food boxes to low-income individuals living in Auxier, East Point, Bays Branch, from Highlands Regional Medical Center to the Johnson County line, Jenny Wiley State Park and Dewey Dam area to Johnson County line, Highway 321 from HRMC to Coyote Den/Armory

Services: Food Pantry on 3rd Thursday of the month from 9 a.m. – 4 p.m., home repair, computer and sewing classes

Address: 21 South River Street (P.O. Box 135), Auxier, KY 41602

Phone: 886-0709

Website: www.hhministries.com

Bread of Life Food Pantry

Description: Betsy Layne New Day Anointing Center serves food boxes to low-income individuals living in Boldman, US Highway 23 from Betsy Layne to Allen, Justell, Pike-Floyd Hollow, Stanville, Mare Creek, Tram, Stratton Branch, Toms Creek, Ivel, Prater Creek to Dana Post Office, Daniels Creek to red light at Allen, Harold to Mouth of Toler Creek

Services: Food Pantry on 3rd Monday and Tuesday of the month, 10 a.m. – 12 p.m.; offers clothing and toys at Christmas

Address: near Boldman Freewill Baptist Church, P.O. Box 418, Betsy Layne, KY 41605

Phone: (606) 478-8828, 477-0933, or 478-4043

Faith Fellowship Church Food Pantry

Description: New food pantry for low-income people in New Allen – May Village Back to the red light and up on hill.

Service: Emergency food help for persons living

Address: 78 Court Street, Allen KY 41601 (location)

Mail to : 59 Ironwood Lane, David, KY 41649

Phone: 886-6430 or 285-9447

Web: prbarnette@bellsouth.net

Feed My Sheep Food Pantry

Description: Town Branch Church provides emergency food assistance anytime, regular food assistance to low-income persons residing in Prestonsburg, Town Branch, South Lake Drive, Lancer, Corn Fork, Route 80 from Water Gap to Bucks Branch (including Bull Creek)

Services: Food assistance on Wednesdays from 3:45 p.m. to 5:45 p.m.

Address: 489 Town Branch Road, Prestonsburg, KY 41653 (church basement)

Phone: 889-9286, 886-0541, 874-3889 or 478-2836

Web: k495071@yahoo.com

Fishes and Loaves Food Pantry

Description: St. James Episcopal Church's food assistance program for low-income persons living in Prestonsburg, West Prestonsburg, Cliffside, Spurlock, Abbot Creek Road to Bonanza, Left Fork of Abbot Creek, Lancer, Whitaker, Goble Roberts, Highland Heights, Endicott, Sugar Loaf, Calf Creek and Cow Creek

Services: Food assistance on the last 2 Tuesdays of the month, 2 p.m. – 4 p.m.

Address: 562 University Drive (P.O. Box 627), Prestonsburg, KY 41653

Phone: (606) 259-5660 or 297-2277

Garrett Church of Christ Food Pantry

Description: Garret Church of Christ distributes food to low-income families who live in Estill, Garrett, Gunlock, Hueysville, Lackey, Mousie, Raccoon, Raven, Rock Fork, Salt Lick, Salyers Branch, Stone Coal, Topmost, Wayland and West Garrett.

Service: Food boxes are available from 1 p.m. to 4 p.m. the last two Wednesdays of the month January – October. Other distribution dates are scheduled in November and December.

Address: 43 Bank Street (behind Citizen's National Bank), P.O. Box 705, Garrett, KY 41630

Phone: (606) 259-7056 or 886-1948, 226-7641, 226-2268

Heaven's Harvest Food Pantry

Description: Martin First Baptist Church provides food boxes for low-income persons living in the City of Martin, Highway 1210 halfway up Stephens Branch, Arkansas Creek, Route 80 from Warco to Bucks Branch, Warco and Grigsby Heights Housing, Highway 1428 to Allen, including Oklahoma Hollow. Clients' names will be shared with Martin Church of Christ food Pantry to prevent duplication of services.

Services: Food boxes on 3rd Saturday of the month from 12 p.m. – 2 p.m.

Address: 22 Cross Street, P.O. Box 394, Martin, KY (Martin First Baptist Church)

Phone: 874-4386 or 285-3260

Home Missions Evangelistic Food and Clothing Outreach

Description: Christian Life Fellowship provides food boxes and clothing to persons living at East Harold and along US 23 from Harold to the Pike County line



Services: Food boxes on the 3rd Friday of each month from 10 a.m. to 2 p.m.🗄

Address: 6155 Damron Lane (off North Mayo Trail near Floyd/Pike line at the junction of Highway 1384 across the Boldman Bridge), P.O. Box 2602, Pikeville, KY 41502 (zip for physical address is 41501)

Phone: (606) 478-5433 or (606) 639-2132

Jacob's Ladder Food Pantry

Description: Provides food boxes for low-income persons living in Old Allen, Gas Fork, Henton Hollow, New Allen, Dwale and Emma

Service: Food boxes on 3rd and 4th Thursdays of the month from 10 a.m. to 2 p.m.

Address: 22 Main Street (beside Allen City Hall), Allen, KY 41601

Phone: 874-9859 or 874-0544

Web: p eimer@bellsouth.net

Martin Church of Christ Food Pantry

Description: Martin Church of Christ provides food boxes/vouchers for persons living in the City of Martin, along Highway 1210 halfway up Stephens Branch, Arkansas Creek, Route 80 from Warco to Bucks Branch, Warco and Grigsby Heights Housing, Highway 1428 to Stumbo Park to Oklahoma Hollow

Service: Food boxes/vouchers by appointment (please call)

Address: 75 Jenny Street, Martin, KY 41649

Phone: 285-9696, 285-3956 (Jan's Florist & Gift Shop), 791-9792 or 358-2642

Middle Creek Community Development Club Food Pantry

Description: Middle Creek Community Development Club provides food boxes to low-income families living at Bonanza, Brainard, Highway 114 from 404 to the Magoffin County line, Abbott Creek Road from Bonanza through State Road Fork to Highway 114

Services: Food boxes 7 days/week (by appointment – please call)

Address: located next to the Middle Creek Fire Department on Highway 114, 10 miles west of Prestonsburg (mailing address is 657 Granny Fitz Branch, Prestonsburg, KY 41653)

Phone: 886-3606 or 886-1024

Mud Creek Clinic Food Pantry

Description: Mud Creek Community Health Corporation serves food boxes to low-income families living from the mouth of Toler down Big Mud Creek (Highway 979) to the top of Ligon



Hill (Tackett Branch, Grethel, Craynor, Mink Branch, Tinker Fork, Teaberry, Beaver, Tackett Fork), mouth of Toler Creek up Highway 979 including Little Mud, Prater Creek to Dana Post Office, Branham's Creek (including Galveston), Route 1426 up Toler to Pike County, Route 2030 through Honaker and John Hall Branch

Service: Food boxes Monday – Friday, 8:30 a.m. – 4:00 p.m.

Address: Route 979 behind Mud Creek Clinic, P.O. Box 129, Grethel, KY 41631

Phone: 587-2200 or 587-1124

St. Vincent Mission Food Panty

Description: St. Vincent Mission provides food boxes to low-income families living at Blue River, David, Eastern, Goodloe, Hippo, Langley, Manton, Pyramid, Stephen's Branch, Bosco and the David side of Route 80 from Warco to Knott County

Services: Food boxes on Tuesdays and Thursdays from 9:30 a.m. to 2:30 p.m.

Address: 6369 KY Route 404, P.O. Box 232, David, KY 41616

Phone: 886-2513

Wheelwright Baptist Center Food Pantry

Description: Kentucky Baptist Convention offers food to low-income families living at Bevinsville, Bypro, Jack's Creek and Wheelwright

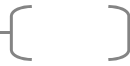
Services: Food available by appointment only

Address: 1376 KY Route 306 (Wheelwright Baptist Center, next door to ARH Clinic – 1 mile from the junction of 122 and 306), P.O. Box 73, Wheelwright, KY 41669

Phone: 452-4770 or 452-2051

GOVERNMENT ASSISTANCE

SNAP (Supplemental Nutrition Assistance Program; formerly Food Stamps)



Description: SNAP is run by the Kentucky Cabinet for Health and Family Services and helps people with little money buy enough food for healthy meals. These benefits increase the household's food buying power when they are added to the household's other money. A household that has monthly rent/mortgage and utilities more than the household's combined gross monthly income, income less than \$150 with savings less than \$100 or is a destitute or seasonal farm work with resources under \$100 can get benefits right away. Benefits are deposited in a benefits account for each month and are accessed by an Electronic Benefit Transfer (EBT) card that is mailed after the case has been processed and approved. Usually persons apply in person at the Department for Community Based Services Office but an application is also available on the Internet. An interview will still need to be scheduled to complete the application.

Services: Benefits to purchase food items, seeds and plants to grow fruits and vegetables for low-income persons and families.

Address: 1009 North Lake Drive, Prestonsburg, KY 41653

Phone: 889-1800

Web: <http://chfs.ky.gov/>

WIC (Special Supplemental Nutrition Program for Women, Infants and Children)

Description: Nutrition education and healthy foods for pregnant, postpartum and nursing women and children newborn to 5 years of age.

Services: Nutrition education and food vouchers to purchase nutritious supplemental foods distributed through the Floyd County Health Department.

Address: 283 Goble Street, Prestonsburg, KY 41653

Phone: 886-2788

Health

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AGING RESOURCES

ARH Home Health

Description: ARH helps people transition from hospital to home through home health services.

Services: Skilled nursing, physical therapy, speech therapy, occupational therapy and medical social services

Address: KY Route 122, McDowell, KY 41647

Phone: (606) 377-3496 or 1-800-4HOMECARE

Big Sandy Area Family Caregiver Support Program

Description: The Family Caregiver Support Program provides information, referral, training, support groups, temporary respite services, and some supplemental services to caregivers. This program serves family caregivers of any age who provide care to people over 60 years of age, as well as grandparents and older relative caregivers, over 60 years of age, who provide primary care to children through 18 years of age. There are no income restrictions, nor is there any asset testing to be eligible for program services. The goal of the Family Caregiver Support Program is to help relieve the pressures & stress of caring for a loved one living in Floyd, Johnson, Magoffin, Martin and Pike Counties.

Services: Caregiver Subsidies, Information and Referral, Mutual Support Groups, Respite Care

Address: 100 Resource Drive, Prestonsburg, KY 41653

Phone: 886-2374 or 1-800- 737-2723

Big Sandy Project Lifesaver

Description: A public safety program designed to protect and locate missing persons due to wandering. Patients or caregivers pay an initial \$300 for the use of a personal transmitter bracelet and \$8 a month for maintenance and battery replacement. Sometimes scholarships are available for those who can't afford the initial cost

Services: A trained emergency reponse team locates people who wander due to Alzheimer's, dementia, and other medical conditions.

Address: 110 Resource Court, Prestonsburg, KY 41653

Phone: 886-2374

Kentucky - Homecare

Description: Homecare is a program offered through the Big Sandy Area Development District for seniors sixty years and older. Homecare helps with housekeeping, personal care and many other services and does not affect any services or benefits they receive.



Services: Assessment, Case Management, Home Management (housework, laundry, shopping and cooking), Home Delivered Meals, Personal Care, Chores (heavy housework and minor repairs) Escort for doctor, dentist or other needed services, Home health Aide, Respite Care to persons living in Floyd, Johnson, Magoffin, Martin and Pike Counties

Address: 100 Resource Drive, Prestonsburg, KY 41653

Phone: 886-2374 or 1-800-737-2723 **Fax:** 886-3382

Kentucky Long-term Care Ombudsman Program

Description: Advocacy services for residents of nursing homes, personal care homes and family care homes.

Services: Advocacy, Complaint investigation and resolution, technical support to protect residents' rights and well-being

Address: 110 Resource Drive, Prestonsburg, KY 41653

Phone: 886-2374, ext. 335; 1-800-737-2723

Prescription Assistance Program – Big Sandy ADD

Description: Free medications for those who can't afford them.

Services: Worker assists patient with filling out paperwork to obtain free medications from the manufacturer for a three-month period. Can be renewed, if paperwork is re-submitted.

Address: 100 Resource Drive, Prestonsburg, KY 41653

Phone: 886-2374, ask for Melissa King

Prescription Assistance Program – Christian Appalachian Project

Description: Free medications for those who can't afford them.

Services: Worker assists patient with filling out paperwork to obtain free medications from the manufacturer for a three-month period. Can be renewed, if paperwork is re-submitted.

Address: P.O. Box 459, Hager Hill, KY 41222

Phone: (606) 789-9791, ask for Myra

DIABETES

Diabetes Self Management Classes

Description: A series of three classes held by the Floyd County Health Department on Monday evenings and Tuesday mornings to help diabetes manage their diabetes. A support group is held on the last Monday of each month from 4:00 p.m. – 5:30 p.m.

Service: Morning and evening classes, support group

Address: 283 Goble Street, Prestonsburg, KY 41653

Phone: 886-2788, ext. 231 or 233

INSURANCE

Kentucky Children’s Health Insurance Program (KCHIP)

Description: The Kentucky Children’s Health Insurance Program is free or low cost health insurance for children.

Services: Health insurance for children under the age of 19 who do not have health insurance and whose family income is below 200 percent of the federal poverty level. A family of four can earn up to \$42,400 a year.

Address: 1009 North Lake Drive, Prestonsburg, KY 41653

Phone: 889-1800

Website: www.kidshealth.ky.gov/en/

Medicaid

Description: Medicaid is the United States health benefit program that helps provide for individuals and families with low incomes and limited financial resources. It’s essentially an entitlement program where the costs are shared by the states and the federal government, and the local Medicaid programs are managed by the states.

Services: Covering health care, dental, and prescription drug costs

Addresses & Phone Numbers: 1009 North Lake Drive, Prestonsburg, KY 41653

Phone: 889-1800

Website: www.medicaidinformation.info/

MENTAL HEALTH

Mountain Comprehensive Care Center

Description: MCCC is a community mental health center offering psychiatric evaluation and treatment for a variety of mental conditions, including anxiety, depression and substance

abuse. They have programs for the developmentally disabled and crisis stabilization units for children and adults who are out-of-control or suicidal. They also operate a 24-hour crisis line staffed by mental health professionals who have at the very least a Master's Degree. They operate a partial hospitalization program for those who are chronically mentally ill and also have a Victims Services program to advocate and treat those who have been victims of crimes such as child abuse or sexual assault.

Service: Comprehensive mental health services

Address: 104 South Front Avenue, Prestonsburg, KY 41653 (and several other locations)

Phone: 886-8572 or 1-800-422-1060

Catholic Charities - Counseling Program

Description: Catholic Charities of the Diocese of Lexington counseling program is open to people of all faiths and beliefs. Counselors provide therapy sessions for individual adults, couples, adolescents, children and families to address a variety of needs. Fees for services are based on a sliding scale that considers household income as well as family size. In addition, many insurances carriers are accepted. Counselors are also available to provide group therapy or educational workshops on a contract basis. Evening appointments are available

Services: Individual, couples and family counseling

Address: 60 Martha's Vineyard, Prestonsburg, KY 41653

Phone: 874-9170

Transportation

Sandy Valley Transportation Services, Inc.

Description: Bus service to medical providers, senior citizen centers, housing authorities,

Mountain Comprehensive Care Centers, adult day care programs, Ky WORKS Program, and social service organizations. Medicaid recipients can often use their medical cards to pay for transportation to medical appointments but must schedule 72 hours in advance. A pilot program currently allows any Floyd resident to schedule transportation for a fee of \$1 per stop. The service is offered on a door-to-door basis in various parts of the county on each day of the week from 9:00 a.m. to 3 p.m. to Walmart and places within the city limits of Prestonsburg.

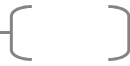
Services: Scheduled door-to-door transportation via bus

Address: 81 Resource Court, Prestonsburg, KY 41653

Phone: 1-800-444-7433

Utilities

Big Sandy Community Action Program – LI-HEAP



Description: Assistance with utility bills through LI-HEAP once or twice each winter to defray the cost of heating and sometimes in the summer to defray the cost of cooling. This is a government program for low-income individuals and families usually advertised in the newspaper and on TV. Food stamp recipients also receive notice in the mail. Clients have to provide documentation verifying need.

Service: Vouchers are given to provide approximately one month of heating/cooling cost. To access the emergency component after January 1, clients must have a cut-off notice from their utility.

Address: 313 Westminster Street, Prestonsburg, KY 41653

Phone: 886-2929

Lifeline & Link-Up

Description: Financial assistance with phone installation and bills for persons who receive help from Supplemental Nutrition Assistance Program (SNAP, formerly called Food Stamps), Medicaid, Supplemental Security Income (SSI), Low Income Home Energy Assistance Program (LI-HEAP, described above), Federal Public Housing Assistance, Temporary Assistance to Needy Families (TANF, also known as K-TAP or “welfare”) or the National School Lunch free lunch Program (NSLP). Any credits given will show up on client’s phone bill.

Service: Clients may sign up for this service at the local Community Based Services (Food Stamp) Office). Generally Link-Up provides up to half-off on connection fees with costs spread over a period of four months and Lifeline usually guarantees a monthly credit of \$12-\$16 on the service charges. The program is slightly different at each telephone company. Link-Up benefits must be applied for BEFORE services begin.

Address: 1009 North Lake Drive, Prestonsburg, KY 41653 (this is for the Community Based Services Office which can provide the required form and verifications for the particular phone company).

Phone: 889-1800 (CBS); for info on AT&T’s version, call 1-800-288-2020.

Web: www.lifelinesupport.org

St. Vincent Mission

Description: Assistance with utility bills. Client may be asked to do up to 5 hours of volunteer work in return. Usually the cost of the bill is shared with the client.

Services: Partial payment of utility bill, food pantry, second-hand store, David Appalachian Crafts, budget counseling, Christmas store

Address: Highway 404, P.O. Box 232, David, KY 41616

Phone: 886-2513